

STANDARD INSTALLATION
TOPIC EXCHANGE SERVICE



RELOCATION INFORMATION FOR

Heidelberg
Germany

Information Date
June 03, 2003

Visit the SITES Web Site at
<http://www.dmdc.osd.mil/sites>

Table of Contents

Installation	1
Installation Overview.....	1
Must Know Items	4
Geographically Separated or Satellite Locations	11
Nearby Installations (Listed Separately in SITES)	13
Regulations	13
Commonly Referenced Numbers.....	22
Major Unit Listing	27
Transportation.....	28
Commissary and Exchange Operations	29
Local Community	33
Local Community Overview.....	33
Time Zone Chart.....	37
Climate.....	37
Events Calendar	38
Cultural Attractions.....	39
Recreation Opportunities	42
Military Related and Civic Organizations	45
Shopping.....	46
State and Community Social Service Agencies	47
Non-Profit Social Service Agencies	48
Religious Activities.....	48
Community Transportation.....	50
Education	56
Education Overview	56
Public and DODDS Schools	57
Private Schools	62
Colleges and Universities	63
Adult or Continuing Education.....	64
Special Education	65
Employment.....	66
Employment Overview	66
Federal Civilian Employment for Spouses	67
Permanent Employment Resources	67
Temporary Employment Resources.....	67
Non-Paid or Volunteer Opportunities	68
Chambers of Commerce	68
Private Sector Employment	69
Government Employment.....	69
Professional or Occupational Licensing	69
Networking Opportunities	69
Medical And Dental.....	69
Medical and Dental Overview	69
Medical Services/Directory - on Installation	73
Health Benefits Advisor, Wellness, and CHAMPUS/TRICARE Programs	74
Community Hospitals	75
Dental Services/Directory - on Installation.....	77
Family Member Dental Plan.....	78
Housing.....	78
Housing Overview.....	78
Housing Allowances.....	80
Government Housing.....	81
Community Housing.....	81
Utilities	83

Relocation Services	86
Relocation Services Overview	86
Relocation Assistance	86
In Transit Emergencies	91
Financial Preparedness	91
Exceptional Family Member Program (EFMP)	92
Household Goods In-Bound Shipments	95
Household Goods Out-Bound Shipments	96
Household Goods Claims	96
Household Goods Weight Allowances	98
POV In-Bound Shipments	98
POV Out-Bound Shipments	99
POV Claims	100
Pet Boarding/Kennels	100
Pet Licensing	100
Pet Quarantines	101
Veterinary Services	101
Pet Transportation	101
PCS Reporting Procedures	103
Separation Procedures	103
Billeting	105
Unaccompanied PCS	106
Support Services	107
Support Services Overview	107
Family Centers	107
Information and Referral	107
Financial Assistance Programs	108
Emergency Assistance	109
Family Advocacy	110
Single Member Services	111
Support Groups	112
Morale, Welfare, and Recreation	113
Chapel Services and Programs	117
Drug and Alcohol	118
Legal Assistance	118
Child And Teen Services	119
Child and Teen Services Overview	119
New Parent Program	120
Child Care Programs - on Installation	121
Child Care Programs - Community	123
Things To Do - Clubs and Social	123
Things To Do - Recreation and Sports	124
Schools	125
School Age Care	125
Religious Programs	125
Special Events	125
Sponsorship and Support	125
Youth Employment	127
Youth Centers	128
For Teens Only	129
Survival Tips For First Termers	129
Survival Tips for First Termers Overview	129
Before You Move	129
After You Arrive	130
Reporting Procedures	130
Travel Planning	131

Vehicle Ownership	131
Money Matters	133
At A Glance	134
Facility/Services Summary	134
Housing Summary	135
Education Summary	135
Local Community Summary	135
Medical and Dental Summary	136
Relocation and Support Services Summary	136
APPENDIX	137
Disclaimer	137

Installation

Installation Overview

For more information on this subject:
<http://www.heidelberg.army.mil>

WILLKOMMEN IN HEIDELBERG--WELCOME TO HEIDELBERG

I hope this booklet will be a great resource to you and your family. I encourage you to read the whole booklet. For further assistance feel free to contact ACS Heidelberg. If your gaining unit is not listed in this SITES refer to MUST KNOW ITEM DETAIL LISTING and email ACS.

>>>NOTE: SOFA STAMP: Every family member listed on the PCS orders needs to be in possession of a valid SOFA STAMP. Non-US citizens might not be allowed to enter Germany, if not in possession of a SOFA stamp. <<<<

For more information contact your closest Personnel Service Center.

>NOTE: ALL CIVILIAN OR COMMERCIAL TELEPHONE NUMBERS WILL BE IN THE LOCAL GERMAN FORMAT: EXAMPLE 06221-57-6883. ALWAYS REMEMBER TO ADD 011-49 AND DROP THE LEADING '0' FROM THE AREA CODE IF DIALING FROM OUTSIDE OF GERMANY. For more information refer to COMMONLY REFERENCED NUMBERS & MAJOR UNIT LISTING.

FEDERAL SERVICE EMPLOYEES: CPAC will initiate the paper work for an ID card. Make sure to enroll EVERY family member in DEERS, an automated registering system when the ID card is issued. For more information refer to CHRMA web .

>Services on military installations are only available for authorized persons such as service members, DOD employees and certain contractors and their family members. Retirees have to check with customs for additional guidance.

GERMANY:is the best overseas assignment possible. The United States Army Europe (USAREUR) provides a wide support base for all soldiers serving in Germany.

HEIDELBERG is centrally located in Germany, with cities such as Frankfurt, Stuttgart, Nuernberg, and Munich only being away a few hours or less by train. It is also a short trip to France and cities such as

Strassbourg not far away, and Paris only a few hours further.

HEIDELBERG: is home of the 411th Base Support Battalion (BSB), Headquarters, U.S.Army Europe and 7th Army(USAREUR), Headquarters Land Forces, Central Europe (JSRC Center), 7th Army Reserve Command (ARCOM), and several other major commands, including the 26th ASG. The ASG covers an area about the size of Massachusetts and supports a community of about 60,000 soldiers, civilians and family members. USAREUR's two premier medical facilities, the Landstuhl Army Regional Medical Center and U.S. Army Hospital, Heidelberg, are both in the 26th ASG.

Communities of the 26th ASG include besides Heidelberg, Aschaffenburg, Babenhausen, Darmstadt, Germersheim, Kaiserslautern, Mannheim, and Pirmasens.

Unlike most Army posts in CONUS, the Heidelberg military community is comprised of 23 smaller installations or "Kasernes".

Major installations within the 411th BSB Heidelberg are:

Campbell Barracks (Heidelberg), Community Support Center (Shopping Center, Heidelberg), Depot Germersheim(Germersheim), Kilbourne Barracks(Schwetzingen), Nachrichten Kaserne(Hospital Heidelberg), Patton Barracks(Heidelberg), Tompkins Barracks(Schwetzingen), and two housing areas Mark Twain Village(MTV),and Patrick Henry Village(PHV) in Heidelberg.

IMPORTANT FACTS ABOUT THE HEIDELBERG MILITARY COMMUNITY:

>US POSTAL SERVICE: is provided by Army Post Offices (APO). For location and Hours of Operation refer to LOCAL COMMUNITY.

>MAILING ADDRESS and PO BOX: The sponsor should request a P.O Box and inform the incoming soldier or civilian about the correct military mailing address. The zip code will be APO AE, + 5 digit number.

>MAIL DISTRIBUTION: Soldiers and civilians will receive their personal mail at a mailroom or at the unit. For location and Hours of Operation refer to LOCAL COMMUNITY.

>POSTAGE RATE:1. A letter from an APO to a CONUS address currently requires a 34c postage stamp.

2. Mailing letters and objects from one APO AE to another APO or FPO are free of charge. Instead of a US stamp, MPS is written in the upper right corner.
3. Mailing a letter to a German address requires a 34c stamp and an additional line with GERMANY.

>COMMUNITY MAILROOMS:

Refer to LOCAL COMMUNITY OVERVIEW-Military Installation: Military Community Mail Rooms

>CURRENCY: on any US military installation all monetary transactions are done in US\$. Off-post the currency is EURO.

>BANKING: FEDERAL CREDIT UNION and COMMUNITY BANK provide banking services. ATM machines can be found throughout all military installations.

>TRANSFER OF GOODS TO LOCAL NATIONALS: Goods bought on military installations cannot be transferred to local nationals. Always contact CUSTOMS before transferring cars or other tax-free purchased items. For more information refer to REGULATION

>TAX CENTERS: During the tax season the legal center operates a free tax center for authorized customers. Electronic filing, tax advice and tax related services are available free of charge. For more information refer to LEGAL ASSISTANCE.

>VOTING: While away from home you can exercise your right to vote. Every command will have personnel trained to assist you in this matter.

Name: 1.Translation Services
WWW Link: http://translation.lycos.com/systran/cgi?partner=systan-Lycos-en
Comments: Servicemembers and their families occasionally need to translate words from one language to another. To help with this, we have provided a link to the Lycos Translation service.

Name: 1.USAREUR Online Sponsorship Application S-GATE
Phone: 06202-80-5099
DSN Phone: 379-5099
E-Mail: sponsorship@hq.1perscom.army.mil or erzarwal@hq.1perscom.army.mil
WWW Link: https://www.sgate.hqusareur.army.mil/SgateEntry.ASP?
Comments: Go online to request a sponsor. Want to pre-register your children on the projected child-care demand waiting list? Want to request youth sponsorship? CLICK S-GATE. Enter your social security number, date of birth, and primary Military Occupation Specialty, to access the premier program in USAREUR. If you have not received a pin-point assignment yet, you should check back periodically until a pinpoint assignment has been made and a sponsor has been assigned. PLEASE NOTE: The on-line program is still not running smoothly. If you experience difficulties, please contact the program manager by email. You can also contact our ACS office/Relocation Readiness Program Manager at DSN 370-6883 or commercial 06221-57-6883 or e-mail listerk@26asg.heidelberg.army.mil

Name: 1st Personnel Command
Address: Kilbourne Barracks, Schwetzingen Commander 1st PERSCOM
City: Unit 29058, APO AE 09081
Phone: 06202-80-5045
DSN Phone: 379-5045
WWW Link: http://www.1perscom.army.mil/Community/Community.htm
Comments: The 1st Personnel Command is located on Kilbourne Kaserne in Schwetzingen, Germany (near Heidelberg). Some units and all facilities are located across the street on Tompkins Barracks. Click the web site for more information about 1st PERSCOM and the surrounding area.

Name: 26th Area Support Group (ASG)
WWW Link: http://www.26thasg.heidelberg.army.mil/

Name: 411th BSB DOD Civilians RELOCATION INFORMATION
WWW Link: http://www.chrma.hqusareur.army.mil/
Comments: A Must for every civilian with an assignment to EUROPE.

Name: 411th Base Support Battalion (BSB)
Address: UNIT 29245
City: 09102
Phone: 06221-17-1500/1510/1520
FAX: 06221-17-6538
DSN Phone: 373-1500
DSN FAX: 373-6538
WWW Link: http://www.heidelberg.army.mil

Name: 5. 7th Army Reseve Command (ARCOM)
WWW Link: http://www.7arcom.army.mil
Comments: As the U.S. Army's only forward-stationed reserve command, the 7th ARCOM lives by and becomes the very essence of it's motto, "All Ready, Already Here". The 7th ARCOM, headquartered in Schwetzingen, commands 23 Army Reserve units throughout Germany and Italy.

Name: 8. U.S. Army V Corps
WWW Link: http://www.hq.c5.army.mil
Comments: U.S. Army V Corps put a great web site together. Click RELOCATION and find answers to about every question you might have about relocating to Germany.

Name: Armed Forces Radio and Television (AFN/AFRTS)
Phone: 0621-487-6495
DSN Phone: 375-6495
WWW Link: http://www.afneurope.army.mil/heidelberg/
Comments: American Forces Radio and Television Service offers, in most European military locations, two radio stations (one AM, one FM) with rotating formats to try to serve all listening interests. Several TV channels are also offered. AFN also broadcasts segments of interest to local communities, including weather, exchange rates, community events, and other items. AFN is only available via an antenna or TKS cable on military installations and housing areas. European broadcasts are in a different format from that of the US and cannot be received on a plain US TV. AFN can be received on US TVs, and multi-system TVs available for purchase at AAFES. Families residing off-post can not receive AFN TV signals without a decoder. Decoders can be purchased or leased at the local Post Exchange. AFN Radio: Heidelberg frequencies: AM 1143; FM 104.6 AFN TV: AFN signals can be picked up in both housing areas. For more information refer to AFN Web link.

Name: Armed Forces Radio and Television (AFN/AFRTS)
Address: Current AFN Schedule
WWW Link: http://www.afrts.osd.mil/

Name: Company B, Regional Command North, Joint Sub Regional Command-Center, Heidelberg
Address: Joint Headquarters Centre (JRSC) on orders often referred to as US ELE LANDCENT
WWW Link: http://w3ace.shape.army.mil/
Comments: Soldiers from many nations serve in Heidelberg as part of LANDCENT, the NATO command. Joint Headquarters Centre (JHQ CENT) (Formerly LANDCENT) Note: Listed below are military (DSN) numbers. If dialing from a civilian phone in Germany, use the Heidelberg prefix 06221 followed by 398 plus the last three digits of the numbers. Example: Information Desk (06221) 398 377 Belgian: 374-5713 Canadian: 374-5392 Danish: 3745-519 German: 374-5552 Netherlands: 374-5493 United Kingdom: 374-5452 United States: 374-5580 Information Desk, Campbell Barracks: 3745-377

Name: Defense Logistic Center
City: Germersheim
WWW Link: http://www.ddc.dla.mil/

Name: HQ US Army 266th Finance Command,
City: Schwetzingen
WWW Link: http://266fincom1.hqusareur.army.mil/default.htm

Name: Herald Post (HP)-Local Post Paper
WWW Link: http://www.26thasg.heidelberg.army.mil/newspaper/web/h-post.htm
Comments: Herald Post is a helpful resource. Major local events as well as information about the military community are published every Thursday.

Name: Stars and Stripes Newspaper
City: Unit 29480, APO AE 09211
FAX: 06155-601416
DSN FAX: 349-8416
WWW Link: http://www.estripes.com/
Comments: The Stars and Stripes is an English language newspaper published for members of the US Forces, seven days per week. The Stars and Stripes is sold by AAFES bookstores, in machines on US installations, and is available by home delivery in some communities.

Name: US Army Europe (USAREUR)
WWW Link: http://www.hqusareur.army.mil
Comments: Looking for a specific unit or command within USAREUR? This Web site has information on community, military, organizational and unit web sites. News online web sites along with additional links are also available.

Name: Web Link: A Virtual Battalion
WWW Link: http://www.squad-leader.com/vbnhq/index.htm
Comments: A great resource on Army related information.

Must Know Items

ADULT ADULT EDUCATION:

UNDERGRADUATE AND GRADUATE PROGRAMS: Heidelberg offers an excellent opportunity for continuing education while in Germany. Two-year, four-year, and master degree programs are offered from a variety of universities and colleges. For students who cannot fit traditional programs into their schedules, video and distance by education (e-mail) courses are offered. Educational opportunities for students following graduation from high school are either with various colleges who have representative within the military education centers, or universities located throughout Europe, which offer classes and degrees in English. Local universities are excellent schools. Instructions are all in German. Two private universities in the state of Baden-Wuerttemberg offer programs conducted in English. INTERCULTURAL AND LANGUAGE PROGRAMS: Deutsch-Amerikanisches-Institut (DAI), another organization offers a Business and Intercultural Resource Center, English as a second language (ESL) along with promoting the understanding of Americans and Europeans. Various educational institutions offer German language programs.

Financial Aid: Education Centers offer Counseling for tuition assistance, GI Bill, Federal Financial Aid and local scholarships.

ATM:

Machines on military installations disperse EURO and US\$.

ATMs off-post only disperse EURO. However the exchange rate is slightly better when getting EURO from an off-post ATM.

German ATMs only access CHECKING ACCOUNTS. For additional information refer to LOCAL COMMUNITY OVERVIEW.

AUTOMOBILE INSURANCE:

Car insurance is expensive. Also, if you are making payments on your car, you must have collision insurance. Shop around when purchasing car insurance. Refer to VEHICLE OWNERSHIP for a detailed listing of insurance companies.

CHILD CARE:

Soldiers and DoD civilians who are on pinpoint orders to USAREUR may contact the Child and Youth Services (CYS) Central Enrollment Registration Office (CER) at their gaining installation to register their child on the child care waiting list 60-90 days prior to their arrival. To sign up, parents should fax a copy of their orders to the gaining CER office.

Your family's sponsor can mail you an application if you are not in country yet. The family's date of arrival at the gaining installation becomes the sign-up date and will determine placement on the waiting list. No extended day care facilities are available. Please refer to CHILD AND TEEN SERVICES for additional information.

CURRENCY:

On 01 January 2002 the new currency EURO was introduced. There are no restrictions on bringing EUROS into Germany. Always carry some EURO change with you. Very often parking and using public restrooms are not free of charge. Current exchange rate: US \$ 1.00 = EURO 1,15

The new single European Union currency is used in Austria, Belgium, Germany, Finland, France, Greece, Ireland, Italy, Luxembourg, Netherlands, Portugal, and Spain

Under the Euro system, there are eight coins: 1 and 2 Euros, plus 1, 2, 5, 10, 20, and 50 centime pieces. All coins have one side that has the value in Euro while the other side has each country's own unique national

symbol. There are seven notes in denominations of: 5, 10, 20, 50, 100, 200 and 500 Euros. Notes are the same for all countries.

DIVERSIONS:

Personnel assigned to a pinpoint duty location in USAREUR are frequently diverted after arrival at the 64th Replacement Company. Diversions are a result of readiness requirements within USAREUR. Although diversions are difficult to adjust to, they are a reality. If you have received a pinpoint assignment to USAREUR, it is highly recommended that you contact the personnel assignment section of the gaining command to determine further assignment instructions.

DOCUMENTS:

The following documents must be hand carried during any move.

1. Marriage Certificate, divorce decree, former marriage certificate, death certificates, annulment certificates (if applicable)
2. Birth certificates of all family members including sponsor, adoption certificates (if applicable)
3. Passports, and Social Security cards for all family members
4. List of ALL insurance policies (to include policy numbers, type of insurance, and business address)
5. Previous discharge papers (DD 214)
6. Immunization records
7. Medical records for ALL family members
8. Armed Forces Identification cards for ALL family members
9. Citizenship papers (if applicable)
10. A minimum of three (3) copies of serviceman's Permanent Change of Station (PCS) or Temporary Duty (TDY) orders
11. Property and automobile titles, deeds and registration
12. Copies of wills (make sure the executor knows where to locate a copy of your will)
13. Copies of application(s) for allotment(s)
14. Names and addresses of all companies where you have opened and closed accounts
15. Saving and checking account books and appropriate mailing envelopes
16. A minimum of three (3) current copies of Power of Attorney (if applicable)
17. Report cards, school transcripts for school age children
18. Individual Education Plan (IEP)/early intervention documents (if

applicable)

19. Household goods, hold baggage, storage, and POV (shipping) documents
20. Inventory lists (make sure the inventory list is accurate)
21. Port Call papers
22. Current driver's license and international driver's license (from AAA).
Needed for travel to other countries.
23. IRS records

DRIVER'S LICENSE:

Ensure that your stateside driver's license is current and not near expiration. Possession of A VALID STATESIDE LICENSE IS MANDATORY FOR LICENSING IN USAREUR. If you do not have a valid license, you will not be able to get licensed. Since a number of countries in Europe also require an International Driving Permit, it is also recommended that this document be acquired from American Automotive Association (AAA) prior to leaving CONUS, although this document is available in Germany. For more information refer to REGULATIONS-POV: Heidelberg Driver's Testing Station.

EXCEPTIONAL FAMILY MEMBERS:

If you have questions about relocating to Heidelberg with a special needs child contact the ACS EFMP Coordinator and inquire how to get in contact with other parents. For more information refer to EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP)

ELECTRICITY, TV, DVD, CONVERSIONS:

The electrical current in Europe is 220volts/50 cycles compared to 110volts/60 cycles in the U.S. You must use caution when using 110 volts, 60 cycles appliances here in Germany. For example, clocks operate at 5/6 the normal speed.

METRIC, TEMPERATURE, CLOTHING & SHOE MEASUREMENT SYSTEM: Conversion tables for clothing and shoes can be picked up from ACS Heidelberg. Also refer to UTILITIES

FIREARMS (PRIVATELY OWNED FIREARMS):
DUE TO A CHANGE OF THE STATUS OF FORCES AGREEMENT (SOFA) THE SHIPMENT OF FIREARMS IS NOT ALLOWED UNTIL FURTHER NOTICE.

FSSA (Family Subsistence Supplemental Allowance Program) and FOOD STAMPS:

FSSA is available in Heidelberg. For more information refer to FINANCIAL ASSISTANCE PROGRAM.

HOW TO READ A GERMAN ADDRESS:

First Line:

Name of PERSON/ORGANIZATION-- (Name)

Second Line:

Name of Street, Number of HOUSE/ENTRANCE-- (Hauptstrasse 4)

Third Line:

5-Digit ZIP Code, Name of CITY-- (69115 Heidelberg)

HOLD BAGGAGE:

Suggestion: Insist that your various pickups stateside be on separate days so that the household goods shipment, storage, and hold baggage shipment do not get confused. Moving companies and sometimes transportation offices will pressure you to do otherwise. For more information refer to HOUSEHOLD GOODS-INBOUND SHIPMENTS.

HOLIDAYS (GERMAN, US, and USAREUR TRAINING HOLIDAYS):

For more information refer to EVENT CALENDAR

HOUSEHOLD GOODS:

Propane gas grills can not be shipped to Germany.

For more information on what to bring or store refer to HOUSEHOLD GOODS-INBOUND SHIPMENTS.

MEDICATION:

Bring the medication, not the prescription. Try to have a 3-6 months supply.

Do bring copies of eyeglass prescription.

Over the counter drug items can be difficult to obtain.

PETS:

It is illegal to import Pit Bull, American Staffordshire Terrier, Staffordshire Bull Terrier, Bandog, and Tosa Inu as well as those breeds declared dangerous under laws of the different German Laender (states) and cross breeds with any of the breeds listed in federal or state ordinances. For more information refer to: PET LICENSING and VETERINARY SERVICES.

PREPAID PHONE CARDS (Telefonkarten):

The number of public coin-operated phones has decreased drastically. Therefore each person in the household should have a German prepaid phone card with them. These can be purchased for 12.00 DM or 50.00 DM. The local USO and every German post office sell them. A variety of companies offer calling cards, and call-back services. For more information on making calls in Germany refer to: COMMONLY REFERENCED NUMBERS.

RATIONED GOODS:

Coffee, tobacco, liquor, and gasoline are rationed goods. Each service members will receive a ration card during in processing. DOD civilians have to contact their supervisor or the 411th BSB to obtain a ration card. Each family member over 18 years is authorized a ration card.

Gasoline rations are marked off on the registration of the POV. Booklets are sold in 25L, 100L, and 200L booklets at the main exchange and shoppettes. Prices vary between 40c and 55c per liter, depending on the exchange rate as well as world prices for gasoline. For more information refer to REGULATIONS.

RECYCLING:

Germany has a great recycling program. Within the 411th BSB recycling (SORT) is enforced. For more information refer to HOUSING OVERVIEW-RECYCLING.

SCHOOLS:

Department of Dependents Educational Activities (DODEA) or DODDS-E provide a schooling for kindergarten, elementary middle and high school students to the children of Department of Defense military and civilian stationed in Europe. American children may attend German schools free or at little cost in the area where they live. It is easy for very young preschool age children to adapt to the new language and curriculum. However, older children often have a difficult time as teaching methodology as well as language are very different from American institutions. Home schooling is another option for educating children while stationed in Europe.

Most children attend one of 4 DODDS schools within the Heidelberg school district. For detailed information refer to Category: EDUCATION OVERVIEW.

For information on local off-post German schools refer to Category: PRIVATE SCHOOLS.

School year 2002/2003 will start Monday 26 August 2002. For a detailed listing of all school relevant dates refer to Category: EDUCATION OVERVIEW.

For detailed information on high school graduation requirements and records/documents needed when enrolling the child/children in school/s \refer to Category: DODDS AND PUBLIC SCHOOLS. For information on special education services and assistance available in DODDS schools refer to category: SPECIAL EDUCATION. services provided to exceptional children attending special education private schools are very seldom sought due to the language barrier. For information contact ACS Heidelberg.2. DODEA School Calendar 2001-2002

Comment :

1st Semester

Aug 27 First Day of School

Sep 2 Labor Day Federal Holiday

Oct 14 Columbus Day Federal Holiday

Nov 1 End of First Quarter Teacher Work Day No School for Students

Nov 4 Begin Second Quarter

Nov 11 Veterans Day No School

Nov 28-29 Thanksgiving Recess No School

Dec 23-Jan 5 Winter Recess No School

Jan 6 Instruction Resumes

Jan 20 Martin Luther King, Jr. Day No School

Jan 23 End of Second Quarter and First Semester

Jan 24 Teacher Work Day No School for Students

2nd Semester

Jan 27 Begin Third Quarter and Second Semester

Feb 17 President's Day No School

Mar 18 Teacher In-service No School for Students (USAREUR Training Holiday)

Apr 3 End of Third Quarter

Apr 4 Teacher Workday No School for Students

Apr 7-13 Spring Recess

Apr 14 Instruction resumes/Fourth Quarter begins

May 26 Memorial Day No School

Jun 12 Last day of classroom instruction

End of Fourth Quarter/Second Semester

Jun 13 Teacher Work Day No School for Students

SPECIAL EDUCATION:

Special bussing arrangements are made depending on special education requirements. Department of Defense Educational Activities (DODEA)

1. It must be emphasized that an Exceptional Family Member Program (EFMP) screening is mandatory for all active duty military personnel who are planning to move from a CONUS to an OCONUS duty station.

2. This screening is mandatory for all dependents that will accompany the service member.

3. Included in the educational screening activities is a review of any special educational needs.

4. The military branch then considers this information when considering an overseas assignment.

5. DODEA has organized particular resources in various locations to address the needs of special education students.

Preschool services for children with disabilities are available for children beginning at the age of three (3) if they are determined eligible for services. Identified special education students may remain in an educational setting in DODEA until they reach their 21st year, unless they graduate from high school.

Teachers for the visually and hearing impaired are available on an hourly basis. Teachers for students with identified intellectual deficits are located in Mannheim (listed in SITES), a neighboring community. Sometimes students requiring those services are bussed from Heidelberg to Mannheim. If you anticipate an assignment to the Heidelberg community, please contact the Heidelberg District.

Patrick Henry Village Elementary School
Screening and testing determine the eligibility for three and four year olds with developmental delays,

SCHOOL POLICIES:

The DODEA "Zero Tolerance for Weapons" Program is a "partnership program", with the school, parents and community personnel working together. It is a comprehensive preventive program.

SCHOOL ENROLLMENT DOCUMENTS:

Military:

- Birth certificate for Kindergarten students (5 years old on or before 31 October)
- Sponsor and student ID card (if applicable)
- PCS orders, listing each child
- Previous school records
- Immunization records
- IEP (Individual Education Plan, if applicable)

Civilian:

- In addition SF 50 of sponsor
- Transportation Agreement or latest Leave and Earning Statement(LES) reflecting Living Quarter Allowance(LQA) payment

SCHOOL GRADING SYSTEM:

90-100.A
80-89.....B
70-79.....C
60-69.....D
0-59.....F

DRESS CODE:

Student will follow an ENHANCED DRESS CODE: Student attire should not be a distraction to the normal educational process. The school administrators reserve the right to decide what clothing is appropriate.

HIGH SCHOOL GRADE LEVEL CLASSIFICATIONS:

GRADE NINE: The student must have completed eighth grade or have promoted by the previous school.

GRADE TEN: The student must have earned at least 5 high school credits.

GRADE ELEVEN: The student must have at least earned 10 high school credits

GRADE TWELVE: The student must have at least earned fifteen high school credits and must have be scheduled in classes which will result in graduation in June.

GPA & WEIGHTED GRADES:

AP and Honor courses will be weighted by giving one extra point. Students who enrolled with weighted grades from a previous school will be honored at face value. The weighted GPA is used for all purposes. Class rankings for graduation will be determined following the first semester of the senior year for students enrolled at the end of the third quarter. All letter grades in grade nine through 12 will be averaged to determine class rankings for graduation honors.

EXPLANATION OF GRADES:

The Director, DODEA, authorizes the following marks:

(Marks, Meaning, Percentage Equivalent, Credit, Grade Point Standard, Grade Point Weighted)

A, Excellent, 90-100%, Yes, 4,5,

B, Good, 80-89%, yes, 3,4

C, Average, 70-79%, yes, 2,3

D, poor, 60-69%, yes, 1,0

E, Pass on basis effort, yes, 1,0

P, Passing, 60-100%, yes, not used, -

F, failing, 0-59%, no, 0,0

WF, withdraw failing,-no,0,0

I, incomplete,-,no, not used,-

N, no grade, -, not used, -

WP, withdraw passing, -, no, not used, -

DODEA GRADUATION REQUIREMENTS:

To graduate from Heidelberg High School, a student must successfully complete the following requirements established for DODEA schools.

CREDITS: One half unit of credit is earned for each class passed for a semester. Seven credits can be earned per year in the seven period day.

numbers in parenthesis () are for beginning W/class of 2002

Language: (English 9,10,11,12, AP) 4 units (4)

Social Studies: (Must include US History & Government) 3 units (3)

Mathematics: 2 units (3)

Science 2 units (3)

Fine Arts 1 unit (1)

Career Education 1 unit (1)

Physical Education 1 unit (1)

Health 1 unit (1)

Computer 0.5 unit (1)

Others 6 units (4.5)

Total: 22 units (24)

One additional credit is required in either mathematics or science.

Service Learning N/A (20 hours per year)

HONOR ROLL:

The Honor Roll will be issued at the end of each quarter. The Honor Roll will reflect the grade averages for the quarter when issued at the end of the first and third quarter. When issued at the end of first and second semester it will reflect the grade average of the semester. The Honor Roll will reflect the WEIGHTED GRADE POINT AVERAGE of students. The Honor Roll will have the following categories:

4.00 Honor Roll

This reflects all students who have earned a weighted GPA of 4.00 or above

3.50 Honor Roll

This will reflect all students who have earned a weighted GPA of 3.50-3.99

3.00 Honor Roll

This will reflect all students who have earned a weighted GPA of 3.00-3.49

Middle School

GRADES: sixth (6) - eighth (8)

SCHOOL ACTIVITIES/PROGRAMS:

AVID (Advanced Via Individual Determination), accelerated reader program, curriculum compacting, mastery learning, cooperative learning, tutoring and/or mentoring programs, teaching through learning styles, thematic and inter disciplinary units of instruction, technology integration in the curriculum.

Mark Twain Elementary School

GRADES: Kindergarten (k) - fifth (5)

SCHOOL ACTIVITIES:

Reading recovery, higher order thinking skills, curriculum compacting, cooperative learning, FAST (families and schools together), tutoring and/or mentoring program, gifted education(TAG), host nation (familiarizing students with Germany, art, music, physical education, English as a second language (ESL).

Patrick Henry Elementary School

GRADES: Kindergarten (k) - fifth (5)

SCHOOL ACTIVITIES:

Reading recovery, higher order thinking skills, curriculum compacting, cooperative learning, FAST (families and schools together), tutoring and/or

mentoring program, gifted education(TAG), special education, host nation (familiarizing students with Germany), art, music, physical education, English as a second language (ESL) and partial language immersion.(Grades 1 -2).

Sure Start:

For four (4) year olds in need of a "headstart" before Kindergarten community/school board determines selection based on established criterias.

SOCIAL SECURITY INCOME (SSI):

Children of military personnel may continue to get payments while overseas if the child is a citizen of the United States, is living with a parent who is a member of the US Armed Forces assigned to permanent duty ashore anywhere outside the United States, and was eligible to receive SSI in the month before the parent reported for duty overseas. Service members assigned outside the United States who have children eligible for continuation of SSI benefits, should contact the U.S. Embassy, the nearest U.S. Consular Office or write to: Social Security Administration,

1 Frederick Street, Suite 100

Cumberland, MD 21502

Attn: International Coordinator

STATUS OF FORCES STAMP(SOFA):

1. Soldiers assigned to Germany will be allowed to enter Germany with their ID card.

2. Each family member should obtain an SOFA stamp to ensure free entry to Germany and exit from Germany.

3. DOD employees and their family members must apply for a SOFA stamp during their in processing, if they were not issued a stamp prior to arrival.

4. DOD Contractors have to contact the company for assistance!

This stamp is very important for Non-US dependents from countries, which do not have travel agreements with Germany in place. (Example: Columbia, South Africa, Russia). Please contact your Personnel Service Center for advice. For more information refer to REGULATIONS

SPEED LIMITS:

All speed limits are posted in kilometers (km). 1 mile is about 1.5 km

SPONSORSHIP BUS (S-Bus):

ALL personnel must ride the Sponsorship Bus from the 64th Replacement Company to their duty assignment. For exceptions and additional information refer to TRANSPORTATION

TELEPHONES & INTERNET:

Several Internet providers, mobile phone companies, and other phone companies operate in Germany. Ask other Americans, shop around, check out our local papers, compare prices, and do not sign contracts, which have not been explained to you. Always ask for termination of services procedures (written notice, how many days, weeks, months in advance do they require a written notice). Feel free to contact ACS for more information.

MOBILE PHONES:

If you choose to get a mobile (cellular) phone, get a prepaid type. Phones with a contract often can not be terminated earlier due to PCS or ETS.

1. TELEKOM provides phone lines and services. Fees and prices depend on the services requested. Be aware that ISDN XXL and ISDN DSL have to be terminated between 6 and 12 months in advance. PCS orders do not qualify for early termination.

2. Your telephone bill will be itemized. All outgoing calls are charged according to length of call and distance. The cost is measured in metered units.

3. Due to the deregulation of phone companies prices per unit vary. All calls are charged, even local ones.

4. Phones can be purchased at the local Post Exchange or on the economy. It will be to your advantage to purchase your telephone. Do not rent phones from phone companies, because it is to the disadvantage of customers.

5. DO NOT bring American cordless phones due to interference with reserved frequencies.

6. DO NOT ship baby monitors due to interference with reserved frequencies.

7. INTERNET:

T-Online and AOL Germany are popular providers. Internet services are expensive compared to the US.

In order to prevent outrageous charges by accidentally accessing certain phone numbers while surfing the net, a blockage can be installed. When applying for TELEKOM services, request that 0190 and 010 numbers will be blocked. A one-time fee of 15 EUROS will be charged to your phone bill.

THINGS YOU MIGHT WANT TO STOCK UP ON:

You can find about everything in Germany but prices may differ largely. However the supply of many items in the PX is usually limited and quickly exhausted. Therefore, if you anticipate a need for some items, you may wish to bring extra supplies in your household shipment.

TEMPERATURES:

All temperatures are measured in Celsius degrees. (E.g. 32 degrees Fahrenheit = 0 degrees Celsius) ACS has conversion charts available.

TEMPORARY ACCOMMODATIONS: A list of recommended hotels is available from Army Lodging. For address refer to BILLETING.

PRIVATELY OWNED VEHICLE (POV):

PLEASE REVIEW: POV-INBOUND SHIPMENTS, REGULATIONS AND VEHICLE OWNERSHIP.

VISITORS:

For more information refer to LOCAL COMMUNITY / VISITORS and REGULATIONS

WOMEN, INFANT AND CHILDREN(WIC):

A similar program will become available during fall of 2001. At the moment ACS, Family Advocacy, has a supplemental program for children 6 weeks old to one year old. Contact ACS and ask about PLAID (Parents Learning About Infant Development).

PLEASE NOTE: Keep all correspondence from phone companies, utility companies, etc. and request copies of any document that you sign. Make sure you understand what you are signing. If you have any questions feel free to contact ACS Financial Readiness Program Manager.

Must Know Items

--Installation--	
Site Name	Heidelberg
Last Updated	June 03, 2003
Country	Germany
County	
ZIP Code	09102
Service	USA
Host Command	411th Base Support Battalion
Physical Size	20000
--Phones--	
DSN Country Code	314-
DSN Number	370-6883/8010
Commercial Country Code	011-49-
Commercial Area Code	6221-
Commercial Number	57-6883/8010
FAX DSN Country Code	314-
FAX DSN Number	370-7288 or 370-3517
FAX Commercial Country Code	011-49-
FAX Commercial Area Code	6221-
FAX Commercial Number	57-7288 or 57-3517
--Official Mailing Address--	
Street Line 1	411th Base Support Battalion
Street Line 2	Army Community Service, Unit 29245
City	
Overseas P.O.	APO AE
ZIP Code	09102-5000
--Deliverable Address--	
Street Line 1	411th Base Support Battalion,
Street Line 2	Czernyring 14, Geb. 3850, Rm 258
City	69115 Heidelberg, Germany
State/Territory	
ZIP Code	
E-Mail	sites1630@26asg.heidelberg.army.mil

Geographically Separated or Satellite Locations

the 411th BSB is responsible for 23 sites.
Two(2)housing areas are located within the city of

Heidelberg centrally to all other installations, and close to autobahn exits.

Geographically Separated or Satellite Locations

<i>Satellite</i>	<i>Command</i>	<i>Distance</i>	<i>Associated Site Name</i>
Army Airfield, Eppelheim	241 BN Aviation, Fire Department	2 miles	Heidelberg
Community Support Center, Heidelberg	ACS, American Red Cross, PX		Heidelberg
Czerny Ring, Heidelberg	DPW Compound, Vehicle Reg., Housing Office, CPAC		Heidelberg
Edingen	HF Antennae Farm, MARS	7 miles	Heidelberg
Friedrichsfeld, Mannheim- Friedrichsfeld	DCSLOG	10 miles	Heidelberg
Germersheim	U.S. AMC	25 miles	Heidelberg
Hammond Barracks, Mannheim-Seckenheim	USAMC-E, USACCE, CPOC	15 miles	Heidelberg
Hauserstrasse, Heidelberg	Works Council, V Corps, Training & Education		Heidelberg
Heidelberg-Wieblingen	AFN Radio Relay Station	5 miles	Heidelberg
Kilbourne Barracks, Schwetzingen	1st PERSCOM, DPI (Future COOP, Svr Farm)	5 miles	Heidelberg
Koenigstuhl, Heidelberg	Mircowave Station		Heidelberg
Nachrichten Kaserne, Heidelberg	ERMC, ERDC		Heidelberg
Oftersheim	MWR, Small Arms Range, Rod & Gun Club	10 miles	Heidelberg
Plankstadt-Sued	AFN	10 miles	Heidelberg
Roemer Strasse 104 , Heidelberg	MPI. Community Counseling Center (Drug & Alcohol)		Heidelberg
Stem Kaserne, Mannheim- Seckenheim	CID	5 miles	Heidelberg
Tompkins Barracks,Schwetzingen	7th Army Reserve Command, 266th FINCOM,	5 miles	Heidelberg

Nearby Installations (Listed Separately in SITES)

<i>State/Country</i>	<i>Site Name</i>	<i>Service</i>	<i>Distance</i>
Germany	Darmstadt	USA	40 miles
Germany	Kaiserslautern	USA	60 miles
Germany	Mannheim	USA	20 miles
Germany	Ramstein AB	USAF	60 miles
Germany	Rhein-Main AB	USAF	50 miles

Regulations

For more information on this subject:

Office of the Provost Marshal

<http://www.hqusaureur.army.mil/opm/opmhome.html>

STATUS OF FORCES AGREEMENT (SOFA):

Service members, DOD employees and their family members are governed by special international agreements, including the STATUS OF FORCES AGREEMENT (SOFA).

*The SOFA outlines the obligations and benefits. Some of the benefits are >tax-free gas, >relief from local German taxes, >operations of own schools, >operation of own recreation and shopping facilities, >possession and operation of privately owned vehicles (POVs).

*The SOFA agreement establishes which court system has jurisdiction over criminal offenses and what claims for damages caused by the service member are compensable.

*The procedural requirements associated with the German authorities expelling a service member who is a potential threat to public safety, security and the enforceability of German civil court orders against them are also covered.

* German courts have the authority to serve individuals with a civil summons to appear in court. Do not ignore such summons because the German courts have the power to incarcerate a person for contempt.

* The SOFA also regulates free entry and exit to and from Germany. Therefore every DOD employee (contractors with full logistical support) and every family member will need to have a so-called SOFA Stamp in their passport. *Environmental pollution cleaning has been expanded to hold property owners liable for environmental pollution.

CRIME STOP:

Crime exists in Heidelberg just as in any other city. However, there are things you can do to protect yourself and your belongings: be alert and aware of your surroundings, blend into your locale, use a hip pack instead of a purse, and utilize Operation Identification (USA plus SSN), by engraving

identification information on your personal property. Local authorities in conjunction with the Provost Marshal Office (PMO) will assist in performing home security evaluations.

Name: 411th BSB Military Police Station
Address: PHV, Bldg, 4511 (across from Burger King)
City: Heidelberg
Phone: 06221-678-2333
DSN Phone: 388-2333/2222/2444
WWW Link: http://www.heidelberg.army.mil/emergency.html
Comments: Hours of Operation: 24 hours 7 day a week.

Name: Bicycling
Comments: BICYCLE REGISTRATION: Every bicycle can and should be registered with the MP station. BICYCLE REGULATIONS: 1. Bicycles have to meet German standards. AFFES carries complete package with the proper reflectors, bell and lights. 2. DOD instructions require persons riding a bicycle on government facilities to wear a helmet. This law also applies to passengers. 3. Children carried on a bike must ride in an approved bicycle safety seat. 4. Always secure bicycles properly and do not store in laundry or attic rooms. 5. Using a mobile or cellular phone while operating a bicycle is prohibited. 6. Operating a bicycle while intoxicated is prohibited. 7. Violations are subject to USAREUR and German disciplinary and judicial punishments.

Name: Community Policies:
WWW Link: http://www.heidelberg.army.mil/411th-org/policies/index.html
Comments: The following policies are in effect presently: Army Family Housing Policy for Storage Rooms Authorization to Enter Posts in 411TH BSB-Heidelberg Area of Responsibility Building of the Month Program Car Washing Child Care in Government Quarters Commander's Open Door Policy Equal Employment Opportunity (EEO) Gun Ownership & Restrictions Parking Management and Enforcement Program On-Post Family Housing Pet Policy Recycling Procedures and Policy, On-Post Family Housing Sexual Harassment Smoking in Hospitality Management Group Facilities Students in the Housing Area Supervision of Children in the Heidelberg Military Community Truancy Policy Use of Heidelberg Military Community Shuttle Buses by DoDDS Students During School Hours Violence in the Heidelberg Community Water Safety Yard, Attic and Similar Sales The policies concerning a variety of issues help to outline procedures and enforcement actions for the

effective management by the 411th BSB. It is a must for every person residing within the 411th BSB to review these policies. For more information refer to web link.

Name: Community Policies: Recycling
WWW Link: http://www.heidelberg.army.mil
Comments: On and off post recycling regulations have to be followed closely. For more guidance refer to SORT policy and HOUSING OVERVIEW.

Name: Community Policies: USAREUR Child-Supervision Policy
DSN Phone: POC: 370-8634 or 8916
WWW Link: http://www.hqusareur.army.mil/htmlinks/Press_Relases/2001/April/20010403-1.htm
Comments: The USAREUR child-supervision policy is based on a child's grade in school, not the child's age. In all case, parents are responsible for assessing the individual capabilities of their children, especially if the children have special needs. 1. Children in the fifth grade and below require adult supervision at all time. 1st through 5th grades may walk to and from school and other supervised activities alone. 2. Children in the sixth grade and above may be left alone and may baby-sit siblings if they have ready access to adult supervision 3. Children in seventh grade and above may baby-sit children other than siblings. Make sure to review the complete memorandum.

Name: Customs: German Customs Office
Address: Hauptzollamt Heidelberg Gueteramtstr. 2
City: 69115 Heidelberg
Phone: 06221-5306-76
Comments: Hours of Operation: Mon-Fri 07:30-1200 and 1300-1600. Offices are located just behind the Shopping Center Complex.

Name: Customs: Heidelberg Office
Address: Community Support Center, Bldg. 3850
Phone: 06221-57-8998
DSN Phone: 370-8998
Comments: Hours of Operation: Mon, Tues., Wed., and Fri. 0830-1200 and 1300-1545.

Name: Customs: Helpful Hints
Phone: 0621-730-7399/8307
DSN Phone: 385-3399/3307
WWW Link: http://www.hqusareur.army.mil/opm/customs.htm
Comments: Before transferring any goods or car to local nationals contact Customs. Once PCS orders have been issued contact Customs for advice.

Name: Customs: Ration Card
Comments: A ration card is necessary for the purchase of coffee and cigarettes ON POST. You may purchase these items on the economy without any restrictions but they may be more expensive. Service members will receive ration card during in processing. DOD employees have to contact their supervisor for application. Spouses are entitled to separate ration cards. 411th BSB Building 101, Patton Barracks: Phone DSN 373-6082 Monday-Friday, 0900-1100, 1300-1400 USAREUR Building 37, Campbell Barracks: DSN 370-6494/6860 Monday-Wednesday, Friday, 1300-1630, ; Thursday, 1300-1500

Name: ID Cards, Passports and Consular Services
Address: US CONSULATE GENERAL Frankfurt/Main: Siesmeyer Strasse 21
City: 60320 Frankfurt/Main
Phone: 069-7535-0
WWW Link: http://www.1perscom.army.mil/default.htm
Comments: Federal benefits: Phone: 069-7535-2440/2441, Monday-Friday, 0900-1200; Passports and visas: Phone: 069-7535-2303, Monday-Friday, 0730-1130 Special service: Phone 069-7535-2247 Web Link: refer to Web address above

Name: ID Cards, Passports and Consular Services : Important Facts about the SOFA Stamp
Comments: MILITARY MEMBERS: Military members are exempt from the requirement to carry a passport when traveling within NATO countries. When traveling between NATO countries, military members must carry their I.D. card, as well as temporary duty orders or a leave or pass form signed by proper authority. When carrying official weapons or ammunition, they must also have NATO travel orders whenever they cross an international border entering into or transiting a NATO country. When traveling to non-NATO countries, military members must have a passport or visa as required by the country to which they are traveling. Individuals assigned to positions or units with missions to deploy to other countries, which require passports, should have a passport. CIVILIAN EMPLOYEES AND FAMILY MEMBERS: The following rules apply to DOD civilian employees and family members in Germany: DOD civilians hired outside of Germany and their family members may be issued an official passport. This passport will contain a SOFA stamp. Civilian employees and their family members who possess this passport must carry it when they travel to and from Germany. Family members of military personnel may be issued a "no-fee" passport. This passport will also contain a SOFA stamp. Family members must carry this passport upon their exit and reentry to Germany. For travel to countries other than Germany, civilians and family members may use a tourist passport without SOFA identification. DOD civilian employees and family members who do not have either the official (red) passport or a "no-fee" passport must have a tourist passport when traveling between countries. When exiting and reentering Germany, the passport must contain AE Form 600-77c.

Individuals are not required to carry the AE Form 600-77c in their passport, except when exiting and reentering Germany. Under exceptional circumstances, a SOFA stamp may be put in a tourist passport instead of the AE Form 600-77c.

Employees hired in Germany are issued tourist passports. The passport must contain an AE Form 600-77c or SOFA stamp when the employee is exiting or and reentering Germany.

Failure to carry proper SOFA identification upon exit and reentry to Germany may result in a large fine levied by German authorities.

U.S. passport holders may obtain the SOFA identification and stamp for U.S. military family members and U.S. government civilian employees and their family members through the local passport agent.

Non-U.S. passport holders from many countries, including European Union countries, Japan, and Korea, may also obtain the SOFA stamp through their local passport agent. Non-U.S. passport holders from other nations may have to obtain SOFA documentation through the U.S. embassy in Berlin, depending upon their country of citizenship.

For more information, contact your local personnel customer service office or legal assistance office, or call 1st Personnel Command. at DSN 379-7768.

Name: ID Cards, US Passports and Birth Registration

Address: 510th PSB, Det B

Community Support Center, Bldg. 3850

City: Heidelberg

Phone: 06221-57-7535/8502

DSN Phone: 370-7535/8502

WWW Link:

<http://www.1perscom.army.mil/510TH/510hq/510thDetB.htm>

Comments:

1. ID CARDS:

Hours of Operation: Monday-Wednesday, Friday, 0900-1600; Thursday, 1230-1600

What to Bring: A picture identification has to be presented for replacement of lost or confiscated ID cards.

2. BIRTH REGISTRATION and PASSPORTS:

Appointments only

What to bring: Please check with the office

3. RENEWAL OF U.S. PASSPORTS and SOFA STAMPS:

Hours of Operation: Monday, Tuesday, Friday, 0900-1200 and 1300-1600; Wednesday, 0900-1200; Closed Thursday

Name: Local Laws:

Comments:

German law reserves the hours from 1300-1500 Monday through Saturday, and all day Sunday for the Mittagsruhe (Mid-day-rest). The law states that there cannot be any unusual or loud noise which would disturb persons who might be napping during this time.

Another law provides that there should be "no disturbance of the solemn character of sundays and holidays; this includes: hanging out laundry to dry, washing the car in public, and mowing the lawn.

Name: Local Taxes: GEZ (Radio and Television Tax)

Comments:

The German government imposes a tax on television sets and radios. By taking any correspondence you receive to your local legal office, you will receive an exemption to these taxes.

Name: Local Taxes: Value Added Tax (VAT) Relief Program for Germany
Address: Tax Relief Office Community Support Center, Bldg. 3850; Basement
City: Heidelberg
Phone: 370-1780
<p>Comments: Hours of Operation: Mon-Fri 0830-1600; closed on American holidays.</p> <p>The MEHRWETSTEUER (Mwst)(VAT tax) is currently 16%. Authorized VAT applicants are either U. S. Forces on active duty in Germany or on leave from a duty station within USAREUR: military and civilian employees of allied forces covered under NATO SOFA: and dependents of those listed above. Retirees are not authorized VAT applicants. A customer can "hold" up to 10 VAT forms. All forms are accounted for and 1 copy must be returned to the VAT Office. If all of the forms are outstanding, purchase of additional forms will be denied.</p> <p>FEES: A small fee will be assessed.</p> <p>VAT RELIEF FOR GOODS/SERVICES UNDER DM 5,000.00: The applicant must fill out an application. The VAT Clerk will provide the applicant with a purchase order and an Abwicklungsschein. The applicant must present both forms to the participating vendor who then provides name address and description of goods or services, gross and net price on the Abwicklungsschein and the net price on the purchase order. The vendor will then deduct the tax from the invoice, and sign/stamp both forms upon receipt of payment. The applicant will also sign both forms to verify receipt goods/services. The vendor will keep one copy of the purchase order and the complete Abwicklungsschein: one copy of the purchase order is for the applicant and the original purchase order must be returned to the VAT Office.</p> <p>VAT RELIEF FOR GOODS / SERVICES OVER DM 5,000.00: Applicant must verify the vendor will participate in the VAT Relief program and request an invoice for goods/services that will be procured. The vendor must prepare an invoice made to CMWRF showing the vendor's name and address, description of goods or services rendered, total price, total tax and net price. The applicant must present invoice and the application for tax relief and payment equivalent to net price to the VAT Office. If the vendor's invoice</p>

is in U.S. dollars, the applicant must make payment using a certified cashier's check made out to CMWRF. The VAT Clerk will provide the applicant with a purchase order, Abwicklungsschein, and a check issued by CMWRF made payable to the vendor. The applicant must present both forms and the check to the participating vendor who then signs and stamps the forms as stated above. The original purchase order must be returned to the VAT Office

VAT RELIEF WILL NOT BE GRANTED FOR THE FOLLOWING SERVICES:

- >Goods/Services to be given as gifts.
- >Purchases to support a business.
- >Items for speculation or resale.
- >Concessionaire operations.
- >Fuel oil when shared with a non U.S. Military ID card holder(s).
- >Car rental (when reimbursed by an appropriated fund instrumentality).
- >Purchase of real estate and closing costs.
- >Building materials.

VAT RELIEF MAY BE OBTAINED FOR, BUT IS NOT LIMITED TO THE FOLLOWING:

- >Hotel bills being paid with an individual's funds and/or as the result of TDY travel.
- >Jewelry, legal fees (excluding real estate legal fees),
- >Renovations to property requiring legal review and approval by the BSB Commander,
- >Most utility bills,
- >Weapons, provided proof of registration is shown
- >Weddings and funerals.

NOTE: VAT relief is a privilege under the SOFA agreement. Help protect that privilege by ensuring compliance with US/German regulations. Please inquire if you are uncertain about any aspect of VAT relief.

NOTE: It is not mandatory for a vendor to accept the VAT FORM. Some vendors do not participate in this program.

Name: POV: Traveling by Car
WWW Link: http://www.deutschland-tourismus.de/e/2433.html
<p>Comments: If you are traveling by car, an ultra-modern and efficient freeway network awaits you. Over 700 restaurants, gas stations, motels and kiosks are open day and night to travelers driving across the approximately 11,000 km freeway network of the Federal Republic.</p> <p>SPEED: There is a suggested AUTOBAHN speed limit of 130 km/h (about 80 mph). Although there are stretches of autobahn that have no speed limit, if you are involved in an accident in which you were driving faster than 80 mph, you could be held responsible. In cities, towns and villages the maximum speed is 50 km/h, unless the road signs indicate a higher or lower permissible top speed. In slow-traffic zones, now very common in residential areas and city centers, the maximum speed is 30 km/h. Outside cities and villages, the top speed for motor vehicles is 100 km/h.</p> <p>TURNING ON RED: Turning right on a red light is generally prohibited, unless indicated otherwise.</p> <p>PASSING: When driving on the autobahn, remember the left lane is only for passing. Passing on the right and tailgating is forbidden. Using a horn, flashing lights and making hand gestures are considered rude and may result in fines.</p> <p>POLICE CHECK: Police can stop persons without obvious reasons. If asked to present proper identification, driver's license or perform an alcohol analyzer test DO NOT RESIST THEIR INSTRUCTIONS. Try to speak the little German you know and stay polite.</p> <p>RESTRICTED AREAS: Check with the local Provost Marshall Office (PMO) for specific information.</p>

Name: POV: Accidents
<p>Comments: ACCIDENTS OFF-POST: If you are involved in an accident, the German police are in charge. 1. German police will not come to the accident scene if the accident is minor. 2. The following information must be provided by every involved party: > license plate number > chassis number > first and last name > date of birth > address > insurance number and address of insurance company. 3. Notify the MP office within 72 hours and fill out a report on the accident for the military police. 4. Notify your insurance company even if not at fault. 5. German police will respond if injuries and alcohol are involved. 6. Involved party should request the assistance of MPs. 7. Follow the instructions of the German police officers. 8. In case of an accident of or with an official government vehicle, a MP MUST be called.</p> <p>ACCIDENTS ON-POST: The MPs are in charge. 1. A MP must be called to the scene. 2. Do not leave the scene until allowed by MPs. 3. Follow the instruction of the MPs.</p>

Name: POV: Automobile Clubs
Address: ADAC Nordbaden e.V. Carl-Diem Str. 2-4
City: 69123 Heidelberg
Phone: 0621-41001-0
WWW Link: http://www.adac.de
<p>Comments: ADAC provides road-side assistance, towing, and travel information. Most Germans have a membership with either ADAC or AvD, the major automobile clubs. ADAC in Heidelberg is located across from the Queen's Hotel. USO also handles sign-up procedures.</p>

Name: POV: Automobile Clubs
Address: AvD - Automobilclub von Deutschland Lyoner Stra_e 16
City: 60528 Frankfurt/M
Phone: 0 69-66 06-0
FAX: 0 69-66 06-7 89
E-Mail: avd@avd.de
WWW Link: http://www.avd.de
Comments: Phone number for prospective members. Mitgliederservice: 0 69-66 06-3 00 Services are conducted in German.

Name: POV: Driving While Intoxicated(DWI)
Comments: The blood alcohol limit is .05. Any presence of alcohol in the blood will make driver liable in case of an accident. Follow the Army policy "Do not drink and drive". Intoxicated bicyclists are subject to the same disciplinary actions if caught riding a bike.

Name: POV: European Road Signs
WWW Link: http://www.travlang.com/signs/
Comments: The site is helpful in interpreting European road signs.

Name: POV: Gasoline
Comments: TYPE of GASOLINE: Regular (91 octane, Super Unleaded (95 octane), Super Plus Unleaded (98 octane)and Unleaded Diesel are available. GAS RATIONING: Your vehicle registration is also your gas rationing card. You must present your registration everytime you purchase gas or gas coupons ON POST. Gasoline on the economy is VERY VERY expensive about \$1.45 a liter (=Quart). ONLY ESSO gas stations in Germany will accept coupons. BP station on autobahns only will also coupons. Transfer of gas coupons to Non-ID card holders is prohibited. RENTAL CAR: Yake the rental contract to 411th BSB and request a Letter of Auhorization to purchase gas coupons for a rental car.

Name: POV: Heidelberg Driver's Testing Station
Address: Community Support Center, Bldg 3850
City: Heidelberg
Phone: 06221-57-7889/7972
DSN Phone: 370-7889/7972
WWW Link: http://rmv.hqusareur.army.mil/drivrman/190-34.htm
Comments: DOWN LOAD THE STUDY GUIDE ON A COLOR PRINTER AND STUDY THE DRIVER'S MANUAL AS SOON AS POSSIBLE. HOURS OF OPERATION: Mon, Tue, Wed, Fri, 0730-1130 and 1230-1630 Thu, 1230-1630 1. HOURS OF USAREUR WRITTEN TEST: Mon, Tue, Wed, Fri at 12:30 1.1 Preparation for written test: See Web-link, click vehicle registration, then REGULATIONS. Please have sponsor print out driver's manual on a color printer. If time permits start to study for the driver's test as soon as possible. 1.2. Material needed for USAREUR written Test (POV Licensing) >An appointment for the driver's testing class >ID Card >AE Form 190-1T dated May 92 (Application for Driver's License) >Proof of Driving Experience (State License, Military License) >Check or Money Order for \$ 10.00 1.3 Attend a driver's testing class and pass the written test This session will last about 3 hours. 2. DRIVER'S LICENSE: Most people with previous stateside licenses can receive a USAREUR license after taking a written exam. Military identification card holders in Germany (servicemembers, family members, and assigned civilians and some contractors) are allowed to obtain a USAREUR driver's license. With this license, ID card holders are authorized to drive a USAREUR-plated vehicle or other German-registered vehicles. They are also authorized to purchase a limited amount of gasoline or diesel fuel without paying taxes. 3. RENEWAL OF USAREUR POV DRIVER'S

LICENSE

All renewals are required an eye examination and will be handled on walk in basis.

Material needed:

- >AE Form 190-1T dated May 92 (Application Form)
- >Check or Money Order \$ 10.00 ** NO CASH **
- >USAREUR POV Driver's License
- >ID Card
- >If your license expires, you must be retested.

Name: POV: Insurances Companies**Comments:**

Insurance is expensive and mandatory.

AIU Insurance Heidelberg:

Roemerstrasse 215-217,69129 Heidelberg, Phone: 06221-315008

AIU Insurance Mannheim:

Near Friendship Circle, Benjam Franklin Village, Mannheim, Phone: 0621-734836

Faulkner Insurance:

across from Media Markt, Heidelberg, Phone: 06221-27898

AIU Insurance Heidelberg:

In the clock shop across from Community Support Center, Phone: 06221-600831

AIG Insurance Mannheim:

beside the PX, near the railroad tracks, Phone: 0621-723350

GEICO Insurance Mannheim:

behind the PX, Phone: 0621-737055

AIU Insurance heidelberg:

opposite the clock shop, 06221-161015

USAA Insurance:

Phone: 069-756160

Claims: Phone: 00800-531-82220

Policy Service: Phone: 00800-531-81110

Name: POV: Mobile and Cellur Phones**Comments:**

Do not use phones while operating a POV. It is illegal and driver may be fined.

Name: POV: Seatbelts and Child Safety Restraints

WWW Link: <http://www.deutschland-tourismus.de/e/2433.html>

Comments:

SEAT BELTS: Seatbelts are required by all passengers. Be sure that everyone in the car, including those in the back seat, are wearing their seatbelts.

CHILDREN: It is mandatory for children under the age of 12, to sit in the back seat.

BOOSTER SEATS: Children under 12 years or 59 inches are required to use an approved restraining (booster) seat.

CHILD SAFETY RESTRAINT: Children under 4 years of age and under 50 lbs. are required to use an approved child restraint device (car seat).

Name: POV: Selling and Buying**WWW Link:**

<http://www.heidelberg.army.mil/moving/Default.htm>

Comments:

For more information contact customs and vehicle registration and refer to web link and click vehicle registration.

Name: POV: Speeding**Comments:**

The violation of of speed restrictions can become very expensive and lead to suspension of the driver's license. Mobile and fixed speed traps document speed violations.

Tickets can be paid at the local community bank. Do not delay the payment of speeding tickets once you received the letter of notification in the mail.

Name: POV: Traveling Outside of Germany**Comments:**

Make sure to take an international Green Insurance Card along.

Make sure to be in possession of an International Driver's license if traveling to Spain and Austria.

Purchase the proper toll certificates if using highways.

Follow the speed limits.

Research information before visiting other European countries.

Name: POV: Vehicle Registration
Address: Czernyring (near the DPW complex across Community Support Center)
City: Heidelberg
Phone: 06221-57-9484
FAX: 06221-57-9481
DSN Phone: 370-9484/9482
DSN FAX: 370-9481
WWW Link: http://www.heidelberg.army.mil/moving/Default.htm
<p>Comments: HOURS OF OPERATION: Mon through Wed from 0800-1500, Thu from 1200-2000, and Fri from 0800-1400. They close at noon on the last working day of the month.</p> <p>Vehicles brought from the U.S. or purchased locally must be registered with USAREUR. All shipped vehicles and used vehicles purchased in Germany must pass a safety inspection before they can be registered.</p> <p>U.S. Military identification card holders in Germany (service members, family members, and assigned civilians and some contractors) are allowed to register their personally owned vehicles with the U.S. Military. These vehicles are not subject to German taxes or vehicle registration.</p> <p>WHAT TO BRING: FIRST REGISTRATION: >Bill of sale or equivalent documentation >Inspection documents > I.D. Card > USAREUR Driver's license >Money order \$20.00 > Proof of insurance (D.W.I.C.) with full chassis number > Warning triangle and First Aid Kit (to include insulated foil blanket and surgical gloves)</p> <p>For more information and guidance on RENEWAL OF REGISTRATION, NON-OPERATIONAL REGISTRATION, TRANSFER OF VEHICLE to a local national or another I.D. Card holder contact Vehicle registration as well as customs for any transfer to Non-ID card holder.</p> <p>VISTORS: Are not allowed to drive USAREUR-plated vehicles and are not authorized to purchase untaxed gasoline or diesel fuel. Other regulations apply for immediate relatives. Contact the Customs office for letter of authorizations. Refer to REGULATIONS-</p>

CUSTOMS HEIDELBERG OFFICE.
<p>Name: Personal Liability Insurance - Rechtsschutzversicherung</p> <p>Comments: This form of insurance could be worth buying during the tour to Germany, because legal matters could get costly since some U.S.automobile insurance companies do not cover legal expenses. The insurance should also cover landlord-tenant related matters if residing off-post.</p>

Name: Pets: Import Regulations
Address: Hessisches Sozialministerium Postfach 31 40 / V 4B - 19b1801p
City: D-65021 Wiesbaden
Phone: 0611- 8 17 - 3723
FAX: -0611- 8 90 - 8454
E-Mail: veteinfuhr@hsm.hessen.de
WWW Link: http://www.hessen.de/hsm
<p>Comments: IMPORT/TRANSIT: Of dogs, cats, rabbits, parrots and parakeets, birds and ferrets from a member state of the European Union or a 3rd country into the Federal Republic of Germany; NO IMPORT LICENCE WILL BE REQUIRED FOR UP TO 3 ANIMALS OF FOLLOWING SPECIMEN:: 1. Dogs and cats, if proven, that each animal, or in the case of litters, the dam, has been vaccinated against rabies at least 30 days, but no more than 12 months prior to importation, or that a refresher vaccination has been made within 12 months after the original vaccination and no longer than 12 months prior to importation. The restriction of the number of animals does not exist for dams with their litter, if the puppies/kittens are not older than three months and the dams fulfill the above mentioned conditions. 2. Rabbits, 3. Parrots and parakeets, if a health certificate of a state veterinarian accompanies animals, issued no longer than 10 days prior to transportation and certifying that the animals are in good health, free of psittacosis and that the place of origin has been found free of diseases during the last 30 days. Parakeets and parrots must be transported in clean and disinfected cages. The design of the cages must prevent debris and feathers to spoil the environmental area. 4. Birds, except poultry, parrots and parakeets, 5. Ferrets The certificates have to be presented to the authorities at the border inspection post IN ORIGINAL AND IN GERMAN LANGUAGE OR WITH A CERTIFIED GERMAN TRANSLATION. For all other cases concerning the import of live animals an import permit has to be issued. Please contact the Hessisches Sozialministerium</p>

ATTENTION:

Please note, that the import of the following breeds of dogs into the FRG is prohibited:

- Pitbull-Terrier
- American Staffordshire-Terrier
- Staffordshire-Bullterrier
- Bullterrier
- as well as cross-breedings of those dogs or with other dogs

Furthermore, the import of the following breeds of dogs, which count to the group of fighting dogs in the federal state of Hessen, Baen-Wuerttemberg and Bavaria is prohibited:

- American Pitbull Terrier,
- American Stafford Terrier,
- American Bulldog,
- Bullmastiff,
- Bordeaux Dogge, Dogue de Bordeaux,
- Dogo Argentino,
- Fila Brasileiro,
- Kangal (Karabash),
- Kaukasischer Owtscharka,
- Mastiff,
- Mastin Espanol,
- Mastino Napoletano,
- Tosa Inu.

Commonly Referenced Numbers

For more information on this subject:
Heidelberg Community Services Directory
<http://www.heidelberg.army.mil/phonebook.html>

PLEASE NOTE: PHONE NUMBERS ARE CONSTANTLY CHANGING. REFER TO OUR WEB LINK FOR THE NEWEST LISTING.

International Access Code: 011
Country Code for Germany: 49
City Code for Heidelberg: 06221 (When calling from outside of Germany omit '0' from the area code)
Thus: 011+49+6221+phone number

NEED TO FIND OUT A MILITARY NUMBER CALL:
MILITARY OPERATOR:06221-57-113
Or REFER TO WEB LINK

NEED TO FIND A GERMAN NUMBER:

CALL Telekom Information:

National: 11833

International 11834

Or go to Web link. Look for GERMAN COMMERCIAL TELEPHONE DIRECTORY and start your search.

1. HOW TO READ GERMAN PHONE NUMBERS:
City Code- Phone Number; example: 06221-76115

2. MAKING PHONE CALLS FROM / TO a COMMERCIAL PHONE:

Please note: Every phone call costs, even from one neighbor to the other neighbor.

3. Dialing the area code within the SAME CITY CODE can be omitted.

Example: from neighbor to neighbor 76115

4. Dialing WITHIN Germany: dial the phone number with the CITY CODE.

Example: 06221-76115

5. Dialing FROM a MILITARY INSTALLATION using a DSN phone TO a COMMERCIAL phone in the greater area of Heidelberg:

Dial 99, wait for dial tone, then dial commercial number.

Example: 99-06221-76115.

6. Calling FROM a COMMERCIAL TO a MILITARY phone:

Heidelberg Military: Dial 06221+57 before the four-digit number.

Heidelberg Hospital: Dial 06221+17 before the four-digit number.

Schwetzingen Military: Dial 06202+80 before the four-digit number.

Patton Military: Dial 06221+17 before the four-digit number.

Heidelberg Army Airfield: Dial 06221+17 before the four-digit number.

PHV: Dial 06221-338 before four-digit number

PMO: Dial 06221-678 before four-digit number

Commonly Referenced Numbers

<i>Name</i>	<i>Commercial</i>	<i>DSN</i>
64th Replacement Det. Bus Pick Up and Drop Off Point	069-69-7463	330-7463
AA	0178-4068935	-
ACAP	06221-57-9444	370-9444
ACS	06221-57-6883	-
ADAC	0800-2222222	-
AFN	()-	370-7277
Adolescent Substance Abuse Counseling Services	06221-57-7860	370-7860/8047/6835
Air Travel (Military Passenger Terminal) Ramstein	()-	480-5364/2433
Air Travel (Military Passenger Terminal) Rhein Main	()-	330-7746/6567
Air Travel (Military Passenger Terminal) Rhein Main Hotel	()-	330-7265/4610/4617
American Consulate General, Frankfurt/Main	069-7535-0	-
American Embassy, Berlin	030-8305/2585/2510	-
American Red Cross	06221-57-8711	370-1760
Army Air Force Exchange Service (AAFES)	06221-27234 / 27235	-
Army Community Service (ACS)	06221-57-6883/6975	370-6883/6975
Army Emergency Relief (ACS)	06221-57-6883/6975	370-6883/6975
Arts and Crafts Center	06221-17-7167	373-7167
Auto Transport Service (Towing)	()-	379-6181/6412
Bank (Nations Bank), Campbell Barracks	06221-34460	370-8335
Bank (Nations Bank), Shopping Center	06221-600861/600862	370-7205
Bank (Service Credit Union)	06221-57-7540	370-7540
CDS (Family Child Care Office) FCC	06221-761559	370-6235
Chapel Mark Twain Village	06221-57-8434	370-8434/8448
Chapel Nachrichten Kaserne	06221-17-2092	371-2092/2093
Chapel Patrick Henry Village	06221-338-9272	388-9272
Chapel U.S. Army Hospital	06221-17-2668	371-2668/2684
Chapel Patton	06221-17-8043	373-8043
Chapel Tompkins	06202-80-7692	379-7692
Chaplain 26th ASG	06202-80-6190/1370	379-6190/1370
Chaplain Family Life Center	06202-80-6488	379-6488/1370
Chaplain Rel. Education	06202-80-6581/6582	379-6581/6582
Chaplain U.S. Army Hospital	06221-17-2668/2684	371-2668/2684
Chaplain's 411th BSB	06221-338-9272	370-8434/1570
Child Development Services (CDS) , Enrollment / Referral	06221-57-6705	370-6705
Child Development Services (CDS), Administrative Offices	06221-338-9399	388-9399
Civilian Personnel Advisory Center, (CPAC) , Job Information	06221-57-8514	370-8514
Club Lexington's	06221-762150	388-9441
Club Village Pavilion	06221-768439	388-9424
Commissary Heidelberg	06221-7593122	388-

		9074/9076/9077/9088
Commissary Mannheim	0621-728- 3611	380-9906/0621 or 383-3941
Community Counseling Center	06221-57-6666	370-1710/6666
Customs Office	06221-57-8998	370-8998
Defense Rertilization and Marketing Office	0621-487-6220/7250	375-7250/6220
Dental Clinic, Hospital	06221-17-2682	371-2682/2571/2728/2708
Dental Clinic, PHV	06221-338-9500	370-6968/6978
Driver Testing, (POV)	06221-17-6305	373-6514
Education Center, Heidelberg	06221-17-6176	373-6176
Education Center, Tompkins	06202-80-7696	379-7696
Equal Employment Opportunity	06221-57-8933/7234	370-8933/7234
Finance, Civilian Pay	06221-57-7701	379-5186/5181
Finance, Military Pay	06221-57-7284	370-7284
Girl Scouts (North Atlantic)	0621-487-7025	375-7025/6961
Guest House (Transient Billets)	06221-57-1700	388-9387
Hospital, Information	06221-17-2605	371-2605
Housing, Family Housing	06221-57-7991	370-8905
ID Cards/Deers	06221-57-7535	370-8502
In/Out Central Processing	06221-57-6711	370-6711
Installation Volunteer Coordinator (IVC)	06221-57-1770	373-1770
Legal Services, Legal Assistance	06221-17-5090/5062	373-5090/5062
Library, PHV	06221-57-1740	370-1740
Library, USAREUR	06221-57-6678	370-7430
Military Airlift Command (MAC) Flight, Ramstein, AFB	06371-47-5363/2433	480-5364/2433
Military Airlift Command (MAC) Flight, Rhein Main, AFB	069-699-6567	330-6568
Newspaper, Herald Post	06221-17-7243	373-7277
Newspaper, Stars and Stripes	()-	349-8457
Official Photographs	()-	373-6497
Official Travel	06221-57-6481	370-6481
Passports, US	06221-57-7535	370-8502
Police, Military, Desk Sergeant	06221-678-2222/2333	388-2222/2333
Postal Locator	06221-17-7571	380-6044/6045
Recreation Facilities, Auto Craft Shop	06202-80-6181	379-6181/6412
Recreation Facilities, Golf Club	06202-53 76 7	379-6139
Recreation Facilities, Outdoor Recreation	06221-338-9282	388-9282
Recreation Facilities, Rod and Gun Club	06202-5119 3	-
Red Cross, American	06221-57-1760	370-1760
School, Middle School (PHV)	06221-338-9310/9314	388-9310/9314
School, Elementary (MTV)	06221-57-6996	370-6996
School, Elementary (PHV)	06221-338-9054/9057	388-9054/9057
School, High School (MTV)	06221-57-8004	3708004/8356
Sport and Fitness Center, Campbell	06221-57-6350	370-6350

Sport and Fitness Center, Patton	06221-17-6110	373-6110
Sport and Fitness Center, Tompkins	06202-80-7700	379-7700
Sports Office	()-	-
Thrift Shop	06221-76 79 91	-
Transportation Office	06221-57-6347	370-8536
USO, Heidelberg	06221-57-7924	370-7924
USO, Mannheim	0621-730-3195	385-3195
Youth Services	06221-338-9397	388-9397

Major Unit Listing

<i>Unit</i>	<i>Command</i>	<i>Point of Contact</i>	<i>Commercial</i>	<i>DSN</i>	<i>Fax</i>
411TH BASE SUPPORT BATTALION	26TH AREA SUPPORT GROUP	COMMANDE R	011-49-6221-17-1500	373-1500	
HEADQUARTERS & HEADQUARTERS COMPANY	U.S. ARMY EUROPE & 7TH ARMY	PERSONNEL OFFICE, (S-1)	011-49-6221-57-6860	370-7112	
HEADQUARTERS & HEADQUARTERS COMPANY, 30TH MED BDE	30TH MEDICAL BRIGADE	PERSONNEL ACTIONS BRANCH, (G-1)	011-49-6221-17-2550	371-2550	
HEADQUARTERS & HEADQUARTERS COMPANY, 1ST PERSCOM	1ST PERSONNEL COMMAND	PERSONNEL / ADMINISTRATION	011-49-6202-80-6123	379-6123	
HEADQUARTERS & HEADQUARTERS COMPANY, 266TH FIN CMD	266TH THEATER FINANCE COMMAND	S-1	011-49-6221-57-7977	379-7977	
HEADQUARTERS & HEADQUARTERS COMPANY, 7TH ARCOM	7TH ARMY RESERVE COMMAND EUROPE	(DCSPER), PERSONNEL ACTIONS	06202- 7778	379-7778	
HEADQUARTERS & HEADQUARTERS COMPANY, V CORPS	V CORPS	SPECIAL TROOPS BATTALION, (S-1 NCOIC)	011-49-6221-57-6223	373-6223	
HEADQUARTERS COMPANY, AMC	ARMY MATERIAL COMMAND EUROPE	MILITARY PERSONNEL OFFICE	011-49-6221- 57-8431	370-8431	
HEADQUARTERS COMPANY, MEDDAC	MEDICAL DEPARTMENT ACTIVITY	COMMANDE R	011-49-6221-17-2700	371-2700	
JRSC Center (NATO)	ALLIED LAND FORCES		06221-17-8373	373-8373	

	CENTRAL EUROPE				
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Transportation

When it comes to public transportation, Germany has one of the best systems in Europe. For more information refer to: COMMUNITY TRANSPORTATION.

Heidelberg Military Community operates a shuttle bus service to all major kasernes and military facilities. Local busses can reach both housing areas as well as some installations. DOD has contracted SATO travel as their travel agency for official and leisure travel arrangements. Air Mobility Commands may provide MAC flights out of Ramstein and Rhein-Main AFB.

Name: 411BSB Community Shuttle Bus
Address: Patton Barracks, Bldg 3854
City: Heidelberg
Phone: 06221-17-1800
E-Mail: aeusg-hd-lo-tmp@heidelberg-emh11.army.mil
WWW Link: http://www.heidelberg.army.mil/news/Shuttlebus1.htm
Comments: The shuttle bus has a red and green route. For departure times refer to Web-link.

Name: Air Mobility Command Ramstein AFB, Germany
Phone: 06371-47-2433/2120 RECORDED FLIGHT INFORMATION 06371-47-5364
FAX: 06371-47-2364
DSN Phone: 480-2433/2120 RECORDED FLIGHT INFO DSN 480-5364
DSN FAX: 480-2364
E-Mail: spacea@ramstein.af.mil
WWW Link: http://www.ramstein.af.mil/spacea/spacea.html
Comments: Passengers may register for travel at the Passenger Service Center in the passenger terminal in person by telefax, mail, or E-mail. Sponsors who register in person for family members traveling with them should present all required documents: Identification cards (DD Form 2, Armed Forces Identification Card), passports, immunization records, and visas when required by the DoD Foreign Clearance Guide

Name: Air Mobility Command Rhein Main AFB, Germany
Phone: 069-699-7746
FAX: 069-699-6309
DSN Phone: 330-7746
E-Mail: spacea@rheinmain.af.mil
WWW Link: http://www.rheinmain.af.mil/726AMS/Space%20A%20Travel.html

Name: SATO European Reservation Center
Address: TOOL -FREE NUMBER
Phone: 0800-100-7102
FAX: 0044-012-807-08-417
DSN Phone: 236-8416
DSN FAX: 236-8417
WWW Link: http://www.satotravel.com/newmil/usareur/index1.htm
Comments: You can make all your arrangement for flight travel from home by calling the toll-free number. Please let them know at which SATO office the tickets will be picked up.

Name: SATO Travel Campbell Barracks
Address: Campbell Barracks, Bldg.31
City: 69042 Heidelberg
Phone: 06221-61471
FAX: 06221-315114
DSN Phone: 370-6615
WWW Link: http://www.satotravel.com
Comments: Office Of Operation: Mon-Fri 0830-1330 and 1430-1630 For more information refer to SATO Community Support Center

Name: SATO Travel Heidelberg Shopping Center
Address: Shopping Center, Bldg 3850 2nd Floor Czernyring 14
City: 69115 Heidelberg
Phone: 06221-14670
FAX: 06221-146721
WWW Link: http://www.virtuallythere.com
Comments: Assistance is available with tours, airline reservations, hotel reservations, and train tickets. OFFICIAL TRAVEL: HOURS OF OPERATION: Mon-Fri 0800-1645 (closed on German holidays). FLIGHT TRAVEL: reservation can be made by phone PICK-UP OF TICKETS: 4 sets of orders are required for pick-up. TRAIN TRAVEL: Reservations have to be made in person Pick-up of tickets: 5 sets of orders are required for pick-up. LEISURE TRAVEL: HOURS OF OPERATION: Mon-Fri 0900-1645 (closed on German holidays) FLIGHT TRAVEL: reservation can be made by phone TRAIN AND OTHER TYPE OF TRAVEL: Reservations have to be made by person. NOTE: For Flight reservation you can also contact the European Reservation Center.

Name: TRANSPORTATION TO Rhein-Main Air Force Base with connection to FRANKFURT INTERNATIONAL AIRPORT
Address: Army Lodging Heidelberg located on PHV (formerly known as PHV Guesthouse)
City: CMR 419 Box 1918, APO AE 09102
Phone: 06221-795100
FAX: 062221-795600
DSN Phone: 370-1700
E-Mail: guesthouse@26asg.heidelberg.army.mil
Comments: 64th Replacement Company has contracted a bus company to provide one (1) daily run to Frankfurt International Airport free of charge to user.(S-Bus) Bus runs Mon-Fri (No runs on American holidays, Saturday and Sunday). Departure: 0730 Bus Stop: Army Lodging Heidelberg (PHV Guesthouse) Stops at Mannheim and Darmstadt Arrives: around 0940 at Rein- Main AFB terminal. A SHUTTLE BUS departs the terminal to the International Airport at 1000 Monday through Saturday. A COMMERCIAL BUS departs the front gate of Rhein-Main to the airport every 40 minutes. TAXIS cost about DM 25 from Rhein- Main AFB to the International Airport.

Name: Transportation for arriving MILITARY personnel
Address: Sponsorship Bus (S-Bus)
Comments: All military personnel must ride the the sponsorship bus from the 64th Replacement Company to their duty assignment.Exceptions to the Sponsorship bus include personnel reporting to a distant location. Further exceptions are personnel in pay grade O6 and above, CW4 and above, CSM and ASG commanders.NOTE: 64th Replacement Company does not have approval authority for exeption to this policy.

Commissary and Exchange Operations

For more information on this subject:

Shopping within the 411th BSB Heidelberg

<http://www.heidelberg.army.mil/welcome/shopping.html>

The Heidelberg commissary is well stocked with most common items. Also included are a bakery, delicatessen, butcher shop, pasta and bistro.

The Army and Air Force Exchange Service (AAFES) operate facilities throughout the 411th BSB. Several concessionaires offer goods as well. A big furniture

store is located on Spinelli Barracks, Mannheim. A vision center is located on Coleman Barracks, Mannheim.

PLEASE NOTE: Manufacturer's coupons are good for up to six (6) months after the expiration date. Have your friends and family send them to you. ACS Information and Referral always has lots of coupons.

Name: AAFES Campbell Barracks
Address: Campbell Barracks, Bldg. 31 M
City: Heidelberg
Comments: 1. Retail Store/Bookmark HOURS OF OPERATION: Mon - Fri: 0800-1700 Phone: 06221-390789 DSN: 370-8733 / 8311 2. Barbershop HOURS OF OPERATIONS: Mon-Fri 0830-1730 Phone: comm. 06221-576660 3. Casino Food Mall HOURS OF OPERATIONS: Mon-Fri 0630-2000; S/S Closed Phone: comm. 06621-314993 DSN: 370-6510 4. Burger King Express HOURS OF OPERATIONS: Mon-Fri 0630-1430; Sat/Sun Closed Phone: comm. 06621-314993 DSN: 370-6510

Name: AAFES Coleman Vision Center
Address: Coleman Barracks, Bldg. 23 Mannheim-Sandhofen
Phone: 0621-77030
FAX: 0621-7703299
DSN Phone: 382-4770
WWW Link: http://www.aafes.com
Comments: HOURS OF OPERATION: Mon-Sat 1000-1800, Sun 1100-1700

Name: AAFES Hammonds Barracks
Address: Bldg. 969
City: Mannheim- Seckenheim
Comments: Retail Store / Barber Shop HOURS OF OPERATION: Mon-Fri 1100-1500; Sat-Sun Closed Phone: 0621-471409

Name: AAFES Main Exchange
Address: Several Bldgs Community Support Center
City: Heidelberg, APO AE 09102
Phone: 06221-27234
WWW Link: http://www.aafes.com
Comments: 1. The following services are in Bldg. 3803 1.1 Main Exchange Mon Thru Sat 1000-2000 / Sun 1000-1800 / Holidays 1100-1700 Phone: 06221-27234 1.1 Class Six Mon Thru Sat 1000-2000 / Sun 1000-1800 Phone: 06221-27234 1.2 Food Court - (Anthony's Pizza, Baskin Robbins, Burger King Express, Mexican) Mon Thru Sat 1100-1800 / Sun 1100-1800 Phone: 06221-164254 2. Bldg. 3802 2.1 Mega Bookmark Mon Thru Sat 1000-2000 / Sun 1000-1800 Phone: 06221-163932 2.2 Hardlines Annex Mon Thru Sat 1000-2000 / Sun 1000-1800 Phone: 06221-167432 3. Concessions Mon-Sat 1000-1800, Thur 1000-2000, Sun 1200-1800 3.1 Alterations Shop - 06221-27346 3.2 Ashford Arts - 06221-181564 3.3 Beauty Salon Mon 1000-1800 / Tue & Wed 0900-1800 / Thur & Fri 1000-1900 / Sat 0900-1800 Phone: 06221-167498 3.4 Car Rental Phone: 06221-184880 3.5 Car Care Center Phone: 06221-24900 3.6 Gifts International Phone: 06221-22320 3.7 Hair Care Center Men/Women Phone: 06221-167498

3.8 Kaethe Wohlfart Christmas Store
Phone: 06221-166808

3.9 Monica Creitz
Phone: 06221-20172

3.10 New Car Sales
Mon Thru Fri 1000-1800 / Sat 1000-1700 / Sun 1200-1500
Ford 06221-160171
Chrysler 06221-24549
GM 06221-161635
Sport 06221-160118
Honda 06221-29499

3.11 Nortitake China - Phone: 06221-27346

3.12 Service Mart - Mon Thru Fri 1000-1800 / Sat 0900-1500 / Sun Closed
Phone: 06221-24513

3.13 Vogel Optical Shop - Phone: 06221-12146

3.14 Willi Geck Gifts - Phone: 06221-183540

4. Bldg. 3850
MCSS
Mon Thru Wed & Fri 1000-1800 / Thur 1200-2000 / Sat 1000-1700 / Sun Closed
Phone: 06221-23192 / DSN 370-7949

5. Bldg. 3815
Popeyes Chicken
Mon Thru Sat 1030-1930 / Sun 1100-1800
Phone: 06221-182578 , DSN 370-6930

6. Bldg. 3801
6.1 Power Zone - Mon Thru Sat 1000-2000 / Sun 1000-1800
Phone: 06221-161870/161420

6.2 Auto Parts - Mon Thru Wed & Fri 0900-1730 / Thu 0900-1900 / Sat 1000-1500 / Sun Closed
(Garage) - Mon Thru Thu 0730-1630 / Fri 0730-1615 / Sat & Sun Closed
Phone: 06221-24900

Name: AAFES Mark Twain Village
Address: Bldg. 3733 and 3734
City: Heidelberg
Comments: 1.MTV Shoppette, Bldg. 3734 HOURS OF OPERATION: Mon-Fri 0730-2200; Sat-Sun 1000-2200 Phone: 06221-3909727 2.Barber/Beauty Shop, Bldg. 3733 HOURS OF OPERATION: Mon-Fri 0900-1800, Sat 0900-1600, Sun Closed PHONE: 06221-390106

Name: AAFES Patrick Henry Village
Address: Various buildings throughout PHV
City: Heidelberg
Comments: 1. Shoppette, Bldg. 4505 7 days / week, 24 hours daily; Phone: 06221-762164 2. Barber/Beauty Shop, Bldg. 4548 HOURS OF OPERATION: Mon-Fri 0930-1700, Sat 0830-1600, Sun Closed Phone: 06221-761937 3. 2 Hours Picture Developing Stop, Bldg. 4505 HOURS OF OPERATION: Mon-Fri 0930-1700, Sat 0830-1600, Sun Closed Phone: 06221-761937 4. Burger King, Bldg. 4544 HOURS OF OPERATION: Mon-Fri 0630-2000; Sat-Sun 0730-2000; Drive-Thru 0730-2100 Phone: 06221-761471 5. PHV Anthony's Pizza, Bldg. 4544 HOURS OF OPERATION: Mon-Fri 1100-2000; Delivery: Sun-Thu 1700-2130; Fri-Sat 1700-2200 Phone: 06221-762686 6. PHV Theater, Bldg. 4502 HOURS OF OPERATION: as Scheduled Phone: DSN: 388-9272 7. Service Mart, Bldg. 4508 HOURS OF OPERATION: Mon-Fri 1000-1800, Sat 1000-1600, Sun Closed Phone: 06221-762667

Name: AAFES Patton Barracks
Address: Patton Baracks, Bldg. 104
City: Heidelberg
Comments: 1. Patton Retail HOURS OF OPERATIONS: Mon-Fri 1000-1900; Sat-Sun 1100-1700 Phone: 06221-24594 2. Service Mart HOURS OF OPERATIONS: Mon-Fri 0900-1700, Sat-Sun Closed Phone: 06221-178763 3. Barber/Beauty Shop HOURS OF OPERATIONS: Mon-Fri 0900-1700, Sat 0900-1400, Sun Closed Phone: 06221-183305 4. Patton Main Street HOURS OF OPERATIONS: Mon-Fri 0700-1430; Sat-Sun 0900-1500 Phone: 06221-25250

Name: AAFES Tompkins
Address: Tompkins Barracks Bldg. 4233, 4298
City: Schwetzingen
Comments: 1. Retail Store HOURS OF OPERATION: Mon-Sat 1100-1800, Sat 1200-1600, Sun Closed Phone: 06202-3165 2. Snack Bar HOURS OF OPERATION: Mon-Fri 0600-1400, Sat-Sun Closed Phone: 06202-21572 3. Service Mart HOURS OF OPERATION: Mon-Thu 1000-1700 Phone: 06202-806330

Name: AAFES Toyland / Furniture Store / Four Seasons
Address: Spinelli Barracks, Bldg. 1845
City: Mannheim-Kaefertal
Phone: 0621-791481
DSN Phone: 730-6222
WWW Link: http://www.aafes.com
Comments: HOURS OF OPERATIONS: Sun-Wed 1000-1800; Thur-Sat 1000-2000

Name: AAFES US Hospital
Address: Nachrichten Kaserne, Bldg. 3619
City: Heidelberg
Comments: 1. Retail Store HOURS OF OPERATIONS: Mon-Fri 1000-1800, Sat-Sun Closed Phone: 06221-300203 2. Barber Shop no information available yet

Name: Commissary
Address: PHV close to Middle School
City: Heidelberg
Phone: 06221-7593122
FAX: 06221-645320
DSN Phone: 388-9074/9076/9077/9088
WWW Link: http://www.commissaries.com/stores/html/store.cfm?dodaac=HQCE2M
Comments: HOURS OF OPERATIONS: MON - SAT 0900-2100, SUN 1000-0700 Large commissary available with variety and well stocked supplies. Pizza shop, deli, bakery and Bistro shop are available. A valid ID card is necessary for admission to the store, and a ration card is necessary to purchase coffee and cigarettes. Visiting family members need to show a passport and a second form of identification upon request. 24-hour toll-free Hotline: DSN 489-7044 Comm. 01301-82476

Name: Exchange Stores (Allied Nations)
Comments: British: Patton Barracks, Bldg 103, Room 303, Heidelberg; Phone: 06221-26835 Hours of Operation: Monday-Friday, 1100 -1500 Canadian: Campbell Barracks, Bldg 3 (Basement); Phone: 06221-398394 Hours of operation: Monday-Friday, 1000-1500

Local Community

Local Community Overview

For more information on this subject:
Tourist Information Heidelberg, Germany
<http://www.cvb-heidelberg.de/>

Federal Republic of Germany (FRG):
For more information on the republic, the states and government refer to DETAIL LISTING below.

LIVING:

Living in Germany can be wonderful, exciting and a great learning experience. While many Germans do speak English, you will be surprised how far a few German words will get you. To help you better understand and appreciate your German host nation, we have listed a few customs, and traditions.

When introduced to a German say GUTEN MORGEN (Good Morning), GUTEN TAG (Good Day), GUTEN ABEND (Good Evening). When leaving say AUF WIEDERSEHEN (Good Bye).

GERMAN DINING:

German restaurant customs differ from American customs. There are a number of establishments that offer food and beverages. Visit a CAFE for a cup of coffee or tea and some pastry. A BISTRO'S menu is similar to a diner. A GASTHAUS will offer a fixed menu of complete meals and rent out. A RESTAURANT is basically the same as in the states but with out the rush. Be prepared to wait for 20-30 minutes for your meal. Traditional American tipping is not used in Germany. Instead, 'round up' or add one or two DM (1,00 -2,00 DM) to your bill for the waiter/waitress, when paying your bill, at a restaurant.

BUNDESPOST: (German Post Office)

It is different from an American post office. Customers can pay bills (service charges are EURO 4.00), buy stamps (postage for a regular letter EURO 0,56), place phone calls, purchase TELEPHONKARTEN (prepaid phone cards for German public phones), and purchase stationary items as well as packaging materials..

CREDIT CARDS:

Are not as widely used as in the states. Make sure to ask before finalizing a purchase if a credit card will be accepted.

CURRENCY:

On 01 January 2001 the new currency EURO was introduced.

HEIDLBERG:

Heidelberg is located in the State of BADEN-WUERTEMBERG. The city of Heidelberg incorporates the smaller suburbs of Bergheim, Boxberg, Emmertsgrund, Handschuhsheim, Hasenleiser Kirchheim, Neuenheim, Schlierbach, Pfaffengrund, Weststadt, Ziegelhausen, and Wieblingen. Heidelberg is part of the county RHEIN-NECKAR-KREIS and about 15 miles south of the city of Mannheim (listed separate in SITES. (The first letters of the automobile license plate always reflect the county where the automobile has been registered. HD is the letter combination for the county Rhein-Neckar-Kreis, MA for Mannheim , SP for Speyer and KA for Karlsruhe). Often the people refer to the old boundaries and their ethnic traditions and characteristics. The area was formerly the KURPFALZ (Palatinate District).

Heidelberg is a romantic city located on the Neckar River. The city occupies a magnificent position astride the natural gateway formed, by the Koenigstuhl and the Heiligenberg ("Holy Mount"). The mighty ruins of the castle dominate it, which for five centuries was the glittering residence of the Palatine Prince Electors. Regarded as one of the most beautiful cities in Germany, its intellectual life is stimulated by the university, the oldest in present-day Germany. This happy combination of castle, river and ancient city set amidst mountains, forests and vineyards, which so enthralled the poets and writers of the Romantic Movement, still continues to exert its unchanging charm down to the present day.

Name: BRD Federal Republic of Germany: Located in the Middle of Europe
WWW Link: http://www.deutschland-tourismus.de/

Name: BRD Federal Republic of Germany: Currency
E-Mail: presse-information@bundesbank.de
WWW Link: http://www.bundesbank.de/index_html_en.htm
Comments: Deutsche Bundesbank, the central bank of the Federal Republic of Germany, is an integral part of the European System of Central Banks (ESCB). The Bundesbank participates in the fulfillment of the ESCB's tasks with the primary objective of maintaining the stability of the EURO, and it ensures the orderly execution of domestic and foreign payments. The Bundesbank is organized in a decentralized manner and has nine Main Offices in the Laender, known as Land Central Banks.

Name: Bundesrepublik Deutschland
Address: Facts About Germany published by the Federal Press Office
WWW Link: http://userpage.chemie.fu-berlin.de/adressen/brd.html
Comments: Facts About Germany is a useful reference guide. It can also be viewed on the web.

Name: Bundesrepublik Deutschland (BRD)
Address: Wunderbar-Welcome to Germany...a country rich in experiences!
WWW Link: http://www.deutschland-tourismus.de

Name: CIA Handbook Germany
WWW Link: http://www.cia.gov/cia/publications/factbook/geos/gm.html
Comments: As Western Europe's richest and most populous nation, Germany remains a key member of the continent's economic, political, and defense organizations. European power struggles immersed the country in two devastating World Wars in the first half of the 20th century and left the country occupied by the victorious Allied powers of the US, UK, France, and the Soviet Union in 1945. With the advent of the Cold War, two German states were formed in 1949: the western Federal Republic of Germany (FRG) and the eastern German Democratic Republic (GDR). The democratic FRG embedded itself in key Western economic and security organizations, the EC and NATO, while the communist GDR was on the front line of the Soviet-led Warsaw Pact. The decline of the USSR and the end of the Cold War allowed for German unification in 1990. Since then Germany has expended considerable funds to bring eastern productivity and wages up to western standards. The Federal Republic of Germany consists of 16 states (Laender). Germany has always been divided into states, but the map has changed its shape over the centuries. The most important changes in the modern age resulted from the Napoleonic wars at the beginning of the 19th century, the Austro-Prussian War of 1866, the First World War and the Second World War. After the latter Germany was divided, and the country's largest state, Prussia, was dissolved. Most of the states as we know them today were established after 1945, but they have largely retained their ethnic traditions and characteristics and some of the old boundaries. The capitol of Germany is Berlin.

Name: Facts About the Federal Government
WWW Link: http://eng.bundesregierung.de/frameset/index.jsp

Name: Facts About the Federal Government : President
WWW Link: http://eng.bundespraesident.de/frameset/index.jsp

Name: Facts About the Federal States (Bundeslaender)
WWW Link: http://www.germany-tourism.de/
Comments: Each of the 16 states (Laender) is a world of adventure in and of itself, whether city-states like the Hanseatic towns of Bremen and Hamburg, the Federal capital Berlin, or other states. Everywhere, you can discover great cities, cozy villages and relaxing natural landscapes.

Name: Facts About the Federal Government: Bundesrat
WWW Link: http://www.bundesrat.de/Englisch/index.html

Name: Facts About the Federal Government: Parlament
WWW Link: http://www.bundestag.de/htdocs_e/index.html

Name: Facts About the Federal States (Bundeslaender)
Address: Facts About the Federal State BADEN-WUERTTEMBERG (BW)
WWW Link: http://www.deutschland-tourismus.de/e/dest_states_bw_e.html
Comments: Baden-Wuerttemberg (BW), is the state in south West Germany. Capitol of BW is Stuttgart (listed separately in SITES)

Name: Facts for Visitors to Germany
WWW Link: http://www.auswaertiges-amt.de/www/en/adressen_html
Comments: VISTORS: 1. US citizens can visit Germany for up to ninety (90) days without a visa. 2. Non-US citizens should contact the closest German Embassy well in advance about possible visa requirements. For more information contact the closest German embassy by email. 3. Visiting family members can stay in government controlled housing up to 30 days without a permission from the Family Housing office. For more information contact the Heidelberg Housing Office. 4. Any visitor should obtain an international driver's license as well as some type of travel health insurance coverage. Medical emergencies can occur suddenly and become VERY COSTLY. 5. VISTORS CAN NOT OPERATE A USAREUR plated POV. Contact Close relatives may be able to get a exception to policy. Contact customs for more information.

Name: Facts for Visitors -more References on Germany
WWW Link: http://www.escapeartist.com/germany/germany.htm

Name: Military Installation: Launderettes (all open 24 hours daily)
Comments: Note: You will find very few laundrettes off-post. Germans do not use laundrettes as much. Mark Twain Village, Building 3735 Patton Barracks, Building Patrick Henry Village, Building 4517 Tompkins Barracks, Building 4233

Name: Military Installation: Military Community Mail Rooms
WWW Link: http://www.heidelberg.army.mil/

Name: Off-Post Banking
WWW Link: http://www.gelbseiten.de
Comments: Many banking facilities operate in the greater area of Heidelberg. GELBEN SEITEN (YELLOW PAGES). Keyword: Banken und Sparkassen; Location Heidelberg

Name: On- Post Banking Facilities
Address: SERVICE CREDIT UNION Community Support Center, Bldg. 3850
City: Heidelberg
Phone: 06221-57-7138/7580
DSN Phone: 370-7138/7540
Comments: HOURS OF OPERATION: Mon-Wed 0900-1700; Thur 1000-1800; Fri 0900-1700; Sat 1000-1300 All of the services you are used to from a credit union, now including online banking. ATM: The ATM located outside of Bldg. 3850, Community Support Center. GERMAN BILL PAYMENTS: Much of German commerce is done through direct bank transfers, and most likely you will need to pay a bill or make a purchase in this manner. You initiate a transfer at your bank that is sent to the German bank (used in standing payment orders such as for rent, one-time payments). This is called "Dauerauftrag" in German. The Service Federal Credit Union does not do "Lastschrift". Refer to the next listing Community Bank

Name: On-Post Banking Facilities
Address: COMMUNITY BANK
Comments: A full-service bank tailored to the needs of the military community. OFFICES: 1. COMMUNITY CENTER: Bldg. 3803; Hours of Operation: Mon- Fri 0900-1600; Sat 0900-1200 Phone: 06221-60086 2. CAMPBELL BARRACKS: Bldg. 31N; Hours of Operations: Mon- Fri 0930-1600 Phone: 3. NACHRICHTENKASERNE: Hospital, BLDG. 3619; Hours of Operation: Mon, Wed, Fri 1000-1230 and 1330-1500 Phone: 06221-172002 SERVICES: 1. ATMs: Automatic teller machines are available on PHV (next to the theater), MTV (next to the side gate of Campbell), Tompkins Barracks (near the entrance), Community Support Center (next to the main PX), Patton Barracks, Nachrichten Kaserne U.S. Hospital) and Hammond Barracks. 2. GERMAN BILL PAYMENTS: Much of German commerce is done through direct bank transfers, and most likely you will need to pay a bill or make a purchase in this manner. The transfers fall mainly into two categories: 3. "DAUERAUFTRAG"(standing payment) and 4. "UEBERWEISUNG"(one-time payments): You initiate a transfer at your bank that is sent to the German bank 5. " LASTSCHRIFT": You give permission for the other bank to withdraw funds from your account (used in variable payments, such as a telephone bill) The community bank handles both types of transfers. The bank also handles checking, savings, CDs, signature loans, new and used car loans, and other services.

Name: Postal Services - Off Post
WWW Link: http://www.deutschepost.de/postagen/
Comments: Heidelberg-Rohrbach: R merstrasse 210; Phone: 06221-374604 close to Campbell Barracks Heidelberg-Kirchheim: Heidelberg: close to Bismarckplatz

Name: Postal Services-On Post
WWW Link: http://www.1perscom.army.mil/POD/1pchome.htm
Comments: Campbell Barracks: Bldg. 31N Phone: DSN 370-7254 Hours Of Operation: Monday-Wednesday, Friday, 1000-1630; Thursday, 1200-1630 Community Support Center: Bldg 3850 Phone: DSN 370-6462 Tuesday, Wednesday, Friday, Saturday, 1000-1600; Thursday, 1200-1800 PHV: Bldg 4794: Phone: DSN 388-9237 Monday-Wednesday, Friday, 0930-1600; Thursday, 1200-1600 Tompkins Barracks, Bldg 4236, Schwetzingen Phone: DSN 379-6254 Tuesday, 0900-1300, 1400-1600; Thursday, 1200-1800

Name: Travel Planning (All in German)
WWW Link: http://www.reiseplanung.de/
Comments: Some links are in English

Name: Web Links: Cities in the greater area of Heidelberg
WWW Link: http://www.kurpfalz.net/stadt_gemeinde.htm
Comments: For more information contact the city administration of the city.

Name: Web Links: Last but not least The very Helpful Verkehrsverein Heidelberg
Address: (Convention & Visitors Bureau-Heidelberg)
Postfach 105860
City: 69048 Heidelberg
Phone: 06221/19433
FAX: 06221-142222
E-Mail: info@cvb-heidelberg.de
WWW Link: http://www.cvb-heidelberg.de
Comments: The Information Center is located outside the Hauptbahnhof (Heidelberg Main Train Station). HOURS OF OPERATION: 01 April-31 October Mon-Sun 0900-1800; 01 November-31 March: Sundays and Holidays closed .

Name: Web Links: Last but not least The very Helpful City Information Schwetzingen
WWW Link: http://www.markt-schwetzingen.de/english/fp_mpl_e.htm
Comments: Includes hotels and some real estate agents (Immobilien).

Name: Web Links: Last but not least The very Helpful Tourist Information Schwetzingen
Address: Tourist Information of the city Schwetzingen
Dreikoenigstr. 3
City: 68723 Schwetzingen
Phone: 06202-945875
FAX: 06202-945877
E-Mail: stadtinfo@schwetzingen.de
WWW Link: http://www.schwetzingen.de
Comments: Schwetzingen is known for it's beautiful castle and garden.

Time Zone Chart

Germany practices Daylight Savings Time. Dates for the time change will be published and announced by Star and Stripes, Herald Post and AFN Radio and TV. During the summer months there is daylight until almost 2200. During the winter months it will be dark by 1630 and it may stay so gloomy all day and that you may have to keep lights on all day.

Time Zone Chart

<i>Location</i>	<i>Adjustment for GMT</i>
Pacific	-8
Mountain	-7
Central	-6
Eastern	-5
Greenwich (United Kingdom)	0
Central European (Germany)	1
East Asia (Japan)	9

Climate

For more information on this subject:

Weather Heidelberg

<http://ows.public.sembach.af.mil/GifImages/etie5.gif>

The weather in Germany is similar to the northeastern seaboard region. Rain, fog, mist, cold,

and dampness are common. Layering of clothing is common among Germans because, as in many regions in Germany, after a few minutes to a few hours it will change. You may want to add or take off more layers. When moving between seasons, pack a variety of seasonal clothing. There is very little snow during the winter months in the Heidelberg area, however, be prepared for anything.

Climate

<i>Month</i>	<i>High</i>	<i>Low</i>	<i>Humidity</i>	<i>Precipitation</i>
January	57	23		1.31
February	64	19		0.84
March	70	32		2.11
April	79	32		2.65
May	79	43		3.15
June	90	32		4.40
July	95	32		.67
August	97	48		2.05
September	77	45		4.22
October	70	34		1.37
November	66	36		1.48
December	57	32		1.08

Events Calendar

For more information on this subject:

Event Calendar

<http://www.cvb-heidelberg.de/english/aktuell.html>

You will find that there are monthly events, festivals and major happenings through out Germany. Several events take place on post every year. On- and off-post local events will be announced in the local post paper, Star and Stripes, AFN. Major events will be well announced in Stars and Stripes. Often USO will offer special travel packages.

Name: All Event Calendar for Germany
WWW Link: http://www.germany-tourism.de
Comments: In every season the calendars are jam-packed with events for every taste: Top-quality concert series, art exhibitions, outstanding theatre, major international sporting events, colorful street festivals and traditional Christmas markets are only a few of the event highlights that take place in Germany all year round.

Name: American, German, and USAREUR Holidays
WWW Link: http://www.hqusareur.army.mil/htmlinks/holidays.htm

Name: Bauern-und Wochenmarkt in the greater area of Heidelberg

Comments:

In most cities produce, plants, flowers, dairy products, meats and fish are sold during weekly markets. In smaller cities market is usually held on Friday or Saturdays. The market in the Old Town is held on Wednesdays and Saturdays from 0700-1400.

The market at Friedrich-Ebert-Platz is held on Tuesdays and Fridays from 0700-1400.

Name: Fasching or Karneval-

Comments:

During the week before Ash Wednesday, usually in February, Fasching or the "5. season" is celebrated. This holiday is for adults, as well as the children with parades, floats, costumes, and fun for the whole family.

Name: HD-Weihnachtsmarkt- Christmas Market

Comments:

The Christmas market is celebrated on the University Square, Market Square and Corn Market from late November through December.

Name: Heidelberg Castle Festival -
Schlossfestspiele Heidelberg -

Phone: 06221-58- 2000 Tickets

FAX: 06221-58-46-2000

E-Mail: heidelberg-ticket@heidelberg.de

WWW Link: http://www.cvb-heidelberg.de/english/_Sehenswuerdigkeit1.html

Comments:

Open air performances at the Castle, "The Student Prince" (in English), "Mignon" by Ambroise Thomas, concerts and opera are presented from July through beginning of September.

Name: Heidelberg Concerts
WWW Link: http://www.heidelberg-aktuell.de
Comments: Throughout the year symphony concerts and other performances are presented in Heidelberg and other major cities in Baden-Wuerttemberg.

Name: Heidelberger Fruehling - Spring Festival
Comments: Shows, concerts and many other attractions are held in early June in the center of Heidelberg and around the Karlsplatz.

Name: Heidelberger Herbst- Fall Festival
Comments: The fall festival is celebrated in the ALTSTADT (Old Town) and along the Neckar River banks in late September.

Name: Heidelberger Orgelsommer - Organ Summer
Comments: Concert series at the HEILIGGEISTKIRCHE (Holy Ghost Church) from June though September.

Name: Heidelberger Schlossbeleuchtung - Castle Illumination
Comments: Castle illumination and a grand fireworks display on the banks of the Neckar River are held three times per year during June, July and September.

Name: Neckarsteinach Vierburgenbeleuchtung - Four Castle Illumination
WWW Link: http://www.neckarsteinach.com/stadt.html
Comments: Illumination, and grand fireworks display of the four castles of Neckarsteinach The display and fireworks can be seen from a boat ride or from the shoreline at Dilsberg or Neckarsteinach.

Name: Schwetzingen Festspiele - Schwetzingen Concerts
WWW Link: http://www.swr2.de/schwetzingen-festspiele/index.html
Comments: The concerts are well known throughout Germany.

Name: Schwetzingen Spargelfest
WWW Link: http://www.schwetzingen.de
Comments: Schwetzingen is the spargel (white asparagus) capital in Germany. Celebrate the spargel harvest with music, rides, and entertainment. This event is held in early spring. The season for spargel lasts from April through the middle of June (24 June).

Name: U.S. Installation: 4th of July Celebration
Comments: Heidelberg hosts this one day celebration of independence Day on PHV. This yearly event is packed with fun activities for the entire family. And of course, no 4th of July Celebration would be complete without a spectacular fireworks display.

Name: U.S. Installation: Bazaars
WWW Link: http://www.hocsc.com
Comments: Throughout the year several bazaars are hosted. The biggest Bazaar is the the Holiday Bazaar hosted by the Heidelberg Officers and Civilians Spouses Club (HOCSC). It is always held on Columbus Day weekend.

Name: U.S. Installation: Community Update and other Events
WWW Link: http://www.heidelberg.army.mil/community/Default.htm
Comments: Community Update is conducted by the 411th BSB and is open to everybody. Usually it is held on the third Monday of each month at the Village Pavillion (VP).

Name: U.S. Installation: German/American Springfest and Summerfest
Comments: The Springfest is usually held in April. The Summerfest is usually held in July. Both fests are held on Patton Barracks and are a fundraiser for MWR activities.

Name: U.S. Installation: Koenigstuhl Run
Comments: Annual run during the summer sponsored by the 43rd Signal Battalion.

Cultural Attractions

For more information on this subject:
A Must for everybody coming to Heidelberg

<http://www.cvb-heidelberg.de/english/index.html>

Millions of visitors flock to Heidelberg every summer to enjoy the famous panorama extending from the Old Bridge across the Neckarto the Bridge Gate, and the Old Town set beneath the towering castle ruin. They are attracted by the overall beauty and atmosphere of Germany's oldest university town. The abbreviation for Heidelberg is often HD. Therefore HD is used in the Detail listing.

Name: HD: Botanischer Garten (University Botanical Garden)
Neuenheimer Feld 340
City: Heidelberg
Phone: 06221-54 57 83
FAX: 06221-561 78
WWW Link: http://www.cvb-heidelberg.de/english/xFreizeit.html
Comments: The Botanical Garden of the University of Heidelberg, one of the oldest in Germany. Hours of Operation: Mondays to Thursdays, Sundays and public holidays 0900 to 1200 noon and 13.00 to 1600. Closed on Fridays and Saturdays. Surrounding grounds can be visited every day until dusk.

Name: HD: City Sightseeing Tours
Address: Meeting Points: Main Train Station and Bergheimer Strasse 12
Phone: 06221-19433
FAX: 06221-142222
E-Mail: info@cvb-heidelberg.de
WWW Link: http://www.cvb-heidelberg.de
Comments: Join experienced Heidelberg tour guides in air-conditioned buses or during a walking tour narrated in English and German. Advance ticket sales and reservations: Convention and Visitor Bureau(Tourist Information outside the main train station)

Name: HD: Guided Tours
Maerzgasse 5
City: 69117 Heidelberg
Phone: 06221-24410
FAX: 06221-24410
E-Mail: heidelberg.guides@gmx.de
WWW Link: http://www.heidelberg-gaestefuehrer.de
Comments: Tours for Individualists Heidelberg s tour guides offer a variety of different walking tours to suit every taste. Advance reservations are not required. Information on Times and Meeting Points: Heidelberg Gaestefuehrer e.V. Phone: Fax 06221-24410

Name: HD: Museums
Address: e.g. Kurpfaelzisches Museum (Palatinate Museum)
Hauptstr. 97
City: Heidelberg
Phone: 06221-583402
FAX: 06221-58-34 90
WWW Link: http://www.cvb-heidelberg.de/english/Museum.html
Comments: The museum is located in Heidelberg's main tourist and shopping area. The museum is home to a variety of permanent and special exhibits. Of special note are the natural history section with its famous jaw "homo Heidelbergensis", one of the oldest human remains ever located in Europe. Famous are also the furniture, clothing and paintings from the romantic periods and Dutch and Flemish masters. Hours of Operation: Tuesday - Sunday from 10 a.m. - 5 p.m.; Wednesday until 9 p.m.; closed on Mondays For information on other museums refer to Web-link. Just 20 minutes from Heidelberg is Mannheim with its famous Kunsthalle (Art Gallery, the Landesmuseum fuer Technik und Arbeit(Technical and Industrial Museum), and Reiss Museum. For more information refer to SITES Mannheim.

Name: HD: Operas and Theaters
WWW Link: http://www.cvb-heidelberg.de/english/Theater.html
Comments: For more information refer to Web-link.

Name: HD: Prince Carl Inn
Address: Hauptstrasse close to RATSHAUS (City Hall)
City: Heidelberg
Comments: On the KORNMARKT (Corn Market), the building was an Inn from 1788-1915 and today is a town annex. The famous guest list included Kaiser Wilhelm I, when he was Prince, Bismarck and Mark Twain (1874).

Name: HD: Sightseeing and Much More
WWW Link: http://www.cvb-heidelberg.de/english/_Sehenswuerdigkeit.html
Comments: Romantic and picturesque, cosmopolitan, dynamic and up-to-date. Heidelberg is all of these. Steeped in tradition, this town is home to seemingly contrasting worlds. This makes it exciting and keeps it young at heart. Take some time to get to know the city and discover its many facets. You ll be inspired by the many facets. For detailed information refer to Web-link.

Name: HD: Stift Neuburg (Monastery)
WWW Link: http://www.abtei-neuburg.de/Anfang.htm
Comments: The monastery is located on the banks of the Neckar river. The monastery store sells fresh own grown fruits and vegetable. The monastery church hosts organ concerts.

Name: HD: Studentenkarzer - Student Prison
Address: Augustinergasse
City: Heidelberg
Phone: 06221-542334
Comments: Open: Monday - Saturday from 0900 - 1700, closed Sunday and holidays.

Name: HD: University Library
City: Heidelberg
Phone: 06221-542380
Comments: Permanent exhibits of University's collections, open daily 0900 - 1830. Admission is free.

Name: Heidelberger Bergbahn (Mountain Cable Car or Funicular Railway)
Address: runs from Kornmarkt to Koenigstuhl
City: Heidelberg
Phone: 06221-22796/20070
Comments: The mountain cable car is one of the oldest in Germany and was first established in 1890. The trip to the Heidelberg Castle and up to the Koenigstuhl is always an exciting event. For the transfer from the "Molkenkur" to the Koenigstuhl the historic wooden cable car is still used. Feel like a passenger of 1890, enjoy a most peaceful forest landscape and a terrific view of Heidelberg and the surroundings. For more information refer to web-link (German)

Name: Heidelberger Schloss (Castle)
Phone: 06221-53 84 14 (Ticket Office), 06221-53 84 0 (Administration)
FAX: 06221-16 77 32 (Ticket Office), 06221-16 7702 (Administration)
E-Mail: info@schloss-heidelberg.de
WWW Link: http://www.schloesser-magazin.de/eng/hd/hdthe.htm
Comments: During then reign of Prince Elector Rupprecht III (1398-1410), the Heidelberg castle was begun. Other rulers added to the structure over the centuries, with the last building added in 1934. Today the King's Hall is used for festivities, e.g. dinner banquets, balls and theater performances. Hours of Operation: Daily from 0800 - 1730 (Dec. 24 and 31 from 0800 - 1300) The castle can be reached via walking, Bergbahn and bus. For more information on other castles in Baden-Wuerttemberg, click Web link, then homepage.

Name: Heidelberger Zoo
Address: Tiergartenstrasse 3
City: Heidelberg
Phone: 06221-64 55 10
FAX: 06221-64 55 88
WWW Link: http://www.zoo-heidelberg.de
Comments: Heidelberg Zoo founded in 1934, is dominated by fascinating animals amidst wonderful old trees. Visitors will enjoy the service of the restaurants and the largest playground in Heidelberg. Hours of Operation: April to September daily from 0900 to 1900; October to March daily 0900 to 1700;

Name: Schwetzingen Schloss und Schlossgarten -
Address: Schwetzingen Palace and Palace Garden
Phone: 06202-81-482
WWW Link: http://www.schloesser-magazin.de/eng/schw/schwkae.htm
Comments: The origins of Schwetzingen Palace lie in a small, knightly water palace and extend over an eventful history up to its greatest period of courtly splendor under the government of Elector Carl Theodor (1724-1799). The, then, summer residence lies in the midst of a complex of palace gardens unequalled in all of Europe. Today it still invites visitors to take a walk through the cultural epochs of the 17th and 18th centuries

Name: Tourist Information: Historical Cities in Germany
WWW Link: http://www.germany-tourism.de

Name: Tourist Information: Castles and Palaces in Germany
WWW Link: http://www.deutschland-tourismus.de/e/2765.html
Comments: Each castle and palace is worth a visit, and nearly all offer hospitality. This ranges from the comfortable palace hotel and distinctive restaurant to the museum and cultural events. Here you can watch jousting, join in feasts and banquets typical of the Middle Ages, and enjoy concerts played on instruments from the Baroque period and theatre performances against an imposing backdrop. You are invited to live like a prince, to eavesdrop on strange stories and tales, and develop a fear of ghosts around midnight. It is worth visiting Germany just for the sake of its castles and palaces.

Name: Web Link: School of Arts and oOther Cultural Acitivities
WWW Link: http://www.heidelberg.de/kultur/kultfr.htm

Recreation Opportunities

Germany comes alive in the summertime with bicycles as the primary mode of transportation and walking a close second. There are literally thousands of miles of biking/walking trails throughout Germany. This is the country for outdoor enthusiasts! Armed Forces Recreational Centers (AFRC) operates two sites in Germany.

Several indoor and outdoor swimming pools can be found in the Heidelberg area. ACS has a complete list of approved swimming pools within the 26th ASG.

Various camping sites are situated along the Neckar River.

For activities offered by Heidelberg Outdoor Recreation and other groups refer to MORALE, WELFARE AND RECREATION.

Name: Amusement Park: Europa Park
City: 77977 Rust
Phone: 01805-776688
E-Mail: info@europapark.de
WWW Link: http://www.europa-park.de
Proximity to site: 3 hours from Heidelberg.
Comments: This large amusement park is located in Rust, near Freiburg. It offers action and thrills for kids and adults, as well as entertainment and relaxation in several restaurants and cafes. NASA Space exhibition, Dolphin & Kung Fu shows, Aqua-show, Water ballet, 3-D Film "Safari," water rides, roller coaster, trains, cars and boats. Hours of operation are 0900 to 1800, daily April through October. Ask USO for reduced tickets.

Name: Amusement Park: Complete Internet Listing
WWW Link: http://www.infosystem-freizeitparks.de/

Name: Amusement Park: Holiday Park
City: 67454 Hassloch
Phone: 06324-59-93900
FAX: 06324-59-9350
WWW Link: http://www.holidaypark.de/
Proximity to site: 40 min
Comments: This large amusement park is located in the city triangle of Ludwigshafen, Speyer and Neustadt /Weinstrasse. It offers action and thrills for kids and adults, as well as entertainment and relaxation in several restaurants and cafes. Hours of Operation: 0900 to 1800, daily April through October.

Name: Amusement Park: Kurpfalzpark
City: Wachenheim
WWW Link: http://www.kurpfalz-park.de/
Proximity to site: 40 min
Comments: Wachenheim is located halfway between Heidelberg and Kaiserslautern. (Listed in SITES).

Name: Amusement Park: Tripsdrill
City: 74389 Cleebornn
Phone: 07135-9999
FAX: 07135-999666
E-Mail: info@tripsdrill.de
WWW Link: http://www.tripsdrill.de
Proximity to site: 40 min
Comments: Located close to Sinsheim.

Name: Animal Parks: Complete Internet Listing
WWW Link: http://www.tierpark.de/cgi-bin/zoosearch.pl?suche=alles

Name: Armed Forces Recreation Centers (AFRC)
Address: Chiemsee and Garmisch Unit 24501
City: 09053
Phone: 08051-80-3172 (DSN) 441-2355
DSN Phone: 440-2575
WWW Link: http://www.afrcurope.com
Proximity to site: 5 hours from Heidelberg
Comments: Offers such summer programs as hiking, river rafting and swimming lessons. In the winter, programs include ski special, instruction and more. On the island, just across the lake from the Chiemsee resort, you will find one of King Ludwig built castles.

Name: Camping Heidelberg
Schlierbacher Landstrasse 151
City: 69118 Heidelberg
Phone: 06221-802506
Proximity to site: 15 minutes

Name: Camping Neckargemuend
Comments: An der Friedensbruecke, Falltorstr.4, Neckargemuend Phone: 06223-2178 Unterm Dilsberg, Neckargemuend-Dilsberg Phone: 06223-72585 Haide: Ziegelhaeuser Landstr. Neckargemuend Phone: 06223-2111

Name: Fernsehturm (Television Tower)
Address: auf dem Koenigstuhl
City: Heidelberg
Phone: 06221-2 50 41
FAX: 06221-16 44 92
Comments: The lookout tower is located on the top of the Koenigstuhl Mountain (568 meters above Heidelberg). The tower can be reached via mountain car up to the Koenigstuhl. Hours of Operation: March to November 1000 to 1800 Sunday, Holidays 1000 to 1900; July to August 1000 to 1900.

Name: Landessternwarte (State Observatory)
Address: Auf dem Koenigstuhl
City: Heidelberg
Phone: 06221-5090
FAX: 06221-50 92 02
WWW Link: http://www.lsw.uni-heidelberg.de/
Comments: Open only for guided tours. Call between 1000-1600 to make arrangements.

Name: Luisenpark (near the Neckar River and TV Tower)
Address: Gartenschauweg 12
City: Mannheim
Phone: 0621-41005-0
FAX: 0621-41005-55
Proximity to site: 15 min. from Heidelberg
Comments: A fantastically beautiful park with attractions for the whole family. Hours of Operations: 0900-dusk

Name: Maerchenparadies (Paradise of Fairy Tales)
Address: Koenigstuhl
City: Heidelberg
Phone: 06221-2 34 16
FAX: 06221-16 44 92
Comments: The Maerchenparadies is a holiday park for children and adults, easy to reach by car, bus or mountain car. The attractions include animated fairy tale figures and themes, a horse-train, minigolf, a childrens' train, autoscooter and discoscooter, gastronomy and many other highlights. Hours of Operation: March to November: daily 10.00 am to 6.00 pm, Sunday, holidays 1000 to 1900, July to August 1000 to 1900.

Name: Museum: Auto & Technik (Cars and Technology)
City: 74889 Sinsheim
Phone: 07261-92990
FAX: 07261-13916
E-Mail: info@technik-museum.de
WWW Link: http://www.technik-museum.com/
Proximity to site: 40 minutes from Heidelberg
Comments: Hours of Operation: Monday-Saturday 0900-1800; Sundays 0900-1900 IMAX: sometimes American movies are presented. Some of the airplanes are impressive.

Name: Museum: Technik Museum Speyer
Address: Geibstrasse 2 (5 minutes from the Cathedral)
City: 67346 Speyer
Phone: 06232-67100
E-Mail: info@technik-museum.de
WWW Link: http://www.technik-museum.com/
Proximity to site: 35 minutes from Heidelberg
Comments: Hours of Operation: Monday-Sunday: 0900-1800 IMAX: sometimes American movies are shown

Name: One Day Trip Suggestions
WWW Link: http://www.kurpfalz-tourist.de/index.html
Comments: *Bergstrasse and Odenwald; *Schwarzwald (Black Forest);*Burg Gutenberg/ Neckar valley;* Wormser Dom (Cathedral in Worms); *Colmar, France;*Koeln, (Cologne);* Deutsche Weinstrasse;* Erbach/Michelstadt;*Frankenstein Castle (Darmstadt) Halloween only; *Luxembourg, American Cemetary; *Ladenburg;* Mainz Gutenberg Museum, Chagall Windows; *Mannheim City Tour; * Nancy, France; *Schwetzingen Castle and Garden; *Speyer, Cathedral; * Strahlenburg by Schriesheim, *Strassbourg, France; *Weinheim; *Trier, Roman Ruins

Name: Outdoor Recreation: Camp Darby
Phone: 039-050-54-7225
DSN Phone: 633-7225
WWW Link: http://www.afcrossroads.com/dodinstall/local6.cfm?site_ID=2395&logo_ID=2
Proximity to site: 12 hrs from Heidelberg
Comments: Camp Darby comes under Livorno, Italy (Listed in SITES). Camp Darby is located on the eastern coast of Italy. Camp Darby has a guesthouse and cabins. Make early reservation

Name: Swimming Pool: Aquadrom
Address: Swimming Complex
City: 68766 Hockenheim
Phone: 06205-21600
Proximity to site: 15 minutes from Heidelberg
Comments: Water world with 6 large pools, indoor and outdoors. Wave pool, heated pools, mineral water pools, lap pools, wading pools and water slides. Hours of Operation: Monday - Saturday 1000 - 2200, Sunday 0900 - 2000

Name: Swimming Pool: Bellamar
Address: Swimming Complex
City: 68723 Schwetzingen
Phone: 06202-87235
Comments: Several pools, heated, lap pool, shallow pools with slides for children, whirlpools, inside and outside. Inside pool open all year. Outside pools, closed in the winter months. Hours of Operation: Sunday - Saturday 0700 - 2200.

Name: Tierpark (Animal Park)
City: Walldorf
Comments: This is a little animal park with a restaurant. Restaurant is closed on Mondays.

Name: Travel Tips
WWW Link: http://www.deutschland-tourismus.de/e/1493.html
Comments: Great resource. Enjoy Germany.

Name: Travel Tips: Accomodations
WWW Link: http://www.deutschland-tourismus.de/e/1592.html

Name: Travel the Scenic Routes
WWW Link: http://www.deutschland-tourismus.de/e/2766.html
Comments: The first "Vacation Route" was established in 1927 - the German Alpine Road. Designed to attract individual travelers, most, however, were founded after 1949. In 1950, "The Romantic Road" was first advertised overseas, and to this day, it remains the most famous of Germany's Scenic Routings. Also the German Fairy-Tale Route and the Castle Route are renown worldwide. A major advantage of these Scenic Routings is how they enable travelers to get acquainted with day-to-day life in Germany.

Name: Traveling by Bike
WWW Link: http://www.deutschland-tourismus.de/e/biking.html
Comments: Experience Germany in a new way. Bike riding makes it possible to really get the feel of the country and its people. Earth-friendly...active...varied...this is a way to escape the crowds and discover the rich culture and natural wonders of Germany. Most of the information is available in English.

Name: USO Rhein-Neckar
WWW Link: http://www.heidelberg.army.mil/leisure/tours.html
Comments: USO offers a variety of tours. For more information on USO refer to INFORMATION AND REFERRAL

Name: Web Link: Sportvereine -Sports Associations within Heidelberg
WWW Link: http://www.heidelberg.de/kultur/sportkal.htm

Military Related and Civic Organizations

Note: USOs are listed under LOCAL COMMUNITY- LOCAL TRANSPORTATION AND SUPPORT SERVICES-INFORMATION AND REFERRAL.

Within the 411th BSB about 45 private organizations are registered. Every year the 411th BSB hosts a CARE Fair, where every private organization is represented. It is also a major membership drive. The CARE Fair is scheduled for the first Saturday after Labor Day.

For a complete listing of private organizations and POCs contact ACS or 411th BSB

Name: American Womens' Activities Germany (AWAG)
E-Mail: awagnadm@yahoo.com
Comments: AWAG exists to train, strengthen and connect volunteers, their organizations and their communities. AWAG also publishes the best resource guide while stationed in Europe. " Never A Dull Moment" is a great resource available for newcomers, local information, European-wide travel and shopping. The books can be purchased from USO, Thrift Shop and HOCSC

Name: German - American Women Club
City: Heidelberg
Phone: 06221-700429; 06227-880767; 06224-75730
Comments: Members meet regularly. Locally the organization is known for hosting the PFENNIGBAZAAR, a second-hand fleamarket around February/March of each year.

Name: Heidelberg All Ranks Club (HARC)
Attn: Membership
City: CMR 419, Box 1641, APO AE 09102
E-Mail: HEIDELBERGALLRANKSCLUB@YAHOO.COM
Comments: The purpose of the club is to promote friendship and teamwork among members and to provide an organized means of supporting communities of the 26th ASG and various affiliates.

Name: Heidelberg Officer and Civilian Spouses' Club (HOCSC)
Address: Attn.: Membership
City: CMR 419, Box 1643, APO AE 09102
WWW Link: http://www.hocsc.com
Comments: HOCSC is known for hosting one of the biggest bazaars, the Holiday Bazaar during the Columbus weekend.

Name: Kontakt Club e.V.
Address: HQ 411th BSB
Attn.: PAO-Kontakt
City: Unit 29245, APO AE 09102
Phone: 06221-755133
WWW Link: http://www.aerztenet.de/kontakt.htm
Comments: German-American sponsored activity. The goal of this organization is to improve understanding between the German and the American community, through joint participation in social, educational, cultural and civic projects. A German conversation group is also available.

Name: North Atlantic Girl Scouts
Address: LOCAL MAILING ADDRESS: Bldg. 1002,: Stem Kaserne, Postfach 610212, 68232 Mannheim, Germany
City: APO MAILING ADDRESS: Unit 29242, APO AE 09102
Phone: 0621-487-7025/6961
FAX: 0621-4814157
DSN Phone: 375-7025/6961
E-Mail: gssecr@cmtymail.26asg.army.mil
WWW Link: http://www.gsusa.org/

Name: The Transatlantic Council Boy Scouts of America
Address: GERMAN ADDRESS: Bldg. 1002, Stem Kaserne, 68232 Mannheim-Seckenheim
City: APO ADDRESS Unit 29242, APO AE 09102
Phone: 0621-487-7087/4039
FAX: 0621-487-4002
DSN Phone: 375-7087/4039
DSN FAX: 375-4002
E-Mail: TACBSA@bsamail.org
WWW Link: http://www.TAC-BSA.org
Comments: To find out about dens and troops in your area contact the Transatlantic Council.

Name: Womens' International Group (WIG)
Phone: 06227-55203
WWW Link: http://www.w-i-g.de/
Comments: Monthly events include dine out, lunch out, cooking group, tours and special events.

Shopping

Shopping on the economy is similar to shopping in the States, but a little more expensive. The German stores have two big sales each year. These two-week

bargain periods (one starting on the last Monday in July, called Sommerschlussverkauf, and one starting the last Monday in January called Winterschlussverkauf), are excellent opportunities to get bargains on clothing. Do not forget to bring your own shopping bags, or you will have to buy them. Heidelberg has a large shopping district in the center of town. It features many shops, restaurants, pubs, museums, bakeries and more. Some of the major stores are Kaufhof, Horten, Woolsworth, C&A, and many smaller specialty stores.

If you spend more than EURO 80.00, be sure to bring your Value Added Tax (VAT) form, and check with the store to see if they will accept it. If they do, this form will save you the MEHRWERTSTEUER(Mwst) (VAT tax) of 16%. For more information on VAT refer to REGULATION

Name: Artisan's Boutique
Address: Community Support Center, Bldg. 3815
City: Heidelberg
Phone: 06221-57-6304/7868
DSN Phone: 370-6304/7868
Comments: Hours of Operation: Tue -Sat 1100-1700 Sells hand made crafts.

Name: Electronics and Computer Stores
City: Heidelberg
Comments: MEDIA MARKT is located just outside of Patton Barracks. PRO MARKT is located across from BISMARCKPLATZ walking towards the THEODOR-HEUSS-BRUECKE (bridge).

Name: IKEA - A Scandinavian Furniture Store
City: Walldorf
WWW Link: http://www.ikea.de

Name: Parking of Automobiles
Comments: Parking is difficult at times. The city recommends using public transportation instead. If you do choose to park downtown, insure that you pick up your car before the PARKHAUS (Parking Garage) closes. Most parking areas are not free of charge.

Name: Shopping in and around Heidelberg
Comments: The Hauptstrasse is the main shopping area. Familia Center and Rhein-Neckar-Zentrum are two popular Shopping Centers. Familia Center is in Rohrbach-Sued and close to MTV. Rhein-Neckar-Zentrum is in Viernheim close to Benjamin Franklin Village (BFV), Mannheim.

Name: Thrift Shop
Address: PHV Bldg. 4503
City: Heidelberg
Phone: 06221-767991
Comments: The Thrift Shop is a great and inexpensive store for transformers, 220V items and clothes. The administration is always in need of volunteers. Hours of Operation: Tue and Wed 0930-1430; Thur 1500-2000; Every first and third Saturday 0930-1300

State and Community Social Service Agencies

Many German Social Services can be found in the surrounding community but they predominately offer their services only in the German language and are naturally directed toward the German population. However, several agencies have an agreement or working relationship with military health services. The Army Health Clinic also employs the services of a German-speaking liaison to facilitate as necessary.

NOTE:

Anyone who suspects that child or spouse abuse has occurred may report this by calling Social Work Services during duty hours at DSN 370-2680/2534 or civilian 06221-17-2680/2534. After duty hours, reports are received through the hospital emergency room at DSN 370-2891/2757 or Comm.06221-17-2891/2757 or the MP station at DSN 388-2333 or Comm.06221-338-2333.

In order for individuals to feel free to report suspected cases, a promise of confidentiality can be given to not reveal the person's identity to the alleged abuser. The shelter is open to battered spouses, whose safety cannot be otherwise assured. This program offers battered spouses individualized assistance and support in developing safety plans, identifying and achieving personal goals and objectives, and overcoming logistical difficulties. The victim advocate provides support and guidance with legal and law enforcement proceedings, and refers victims to appropriate on- and off-post agencies. Spouse

Abuse Victim Advocacy Safe-Haven Shelter. The Emergency Placement Care Program provides children with a temporary home during family crises.

Name: Adolescent Substance Abuse Counseling Services (ASACS)
Address: Roemer Strasse 104 (down the street from Auto Joncker)
City: Heidelberg
Phone: 06221-57-1710
DSN Phone: 370-1710
WWW Link: http://www.asacs.org/
Comments: Hours of Operation: 0730-1630 1. Services also available at the Heidelberg High School. Phone: 06221-309431, DSN 370-8004. 2. Middle School Phone: 06221-338-9314 DSN 388-9314.

Name: Dept. of Psychiatry & Psychology (Child & Adolescent)
Address: Nachrichten Kaserne, Hospital Complex
City: Heidelberg
Phone: 06221-17-2690/2607
DSN Phone: 371-2690/2607
Comments: Hours of Operation: Mon-Fri 0800-1630

Name: Family Advocacy - Hospital
Address: Nachrichten Kaserne, Hospital Complex
City: Heidelberg
Phone: 06221-17-2078/2084
DSN Phone: 371-2078/2084
Comments: Hours of Operation: 0730-1630 Services include: group counseling, marriage counseling, single parent counseling, sexually abused children counseling, adoption referral, problem pregnancy counseling and child and spouse abuse counseling and Family Advocacy. On call 24 hours daily contact hospital emergency room at Comm. 06221-17-2891, DSN 371-2891 SAFEHAVEN: (shelter) DUTY HOURS: For referral contact: Building 3265, Hospital: Phone: DSN 371-2534/2680, Monday-Friday, 0730-1630 AFTER DUTY HOURS: Hospital Emergency Room: DSN 371-2891, Comm. 06221-17289 or Military Police, DSN 388-2333/2222/2444 Comm. 06221-678-2333/2222/2444

Name: Family Advocacy Program- ACS
Address: Community Support Center, Bldg 3850
City: Heidelberg
Phone: 06221-57-6883/6975
Comments: Programs and services available include: Parenting with Love and Logic, Strengthening Your Step Family, Parents Learning About Infant Development (PLAID), Foster Care, Stress Management Seminars, and Single Parent Support groups. For more information refer to FAMILY ADVOCACY.

Name: Family Life Center
Address: Tompkins Barracks, Bldg 4260
City: Schwetzingen
Phone: 06202-80-6488
DSN Phone: 379-6190
Comments: Services include: spiritual counseling, family life counseling, marriage counseling and personal problem counseling.

Non-Profit Social Service Agencies

Name: American Red Cross AFTER DUTY HOURS
Phone: 07031-15334
FAX: 07031-15488
DSN Phone: 431-2334
DSN FAX: 431-2488
E-Mail: Redcross-com@cmtymail.6asg.army.mil

Name: American Red Cross (ARC)
Address: Community Support Center, Bldg 3850, Basement
City: Heidelberg
Phone: 06221-57-1760
FAX: 06221-57-3306
DSN Phone: 370-1760
DSN FAX: 370-3306
E-Mail: Redcross-hei@26asg.heidelberg.army.mil
WWW Link: http://www.redcross.org
Comments: Hours of Operation: Mon -Fri 0830-1630 Red Cross is a vital link to families around the world. ARC offers emergency services to the military community. On a regular basis ARC offers classes such as CPR, First Aid and babysitting classes. Adult and youth volunteers assist in all facets throughout the community including medical and dental dispensaries, housing, schools, AIDS awareness programs, casework and more. ARC also encourages every ID card holder to send a Red Cross card (Form 5651) back to your family in the States, so they can contact you quickly in case of an emergency. Give them your duty NCO/Officer phone number and your physical location during the day and evening, your Social Security Number. In case of an emergency the family will need to know the soldier's full name, Social Security Number, and nature of emergency.

Religious Activities

For more information on this subject:

Chapel Services

<http://www.26thasg.heidelberg.army.mil/Chapel/chapelHed.htm>

Military chaplains representing all faiths are available to assist you. Services include spiritual counseling, family life counseling, marriage counseling and personal problem counseling. Several English speaking churches operate also off-post. For information concerning religious schedules and activities, and off-post religious activities call the

Community Chaplain's Office. Chaplain's offices are also at the V Corps and USAREUR level:

V Corps Campbell Barracks
Phone: DSN 370-5805/5800

USAREUR Campbell Barracks
Phone: DSN 370-7119/7359

Name: 26th ASG Family Life Center
Address: Tompkins Barracks, Bldg 4260 Schwetzingen
Phone: 06202-80-6488
DSN Phone: 379-6190
Comments: Services include: spiritual counseling, family life counseling, marriage counseling and personal problem counseling.

Name: HD: Off-Post English-Speaking Churches
Comments: CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS: Schroederstrasse 94, 69126 Heidelberg; Phone: 06221-401884 HEIDELBERG GOSPEL CENTER Fabrikstrasse 13, 69126 Heidelberg; Phone: 06227-52281 CHURCH OF CHRIST Steubenstrasse 17, 69126 Heidelberg; Worship Service: 1500 CALVARY BAPTIST CHURCH Im Bosseldorn 23a, 69126 Heidelberg; Phone: 06221-314230 GRACE INTERNATIONAL BAPTIST CHURCH Industriestrasse 11, 69207 Sandhausen; Phone: 06224-52295 CHURCH OF CHRIST Max-Josef-Weg 5, 69181 Leimen; Phone: 06227-880445 SOLID ROCK BAPTIST CHURCH Kirchenstrasse Heidelberg; Phone: 06221-761858

Name: Mark Twain Village Chapel
Address: MTV, Bldg 3745
City: Heidelberg
Phone: 06221-57-8434/8448
Comments: CATHOLIC Mass: Monday, Wednesday and Friday, 1205; Saturday, 1700; Sunday, 0900 Reconciliation: Saturday, 1600 JEWISH Worship: Friday, 1930 Potluck: every fourth Friday, 1830 PROTESTANT Worship: Sunday, 1045 GOSPEL PROTESTANT Worship: Sunday, 1230 KOREAN PROTESTANT Worship: Sunday 1600

Name: Nachrichten Kaserne Chapel
Address: Nachrichten Kaserne Bldg 3616
City: Heidelberg
Phone: 06221-17-2092/2093
DSN Phone: 373-2092/2093
Comments: EPISCOPAL Worship: Sunday, 1030 Phone: DSN 380-1570 or comm. 0621-730-1570 LUTHERAN Worship: 0900 ASSEMBLY OF GOD Location: Heidelberg Middle School Worship: Sunday, 1000 Phone: 06227-62866

Name: Patrick Henry Village Chapel
Address: PHV, Bldg 4501
City: Heidelberg
Phone: 06221-338-9272
DSN Phone: 388-9272
Comments: CATHOLIC Mass: Sunday, 1200; Monday-Thursday, 9 a.m. PROTESTANT Worship: Sunday, 0945 SPANISH PENTECOSTAL Worship: Sunday 1345

Name: Patton Barracks Chapel
Address: Patton Barracks, Bldg 135
City: Heidelberg
Phone: 06221-17-8043/6031
Comments: UNITARIAN UNIVERSALIST POC: (06205-922587) Worship: first and third Sunday, 1:30 p.m., September through May

Name: Tompkins Barracks Chapel
City: Schwetzingen
Comments: SEVENTH-DAY ADVENTIST Worship: Saturday, 1000

Community Transportation

For more information on this subject:

Transportation in Germany

<http://www.deutschland-tourismus.de/e/1594.html>

All German cities have developed an excellent network of surface and underground transportation. With buses, subways and rapid-transit railways, destinations can be reached quickly and easily at a reasonable price.

There are equally efficient networks beyond the local city limits, which offer the same benefits throughout the region at good prices with high quality and safety standards.

1. VERBUND RHEIN NECKAR (VRN)

The hub for all the public transportation companies from Kaiserslautern to Bad Schoenbronn (about the size of Massachusetts) is named "Verbund Rhein Neckar" (VRN).

The companies HSB, BRN, OEG and SWEG service the greater area of HEIDELBERG

"Heidelberger Strassen und Bergbahn AG" (HSB) operates 4 streetcar lines and a multitude of different bus lines. "Busverkehr Rhein Neckar AG"(BRN) and "Suedwest Energiegesellschaft"(SWEG) service the small local towns around Heidelberg. Connections are convenient and timely. OEG runs street car route 5R from Mannheim, to Heidelberg and Weinheim. Also stops at Benjamin Franklin Village, Mannheim-Kaefertal. All military kasernes have local transportation stops/service nearby.

PRICING:

Distances and pricing are assessed using a zone-system. These octagonal zones are called "Waben" or web-sections. The more web-sections you travel through, the more expensive the ticket. Several different kinds of tickets can be purchased, depending on the number of travelers and the kind of ticket you wish to purchase. Tickets purchased from one transportation company can be used for travel with the others.

PURCHASE and VALIDATION:

You can either buy your ticket from a ticket machine or from the driver. You can also buy a weekly, monthly or yearly pass from a ticket booth. Tickets must be stamped in order to make them valid, and you must have them stamped before you sit down. You will find orange, red or blue stamping machines in the front, middle and rear of buses and streetcars. Checks are made regularly for valid tickets.

SCHEDULE and GETTING ON THE RIGHT BUS:

Schedules are posted at every stop.

A. Every stop has it own name.

B. Every route has an assigned number.

C. Every route is identified by first and final destination.

D. The final destination and route number is displayed on the bus

FOR EXAMPLE:

A. The names of the bus stops on PHV are PHV Elementary School and PHV Middle School.

B. PHV is located on the route 717.

C. SPEYER to HEIDELBERG and HEIDELBERG to SPEYER

In order to travel downtown from PHV you have to take the bus 717 to Heidelberg. The bus will show a display 717 Heidelberg.

In order to travel from downtown to PHV you have to take the bus 717 to Speyer. The bus will show a display 717 Speyer.

BOARDING AND EXISTING:

In order to exit the bus a STOP button has to be pushed shortly before the stop. The bus will not stop at every stop. Once the button has been pushed, the bus will stop at the next bus stop. On most streetcars and busses a button located close to the exit/ entrance has to be pushed first in order for the doors to open.

2. TAXIS:

There are two cab systems - taxis and "minicars." The taxis carry the taxi sign. The initial tariff price (the price you begin with) is about DM 3,80. Each kilometer costs about DM 1,60. The other minicar services cost a bit less, but you must always phone to order them. Tips are included in the taxi fare, either round off the fare to the next highest DM or add DM 1 to every DM 10 fare.

3. TRAINS:

Taking the train is a fast way of getting to your final destination, very comfortably. The train gives you room to stretch, walk around, read or watch the scenery rolling past. High-speed trains like ICE or IC offer comfortable transportation from downtown to downtown cruising with a speed of up to 180 mph. If you want to see Europe, a rail pass will not only save time but money also. Contact your local travel office for information on rail passes. Refer to TRANSPORTATION-SATO

Name: : Getting Around Heidelberg: Bus and Street Car Routes -Shuttle Bus
E-Mail: Email : aeusg-hd-lo-tmp@heidelberg-emh11.army.mil
WWW Link: http://www.heidelberg.army.mil/news/Shuttlebus1.html
Comments: The shuttle bus has a red and green route. For departure times refer to Web-link.

Name: Directions to Heidelberg
Address: Heidelberg is centrally located in Germany and easy to be reached by train, plane or car.
WWW Link: http://www.cvb-heidelberg.de/english/transp.html
Comments: TRAIN: Heidelberg's centrally located railway station is situated only a few minutes (by car or public transportation) from the Old Town. Express Services to all countries in Europe by ICE (directly or via Mannheim), IC/EC or Interregional trains. PLANE Frankfurt International Airport and Rhein-Main Air Force Base are located 80 km (60 miles) from Heidelberg. TRANSFER FROM FRANKFURT BY 1. AIRPORT SHUTTLE SERVICE (Door-to-door) TLS Transfer & Limousine Service Travel time: 1 hrs Phone: 06221 - 77 00 77, Fax: 06221 - 77 00 70 2. LUFTHANSA AIRPORT BUS To and from Crown Plaza Hotel.(Address: Kurfuerstenanlage 13, Heidelberg) to Frankfurt Airport, Terminal B. Lufthansa passengers can also check-in at Heidelberg. Please consult Heidelberg Marriott Hotel for departure times. Travel time: 1 hrs 3. S-BAHN Take S-Bahn train from International Airport Frankfurt to Frankfurt Main Train Station. Traveltime:(10 min.). Change into train directly to Heidelberg. Travel time: (52 min.). 4. CAR Coming from Frankfurt follow direction Darmstadt, Karlsruhe, Basel. (A5, then A 656, exit Autobahn intersection Heidelberg, make a right turn at first street light and follow signs for US Facilities. Or take Heidelberg/Schwetzingen exit follow signs to US facilities.

Name: Getting Around Heidelberg: Bus and Street Car Routes
WWW Link: http://www.vrn.de/frames/fahrplan/index.html
Comments: BISMARCKPLATZ (Bismarck Square) and HAUPTBAHNHOF (main train station) are the main stops in Heidelberg. Most installations can be reached by public transportation. VRN provides a web link for planning individual itineraries (German). The stops are not named after military installations.

Name: Getting Around Heidelberg: Bus and Street Car Routes
Address: From Bismarckplatz to Hauptbahnhof
Comments: From Bus Stop:Hauptbahnhof to Bus Stop:Bismarckplatz: Bus#34 Direction: Ziegelhausen/ Bus #41 Direction: Universitaetsplatz / Bus#42 Direction: Universitaetsplatz/ Streetcar#2 Direction: Bismarckplatz/ Streetcar#5/5R Direction: Viernheim, Bahnhof OEG From Bus Stop: Bismarckplatz to Bus Stop: Hauptbahnhof: Bus#34 Direction: Wieblingen/ Bus #41 Direction: Walldorf/ Bus#42 Direction: Sandhausen-St. Ilgen/ Streetcar#2 Direction: Eppenheim/ Streetcar#5/5R Direction: Weinheim, Bahnhof OEG

Name: Getting Around Heidelberg: Bus and Street Car Routes -Community Support Center-
Comments: From Bismarckplatz or Hauptbahnhof: Streetcar #2 Direction: Eppenheim, Bus Stop: Czernybruecke Sued. Walk by the fence towards the green tower. From Community Support Center to Bismarckplatz or Hauptbahnhof: Streetcar #2 Direction: Bismarckplatz Bus Stop: Bismarckplatz or Hauptbahnhof From other Installation: Shuttle Bus

Name: Getting Around Heidelberg: Bus and Street Car Routes -Nachrichtenkaserne--
Address: US Hospital
Comments: From Bismarckplatz to Hospital: Take Streetcar #4 Direction Rohrbach Sued. Bus Stop: Freiburger Strasse or Ortenauer Strasse. From Hospital to Bismarckplatz: Take streetcar #4 Direction Handschuhsheim. Bus Stop:Bismarckplatz From Hauptbahnhof to Hospital: Take streetcar #3 Direction Leimen; Bus Stop: Freiburger Strasse or Ortenauer Strasse From Hospital to Hauptbahnhof: Take streetcar #3 Direction Handschuhsheim From or to Community Support Center: Shuttle Bus

Name: Getting Around Heidelberg: Bus and Street Car Routes -Patton Barracks-
Comments: From Bismarckplatz to Patton Barracks: Bus #41 Direction: Walldorf or Bus #42 Direction: Sandhausen/St. Ilgen. Bus Stop: Kircheimer Weg From Patton Barracks to Bismarckplatz: Bus #41 or 42 Direction: Universitaetsplatz, Bus Stop: Bismarckplatz From Hauptbahnhof to Patton Barracks: #41 Direction: Walldorf or Bus #42 Direction: Sandhausen/St. Ilgen. Bus Stop: Kircheimer Weg From Patton Barracks to Hauptbahnhof: Bus #41 or 42 Direction: Universitaetsplatz, Bus Stop: Hauptbahnhof From or to Community Support Center : Walking or Shuttle Bus

Name: Getting Around Heidelberg: Bus and Street Car Routes- -Mark Twain Village-

Comments:

From Bismarckplatz to MTV: Bus #29 Direction: Boxberg: Bus Stop: Feuerbach Strasse,or Nansenstrasse,or Saarstrasse

From MTV to Bismarckplatz: Bus #29 Direction: Bismarckplatz, Bus Stop: Bismarckplatz

From Hauptbahnhof to MTV: Streetcar #3 Direction: Leimen Bus Stop: Rheinstrasse, Walk Down the Rheinstrasse until you see MTV

From MTV to Hauptbahnhof: Street Car #3 Direction: Handschuhsheim, Bus Stop: Hauptbahnhof (Have someone point you in the right direction towards Rheinstrasse)

From or to Community Support Center : Shuttle Bus or Walking

Name: Getting Around Heidelberg: Bus and Street Car Routes- Patrick Henry Village-

Comments:

From Bismarckplatz to PHV:
First take either mode of transportation Bus#34 Direction: Wieblingen/
Bus #41 Direction: Walldorf/
Bus#42 Direction: Sandhausen-St. Ilgen/
Streetcar#2 Direction: Eppelheim/
Streetcar#5/5R Direction: Weinheim, Bahnhof OEG
Bus Stop: Hauptbahnhof.
Then take BRN Bus 717, Direction: Speyer.
Bus Stop: PHV Elementary School or PHV Middle School

From PHV to Bismarckplatz:
First: BRN Bus 717 Direction: Heidelberg. Exit at Bus Stop: Hauptbahnhof. Then take either mode of transportation
Bus#34 Direction: Ziegelhausen/
Bus #41 Direction: Universitaetsplatz /
Bus#42 Direction: Universitaetsplatz/
Streetcar#2 Direction: Bismarckplatz/
Streetcar#5/5R Direction: Viernheim, Bahnhof OEG
Bus Stop:Bismarckplatz

From or to Community Support Center: Shuttle Bus

Name: Getting Around Heidelberg: Bus and Street Car Routes--Campbell Barracks- Community Support Center-

Comments:

From HD Bismarckplatz to Campbell Barracks: Bus #29 Direction Boxberg. Bus Stop: Saartrasse

From Campbell Barracks to Bismarckplatz: Bus #29 Direction Bismarckplatz. Bus Stop: Bismarckplatz

From Heidelberg Hauptbahnhof to Campbell Barracks:
Streetcar #4 Direction Rohrbach, Sued. Bus Stop: Marktscheide.
Campbell Barracks will be down the street.

From Campbell Barracks to Hauptbahnhof: Streetcar #4 Direction: Handschuhsheim, Bus Stop: Hauptbahnhof

From Community Support Center: Take Shuttle Bus or walk (15-20 minutes)

Name: Getting Around Heidelberg: Bus and Street Car: Purchase of Tickets

WWW Link:

<http://www.vrn.de/frames/tarif/index.html>

Comments:

Tickets machine can be found at every major stop. Tickets can also be purchased from the driver. For most Americans residing in Heidelberg the 24 Stunden Plus Ticket (24 hour plus ticket) is sufficient.

Name: Getting Around Heidelberg: Directions to American Facilities and Economy Shopping Opportunities

Comments:

1.AMERICAN FACILITIES IN MANNHEIM

From Patrick Henry Village (PHV), take Autobahn 5 (A5) towards Frankfurt. Then take A656 towards Mannheim. From Mark Twain Village (MTV) get on A656 just after the ESSO gas station, just over the bridge from the shopping center. Once on A656, exit at A6 in the direction of Saarbruecken. Get off A6 at the A659/B38 Mannheim/Viernheim exit. Take the second off ramp to the right which loops under A 6. Take the next exit towards Vogelstang/Kaefertal, but continue on this off ramp road. **DO NOT GO TOWARDS VOGELSTANG.** The Mannheim PX is on the right.

2.MANNHEIM FACILITIES TO HEIDELBERG

Turn right when leaving PX/Commissary parking lot. Take an immediate right after crossing the street-car tracks and go right again at the next traffic light. Follow the blue and white Autobahn signs, taking a right to enter A659 / B38. Take the next exit onto A6 in the direction of Basel. Take the next exit onto A656 towards Heidelberg. To get to MTV stay on A656 into Heidelberg. To get to PHV, exit off A656 on A5 towards Karlsruhe / Basel and get off at the PHV exit.

3.FRANKFURT MAIN TRAIN STATION (HAUPTBAHNHOF)

Take A5 towards Frankfurt. Go past the airport (Flughafen) exit. Exit at Frankfurt West Kreuz and then bear right onto Wiesbadener Strasse / A648. Continue on Wiesbadenerstrasse, then take a right onto Friedrich-Ebert-Anlage/B44. This will lead to the Hauptbahnhof - watch for signs. An alternative is to go to the Frankfurt Airport, go downstairs and take the S-Bahn (subway) marked Hauptbahnhof .

4.FRANKFURT AIRPORT

Take A5 towards Frankfurt. Follow signs to Flughafen (airport). When nearing the terminal, watch for the Abflug (departure) or Ankunft (arrival) signs depending upon which area of the terminal you want. To leave the Airport, get in the Ausfahrt (exit) lane. You will go through several intersections. Follow the white on blue autobahn signs. At the traffic circle, follow the signs for A5 direction Karlsruhe/Basel. On A5 there will be exits for Mannheim, Worms, and Heidelberg.

5.RHEIN-MAIN AIR BASE

Take A5, direction Frankfurt. Exit at Zeppelinheim and follow signs to the Air Base.

6.LANDSTUHL MEDICAL CENTER

Take A6 towards Saarbruecken. Stay on A6 past Kaiserslautern to the Landstuhl exit. Continue into Landstuhl, following the signs (up the mountainside) to the US facilities.

7. MASSA SHOPPING CENTER IN HOCKENHEIM/TALHAUS

Take A5 direction Karlsruhe/Vasel and exit at the Walldorf/Wiesloch exit ramp. Go right onto B39 in the direction of Hockenheim. Take the Hockenheim-Mitte exit and continue through Hockenheim, then follow the signs to Hockenheim/Talhaus. Massa is on the left.

8. RHEIN-NECKAR ZENTRUM IN VIERNHEIM (A shopping mall with many stores.)

Take A656 direction Mannheim. Then take A6 towards Frankfurt. Merge onto A659/B38 Viernheim/Weinheim and exit at the Rhein Neckar exit. Follow the signs to the Rhein-Neckar Zentrum.

9. GLOBUS/UNGER IN WIESENTAL (Globus has groceries, accessories, etc. Unger is a large furniture store.)

Take A5 towards Karlsruhe/Basel, and exit at the Kirrlach-Kronau-Waghaeusel exit ramp. Go right onto B292, following signs to Kirrlach. In Kirrlach go left at the light onto B36 direction Karlsruhe. Continue on, Unger and Globus will be on your left.

10.MANN MOBILIA AND WALLMART IN MANNHEIM (Mann Mobilia is a large furniture store.

Take A6 towards Frankfurt and exit at A659(the Viernheim/Weinheim off ramp) and take the first right. You will see a sign for Walmart and Mann Mobilia. Take a left at the light and continue across A659 and enter as if coming back onto A659. Stay in the right hand lane, parallel to A659 and follow sign to Walmart. Mann Mobilia is next door.

11. IKEA (Scandinavian Furniture Store)

Take A5 towards Karlsruhe/Basel and exit at Walldorf exit sign. Follow sign to Walldorf and IKEA.

Name: Traveling by Air
Address: Frankfurt Flughafen - Frankfurt International Airport :
Airline Phone Numbers
Comments: >Call Frankfurt International Airport for specific phone numbers. Phone: 069-690-0

Name: Traveling by Air into Germany
Address: Frankfurt International Airport USO (United Services Organisation)
City: Frankfurt/Main
Phone: 069-691581
DSN Phone: 330-6300/6011/
E-Mail: uso@rheinmain.af.mil
Comments: LOCATION The USO is located in Terminal 1, Arrival C Hours of Operation: Mon-Sun 0700-1500; American Holidays: 0700-1300; Closes New Year's Day. Services available: Beverages, computer access, DSN phone lines, assistance in arranging transportation. THERE TO HELP YOU

Name: Traveling by Air into Germany
Address: Frankfurt International Airport
City: Frankfurt/Main
WWW Link: http://www.frankfurt-airport.de/
Proximity to site: 50 minutes from Heidelberg
Comments: FOR INCOMING SOLDIERS: If you are arriving at the Frankfurt International Airport, contact the 64th Replacement Battalion located in the airport to arrange transportation to Heidelberg. Shuttle bus departs at 1300 Mon - Friday to Heidelberg. FOR CIVILIANS AND VISITORS COMING IN: >USO is located in the airport for any additional information and assistance you may need. >USO is also an ideal meeting point incase the parties have missed each other. >Lufthansa operates a shuttle bus, which leaves hourly to Heidelberg Mariott Hotel (Close to the Community Support Center). >A train station is located in the airport as well.

Name: Traveling by Air into Germany
Address: Rhein-Main-Air Force Base USO
City: Frankfurt/ Main
Phone: 069-699-6224
DSN Phone: 330-6424
E-Mail: uso@rheinmain.af.mil
Comments: LOCATION: Terminal, 2nd Floor THERE TO HELP YOU

Name: Traveling by Ship
WWW Link: http://www.deutschland-tourismus.de/e/2436.html
Comments: Explore Germany along its rivers via ship. Experience scenic and architectural beauty in the midst of complete nature.

Name: Traveling by Ship
Address: Rhein-Neckar-Fahrgastschiffahrt (Rhine-Neckar Boat Trips)
departs from
City: Heidelberg
Phone: 06221-20181
FAX: 06221-20211
Comments: The season runs from Easter to middle of October. Reduced schedule up to June 1 and after September 1. All trips narrated in English, German, and French. Small restaurant on board. Special tours for the Castle illuminations and fireworks. Also available: riverboat parties with live music. 1. Heidelberg-Neckarsteinach-Heidelberg: Duration: 3 hours 2. Tour of Heidelberg: For groups of 25 or more Duration: 40 minutes 3. Neckar Valley: For groups of 35 or more with advance reservations Duration: 1.5 hours

Name: Traveling by Ship in Germany
Address: Kurpfalz Personenschiffahrt GbR Rheinuferstr. 20
City: 67061 Ludwigshafen
Phone: 0621-799 26 4-0/1
FAX: 0621-799 26 42
E-Mail: kurpfalz.schiff@t-online.de
WWW Link: http://www.kurpfalz-personenschiffahrt.de/
Comments: Boat Travel with Kurpfalz during 2001 For more detail contact the company.

Name: Traveling by Train
Hauptbahnhof (HBf) Heidelberg
City: Heidelberg
WWW Link: http://www.bahn.de/pv/uebersicht/die_bahn_international_guests.shtml
Comments: The railway system enables everyone to travel comfortably to their destination. There are good connections to both distant and local areas. Airports are also merged into this system. There are 60 different connections to the neighboring European countries that originate daily in Germany. The customs clearance usually takes place on the train once it has left the station. A European bus service completes the railway system. It offers special connections on particularly interesting routes to tourists. Information regarding the bus system is also available in each travel agency.

Education

Education Overview

EDUCATION of CHILDREN: Department of Dependents Educational Activities (DODEA) or DODDS-E provide a schooling for kindergarten, elementary middle and high school students to the children of Department of Defense military and civilian stationed in Europe. American children may attend German schools free or at little cost in the area where they live. It is easy for very young preschool age children to adapt to the new language and curriculum. However, older children often have a difficult time as teaching methodology as well as language are very different from American institutions. Home schooling is another option for educating children while stationed in Europe.

UNDERGRADUATE AND GRADUATE PROGRAMS:

Heidelberg offers an excellent opportunity for continuing education while in Germany. Two-year, four-year, and master degree programs are offered from a variety of universities and colleges.

Heidelberg just started E-ARMY-U and is the the only OCONUS site. Call the Education Center for more information.

For students who cannot fit traditional programs into their schedules, video and distance by education (e-mail) courses are offered. Educational opportunities for students following graduation from high school are either with various colleges who have representative within the military education centers, or universities located throughout Europe, which offer classes and degrees in English. Local universities are excellent schools. Instructions are all in German. Two private universities in the state of Baden-Wuerttemberg offer programs conducted in English.

INTERCULTURAL AND LANGUAGE PROGRAMS:

Deutsch-Amerikanisches-Institut (DAI), another organization offers a Business and Intercultural Resource Center, English as a second language (ESL) along with promoting the understanding of Americans and Europeans. Various educational institutions offer German language programs.

Financial Aid:

Education Centers offer Counseling for tuition assistance, GI Bill, Federal Financial Aid and local scholarships.

Name: Heidelberg Education Center
Address: Patton Barracks, Bldg.106 Heidelberg
City: Unit 29237, APO AE 09102
Phone: 06221-17-6176/8660
DSN Phone: 373-6176
DSN FAX: 373-6632
Comments: Hours of Operation: Mon - Fri 0730-1630. Ask about E-ARMY-U, the modern way of obtaining a college degree.

Name: Tompkins Education Center
Address: Tompkins Bks, Bldg 4236 Schwetzingen
City: Unit 29056, APO AE 09081
Phone: 011-49-6202-80-7696
DSN Phone: 379-7696
Comments: Hours of Operation: Monday through Friday 0730-1630.

Public and DODDS Schools

For more information on this subject:

<http://www.heid-dso.odododea.edu/>

SCHOOLS:

For information on Preschool Programs refer to CHILD AND TEEN SERVICES.

Heidelberg has two elementary schools, one located on Mark Twain Village (MTV) and the other on Patrick Henry Village (PHV), one Middle School located on PHV and one High School located on MTV. About 2750 students attend schools within the 411th BSB. The schools come under the Heidelberg School District.

ELIGIBILITY: Soldiers and federal service employees hired from the USA are allowed to use DODDS schools free of tuition. Effective school year (SY) 2002-03 a tuition waiver granted equal enrollment priority to dependents of appropriated fund (APF) full-time, local-hire employees and NAF full-time, local-hire employees. Sponsor may still be required to submit the following documents until further instructions are given: Sponsor's SF50, Sponsor and student ID cards, Transportation Agreement or latest LES, PCS orders and Previous school records, and Immunization records

SCHOOL CALENDAR:

The 2002-2003 DODDS school year starts 26 August 2002. Winter recess is from 24 December 2002 to 6 January 2003. Spring Break will begin 5 April 2003, and will end 14 April 2003. The school year ends 13 June 2003.

TRANSPORTATION:

For many students residing off post transportation to and from school is provided. For more information refer to Transportation Office.

SCHOOL LUNCH PROGRAM: With the exception of the Heidelberg High School every school serves lunch. Lunch coupons are sold at the Main PX and shoppettes.

REDUCED LUNCH PROGRAM: Families meeting certain financial criteria may qualify for the reduced lunch program. Application can be picked up from the School Liaison Officer located in Bldg. 3850, Community Support Center.

PARENT INVOLVEMENT:

Each school has an active School Advisory Committee (SAC) and Parent/ Teacher/ Student/ Association (PTSA). Some PTSAs are also members of the EUROPEAN CONGRESS OF AMERICAN

PARENTS, TEACHERS AND STUDENTS (ECAPTS).

HOMESCHOOLING:

DOODS-E supports home schooling in many ways. For additional information refer to PRIVATE SCHOOLS

PLEASE NOTE: Students 6 - 18 years of age attending a host-nation school or being home schooled **MUST** be registered with the 411th BSB HEIDELBERG School Liaison Officer. Registration form can be picked up at any DOODS school and must be turned in within 4 weeks after arriving in USAREUR.

Name: 1. Web Link: Military Child Education Coalition
WWW Link: http://www.militarychild.org/
Comments: We are building a coalition of military installations and departments, school districts, professionals and parents who want to support the educational needs of all military children. Our mission is to establish partnerships and provide networking of schools and military installations for the purpose of establishing support systems and developing processes which address transition and other educational issues related to the military child.

Name: 2. DODEA School Calendar 2002-2003**Comments:**

Aug. 26 First day of school

Sept. 2 Labor Day holiday, no school

Sept. 5 Open house, both elementary schools

Sept. 12 Open house, Heidelberg Middle School

Sept. 16 SIP, no school

Sept. 19 Open house, Heidelberg High School

Oct. 11 Teacher in-service day, no school

Oct. 14 Columbus Day holiday, no school

Oct. 31 End of first quarter

Nov. 1 Teacher work day, no school for students

Nov. 4 Begin second quarter

Nov. 5-8 Kindergarten parent-teacher conferences, both elementary schools

Nov. 7-8 Parent-teacher conferences, both elementary schools

Nov. 8 Parent-teacher conferences, Middle School and High School

Nov. 11 Veterans Day holiday, no school

Nov. 28-29 Thanksgiving recess, no school

Dec. 23-Jan. 5 Winter recess, no school

Jan. 6 Instruction resumes

Jan. 17 Teacher in-service day, no school

Jan. 20 Martin Luther King, Jr. holiday, no school

Jan. 23 End of second quarter and first semester

Jan. 24 Teacher work day, no school for students

Second Semester

Jan. 27 Begin third quarter and second semester

Jan. 31 Parent-teacher conferences Patrick Henry Elementary School, Mark Twain Elementary School and Heidelberg Middle School

Feb. 17 Presidents Day holiday, no school

March 14 Teacher in-service day, no school

April 3 End of third quarter

April 4 Teacher workday, no school for students

April 7-13 Spring recess

April 14 Instruction resumes

April 18 Parent teacher conferences, Mark Twain Elementary School, Heidelberg High School

May 23 Teacher in-service day, no school for students

May 26 Memorial Day holiday, no school

June 12 End of fourth quarter and second semester

June 13 Teacher workday, no school for students

School Advisory Council meetings:

Patrick Henry Elementary School, second Thursday of each month, 3 p.m.

Mark Twain Elementary School, third Wednesday every other month, 3 p.m.

Heidelberg Middle School, second Wednesday of each month, 3:30 p.m.

Heidelberg High School, first Thursday of each month, 3 p.m.

Installation Advisory Council Meetings (all at 3:30 p.m.):

Heidelberg Middle School, Nov. 20

Heidelberg High School, Jan. 22

Mark Twain Elementary School, March 26

Patrick Henry Elementary School, May 21

Name: Department of Defense Dependent Schools (DODDS)
Address: Transportation- School Bus Office PHV, Bldg, 4493
City: Unit 29237, APO AE 09102
Phone: 06221-338-9335 or 06221-760852/763308
FAX: 06221-762043/Answering mashine:06221-763178
DSN Phone: 388-9335
Comments: Children residing in the housing areas do not receive transportation. Bus Services are provided to children residing off-post and across from MTV. You will not see the Yellow School Busses. DODEA has contracted commercial busses to provide those services. Every child who requires transportation to one of the 4 schools will need a bus pass. Riding the bus is a privilege and can be revoked if the child does not follow certain rules. After the child has been registered with the school the child can be registered with the Heidelberg School Bus Office. WHAT TO BRING: -One (1) picture for each child/child's legal name/date of birth (DOB) -Child's Social Security Number -Child's grade and school attending -Sponsor's name/rank/DROS/unit or organization -Home address/mailling address -Sponsor's work phone number/home phone number -Spouse s work phone number -Emergency contact person's name/phone/address -If you are going to have a permanent pick-up or drop-off, other than your home address, the person's name, location, phone number of the alternate location Students will ride assigned bus only. The number and bus route is the same number. The number is located in lower right corner of pass. Your child must have a bus pass to ride the bus and have the pass in their possession whenever the child is on the school bus. In case the child forgot or lost the bus pass, the child can still ride the morning bus, but for the afternoon run a temporary pass has to be issued from the school. SPECIAL EDUCATION: Special bussing arrangements are made depending on special education requirements.

Name: Department of Defense Dependent Schools (DODDS)
Address: Heidelberg District
City: Unit 29237, APO AE 09102
Phone: 06221-768081/768082
DSN Phone: 388-9339/9373
E-Mail: heidelberg_supt_dso@ccmail.eur.odedodea.edu WWW Link: http://www.heid-dso.odedodea.edu/
Comments: The DODEA "Zero Tolerance for Weapons" Program is a" partnership program", with the school, parents and community personnel working together. It is a comprehensive preventive program. ENROLLMENT DOCUMENTS: Military: -Birth certificate for Kindergarten students (5 years old on or before 31 October) -Sponsor and student ID card (if applicable) -PCS orders, listing each child -Previous school records -Immunization records -IEP (Individual Education Plan, if applicable) Civilian: -In addition SF 50 of sponsor -Transportation Agreement or latest Leave and Earning Statement(LES) reflecting Living Quarter Allowance(LQA) payment GRADING SYSTEM 90-100.A 80-89.....B 70-79.....C 60-69.....D 0-59.....F DRESS CODE: Student will follow an ENHANCED DRESS CODE: Student attire should not be a distraction to the normal educational process. The school administrators reserve the right to decide what clothing is appropriate.

Name: European Congress of American Parents, Teachers and Students (ECAPTS)
Address: Box 13 Ramstein Rec Center 86th SVS/SVMR
City: 09094
Phone: 0631-5367273
FAX: 0631-350-7933
WWW Link: http://members.tripod.com/district3/
Comments: ECAPTS is like the state PTA back in CONUS. Membership is currently up to 40,000 members. The local PTA plays a vital role in each school, and families new to this community are always welcomed to join.

Name: Heidelberg High School
Address: MTV
City: Unit 29237, APO AE 09102
Phone: 06221-390587
DSN Phone: 370-8004/8356
WWW Link: http://www.heid-dso.odedodea.edu/Schools/schools.html
Comments: GRADES: ninth (9) - twelve (12) SCHOOL ACTIVITIES/PROGRAMS: AVID, tutoring and/or mentorship program, ninth grade study skills, SOAR, Push-Pull GRADE LEVEL CLASSIFICATIONS: GRADE NINE: The student must have completed eighth grade or have promoted by the previous school. GRADE TEN: The student must have earned at least 5 high school credits. GRADE ELEVEN: The student must have at least earned 10 high school credits GRADE TWELVE: The student must have at least earned fifteen high school credits and must have been scheduled in classes which will result in graduation in June. GPA & WEIGHTED GRADES: AP and Honor courses will be weighted by giving one extra point. Students who enrolled with weighted grades from a previous school will be honored at face value. The weighted GPA is used for all purposes. Class rankings for graduation will be determined following the first semester of the senior year for students enrolled at the end of the third quarter. All letter grades in grade nine through 12 will be averaged to determine class rankings for graduation honors. EXPLANATION OF GRADES: The Director, DODEA, authorizes the following marks: (Marks, Meaning, Percentage Equivalent, Credit, Grade Point Standard, Grade Point Weighted) A, Excellent, 90-100%, Yes, 4,5, B, Good, 80-89%, yes, 3,4 C, Average, 70-79%, yes, 2,3 D, poor, 60-69%, yes, 1,0 E, Pass on basis effort, yes, 1,0 P, Passing, 60-100%, yes, not used, - F, failing, 0-59%, no, 0,0 WF, withdraw failing,-,no,0,0 I, incomplete,-,no, not used,- N, no grade, -, not used, - WP, withdraw passing, -, no, not used, - DODEA GRADUATION REQUIREMENTS:

To graduate from Heidelberg High School, a student must successfully complete the following requirements established for DODEA schools.
CREDITS: One half unit of credit is earned for each class passed for a semester. Seven credits can be earned per year in the seven period day.

Please note: numbers in parenthesis () are for beginning W/class of 2002
 Language: (English 9,10,11,12, AP) 4 units (4)
 Social Studies: (Must include US History & Government) 3 units (3)
 Mathematics: 2 units (3)
 Science 2 units (3)
 Fine Arts 1 unit (1)
 Career Education 1 unit (1)
 Physical Education 1 unit (1)
 Health 1 unit (1)
 Computer 0.5 unit (1)
 Others 6 units (4.5)
 Total: 22 units (24)
 One additional credit is required in either mathematics or science.
 Service Learning N/A (20 hours per year)

HONOR ROLL:

The Honor Roll will be issued at the end of each quarter. The Honor Roll will reflect the grade averages for the quarter when issued at the end of the first and third quarter. When issued at the end of first and second semester it will reflect the grade average of the semester. The Honor Roll will reflect the **WEIGHTED GRADE POINT AVERAGE** of students. The Honor Roll will have the following categories:

4.00 Honor Roll

This reflects all students who have earned a weighted GPA of 4.00 or above

3.50 Honor Roll

This will reflect all students who have earned a weighted GPA of 3.50-3.99

3.00 Honor Roll

This will reflect all students who have earned a weighted GPA of 3.00-3.49

Name: Heidelberg Middle School
Address: PHV
City: Unit 29237, APO AE 09102
Phone: 06221-338-9310/93143
DSN Phone: 388-9310/9314
WWW Link: http://mail.heid-ms.odedodea.edu/
Comments: GRADES: sixth (6) - eighth (8) SCHOOL ACTIVITIES/PROGRAMS: AVID (Advanced Via Individual Determination), accelerated reader program, curriculum compacting, mastery learning, cooperative learning, tutoring and /or mentoring programs, teaching through learning styles, thematic and inter disciplinary units of instruction, technology integration in the curriculum.

Name: Mark Twain Elementary School
Address: MTV
City: Unit 29237, APO AE 09102
Phone: 06221-57-6996/6447
DSN Phone: 370-6996/6447
WWW Link: http://www.heid-esm.eu.odedodea.edu/
Comments: GRADES: Kindergarten (k) - fifth (5) SCHOOL ACTIVITIES: Reading recovery, higher order thinking skills, curriculum compacting, cooperative learning, FAST (families and schools together), tutoring and/or mentoring program, gifted education(TAG), host nation (familiarizing students with Germany, art, music, physical education, English as a second language (ESL).

Name: Patrick Henry Elementary School
Address: PHV
City: Unit 29237, APO AE 09102
Phone: 06221-338-9057/9054/
Comments: GRADES: Kindergarten (k) - fifth (5) SCHOOL ACTIVITIES: Reading recovery, higher order thinking skills, curriculum compacting, cooperative learning, FAST (families and schools together), tutoring and/or mentoring program, gifted education(TAG), special education, host nation (familiarizing students with Germany), art, music, physical education, English as a second language (ESL) and partial language immersion.(Grades 1 -2). Sure Start: For four (4) year olds in need of a "headstart" before Kindergarten community/school board determines selection based on established criteria. Nurse: Phone: DSN 388-9402 CSC Office: DSN 388-9057

Name: School Lunch Program
WWW Link: http://odin.aafes.com/nutrition/default.asp

Private Schools

TYPES OF SCHOOLING IN GERMANY:

Information for children up to 6 years of age refer to CHILD AND TEEN SERVICES.

Students age 6-10 attend GRUNDSCHULEN (grades 1-4). Parents are expected to supervise and practice instruction related materials. Parent's involvement is limited and not as expected.

The teachers will recommend placements either in HAUPTSCHULEN, REALSCHULEN or GYMNASIUM depending on the grades of the student.

Students attending HAUPTSCHULEN (grade 6-9/10) have up to 5 grades and graduate with a diploma called HAUPTSCHULABSCHLUSS, which allows students to learn a trade.

Students attending REALSCHULEN (grades 6-10) graduate with a diploma called MITTLERE REIFE, which allows them to enter professional fields of trade, nursing, preschool education (additional schooling required).

Public and private schools operate in the greater area of Heidelberg.

Students attending GYMNASIUM (grades 5-13) graduate with a diploma called ABITUR, which

allows them to pursue an academic program such as education, medicine, computer science, etc.

ELIGIBILITY:

Children may attend German public or private schools. German school officials do not allow home schooling. Americans who come under the SOFA agreement are authorized to home school. For additional guidance contact any of the DODDS schools in the Heidelberg area.

HOURS OF INSTRUCTION:

School hours vary during the week. Due to teacher shortages students might be released without notifying parents. Even young students are expected to walk or take the bus. Recess weeks vary greatly from the DODDS recess schedule.

Very few schools offer lunches due to the fact that in generally hours of instruction end between 1130 and 1315.

Name: German Schools
Comments: The German school system is very diverse and interested families should research all options available.

Name: German Schools in the Greater Area of Heidelberg
Comments: HOW TO LOCATE A GERMAN SCHOOL OUTSIDE OF HEIDELBERG: Please refer to phone book. Look up city, then look for SCHULEN. 2. Or email the city administration. For email address refer to web link. Click on the NAME OF CITY and select KONTAKT. 3. For more information on schools contact the city administration of the city.

Name: Homeschoolers within 411th BSB
Phone: 06221-316535
Comments: Another option for education for children in the Heidelberg area is Home Schooling. There is a very active Home Schoolers Association which publishes a monthly newsletter and has group activities and support meetings. SUPPORT MEETING: Sep-May 2nd Monday of each month at 1900 at the Wellness Center Bldg. 3265, Nachrichten Kaserne

Name: Homeschooling
WWW Link: http://www.afcrossroads.com/education/sitemap_refresh.cfm?page=homeschooling
Comments: Some helpful Web links.

Name: Homeschooling: Helpful Information
WWW Link: http://www.digitallearningnetwork.com/

Name: International School of Karlsruhe
Address: Wieblinger Weg 31
City: 69123 Heidelberg
WWW Link: http://www.international-school-karlsruhe.de/
Proximity to site: 30min
Tuition: EURO 7000,00-9000,00

Name: Private School: Karlsruhe
Address: European School Albert-Schweitzer-Str.1
City: 76139 Karlsruhe
Phone: 0721-680090
E-Mail: vnsh@eursc.org
Proximity to site: 60 min

Name: Private Schools
Comments: 1. Grundschule, Realschule, Gymnasium are combined similar to American school system. * FREIE WALDORFSCHULE HEIDELBERG Preschool through grade 13 Mittelgewannweg 16, 69123 Heidelberg Phone: 06221- 8201-0, Fax 06221 8201- 99 * INTERNATIONALE GESAMTSCHULE HEIDELBERG Baden-Badener Str. 14, 69126 Heidelberg Phone: 06221 - 310-149, Fax 310 -2 10 2. Private allgemein bildende Realschulen * ELISABETH-VON-THADDEN-SCHULEN Klostergasse 2 - 6, 69123 Heidelberg Phone: 06221- 82720, Fax 06221 - 83 32 40 * ST. RAPHAEL-SCHULEN, Realschule Roonstrasse 1, 69120 Heidelberg Phone: 06221- 4039- 0, Fax 06221- 4039 - 25 3. Private allgemein bildende Gymnasien * ELISABETH-VON-THADDEN-SCHULEN, Gymnasium Klostergasse 2 - 6, 69123 Heidelberg Phone: 06221- 82720, Fax 06221- 833240 * ENGLISCHES INSTITUT, Gymnasium Rheinstrasse 14, 69126 Heidelberg Phone; 06221- 3493-0, E-Mail: fader@ei-hd.bw.schule.de * HEIDELBERG COLLEGE, Gymnasium Neuenheimer Landstrasse 16, 69120 Heidelberg Phone: 06221 - 43 62 17, Fax 06221 - 410599 * ST. RAPHAEL-SCHULEN, Gymnasium Roonstrasse 1, 69120 Heidelberg Phone: 06221- 4039-0, Fax 06221 -40 39 25 For information on other type of schools contact our ACSWelcome Center directly.

Colleges and Universities

Heidelberg offers excellent opportunities for continuing your education while in Germany. Two-year, four-year, and master degree programs are offered from a variety of universities and colleges. For students who cannot fit traditional programs into their schedules, video and distance by education (e-mail) courses are offered.

Name: Embry-Riddle Aeronautical University
WWW Link: http://www.erau.edu/
Comments: Known as one of the foremost aeronautical universities in the world, Embry-Riddle Aeronautical University grants associate and bachelors degrees in many aeronautical-related subjects.

Name: Hochschule fuer Juedische Studien
Address: University For Jewish Studies Friedrichstr. 9
City: 69117 Heidelberg
Phone: 06221- 2 25 76
Comments: The only Jewish university in Germany.

Name: National -Louis University
Phone: 06221-29025
FAX: 06221-163851
E-Mail: enroll_nlu@compuserve.com
WWW Link: http://www.nl.edu
Comments: NLU offers three (3) degrees in Education. Contact NLU for more information. Not authorized for tuition assistance. Make sure to contact the Education Center prior to signing for any programs.

Name: Ruprecht-Karls-Universitaet
Postfach 10 57 60
City: 69047 Heidelberg
WWW Link: http://www.uni-heidelberg.de/index_e.html
Comments: Instructions are in German.

Name: Schiller International University
Bergstrasse 106
City: 69121 Heidelberg
Phone: 06221-4581-0
FAX: 06221-402703
E-Mail: campus@siu-heidelber.de
WWW Link: http://www.schillerlondon.ac.uk/Heidelberg-Schiller-University-campus.htm
Tuition: prices vary
Comments: The school offers Master of Business Management, Master of International Management, Bachelor of Business Administration, Bachelor of Arts, Associate of Science. Not authorized for tuition assistance. Make sure to contact the Education Center prior to signing for any programs.

Name: University of Maryland - Mannheim Campus
Address: Unit 24560
City: Mannheim, APO AE 09183
Phone: 0621-33740
DSN Phone: 380-4877/ 4878
E-Mail: mcadmissions@ed.umuc.edu
WWW Link: http://www.mc.umuc.edu/
Proximity to site: Located close to BFV and Turley Bks, Mannheim
Tuition: Check with Admissions
Comments: Services will end May 2004.

Name: University of Maryland System
Address: Patton Barracks
City: Heidelberg
Phone: 06221-17-6986/8051
DSN Phone: 373-6986
WWW Link: http://www.umd.edu/
Tuition: \$606.00-\$810.00 per course

Name: University of Oklahoma
Address: Patton Barracks, Bldg. 101
City: Heidelberg
DSN Phone: 373-7919
DSN FAX: 373-6685
E-Mail: apheidelberg@ou.edu
Tuition: \$225.00 per credit hour
Comments: Hours of Operations: 0800-1630 Master of Human Relations degrees, Master of Arts degrees with emphasis in International Relations, and Master of Education degrees are offered. Through Cameron University, Master of Business Administration degrees and Master of Education degrees with concentration in Early Childhood are offered.

Adult or Continuing Education

Name: Deutsch-Amerikanisches- Institut(DAI)
Sofienstr.12
City: 69115 Heidelberg
WWW Link: http://www.dai-heidelberg.de/deutsch/index.htm
Comments: The Center for Cultural Exchange has a well stocked library, sponsor performances, host monthly NAACP meetings, and offer special tours such as Famous Americans in Heidelberg, and practical and cultural orientations.

Name: Heidelberg Education Center
Address: Patton Barracks, Bldg.106
City: Unit 29237, APO AE 09102
Phone: 06221-17-6176/8660
FAX: 373-6632
DSN Phone: 373-6176
Comments: Hours of Operation: Mon - Fri 0730-1630. Language Program: Conversational German as well as German for credit classes are offered. Call for dates.

Name: Language School: HSF Heidelberger Sprachinstitut e.V.
Address: Friedrich-Ebert-Anlage 28
City: 69117 Heidelberg
Phone: 06221- 13 88 00

Name: Language School: Heidelberger Fremdsprachen Institut (HFI) Akademie
Address: Helmholtzstrasse 8
City: 69120 Heidelberg
Phone: 06221- 6442 - 0
FAX: 06221- 64 42 - 42
E-Mail: info@hfi-akademie.de
WWW Link: http://www.hfi-akademie.de/english/index.htm
Tuition: prices vary
Comments: Offer different language programs, including German as a second language.

Name: Volkshochschule Heidelberg
Address: Bergheimer Strasse 76
Phone: 06221-911911
FAX: 06221-16 51 33
E-Mail: vhs@vhs-hd.de
WWW Link: http://www.vhs-hd.de/
Comments: Go to SPRACHSCHULE to find information on DEUTSCH ALS FREMDSPRACHE (German language program)

Name: Volkshochschule Leimen
Address: VSM Geschaefsstelle
City: 69181 Leimen
Phone: 06224-704-891
Tuition: 06224- 851
Comments: Contact the school directly to inquire about their language programs.

Special Education

Name: Department of Defense Educational Activities (DODEA)
Address: Heidelberg District -Special Education-
City: Unit 29237, APO AE 09102
Phone: 06221-338-9339
DSN Phone: 388-9339
E-Mail: Pat_Wilson@eu.odedodea.edu OR Jeffrey_Bronson@eu.odedodea.edu
Comments: SPECIAL EDUCATION: 1.It must be emphasized that an Exceptional Family Member Program (EFMP)screening is mandatory for all active duty military personnel who are planning to move from a CONUS to an OCONUS duty station. 2. This screening is mandatory for all dependents that will accompany the service member. 3. Included in the educational screening activities is a review of any special educational needs. 4. The military branch then considers this information when considering an overseas assignment. 5. DODEA has organized particular resources in various locations to address the needs of special education students. Preschool services for children with disabilities are available for children beginning at the age of three (3) if they are determined eligible for services. Identified special education students may remain in an educational setting in DODEA until they reach their 21st year, unless they graduate from high school. Teachers for the visually and hearing impaired are available on an hourly basis. Teachers for students with identified intellectual deficits are located in Mannheim (listed in SITES), a neighboring community. Sometimes students requiring those services are bussed from Heidelberg to Mannheim. If you anticipate an assignment to the Heidelberg community, please contact the Heidelberg District.

Name: Patrick Henry Village Elementary School
Address: Developmental Preschool Program
City: Unit 29237, APO AE 09102
Phone: 06221-338-9054/9057
DSN Phone: 388-9054/9057
Comments: Screening and testing determine the eligibility for three and four year olds with developmental delays,

Name: Special Needs Advocacy Group (SNAG)
Phone: 06221-57-6883
DSN Phone: 370-6883
E-Mail: SpecialNeedsAdvocacyGroup@hotmail.com
Comments: The Special Needs Advocacy Group (SNAG)is a resource and information group. If you have questions about relocating to Heidelberg with a special needs child feel free to contact parents or contact ACS EFMP Coordinator.

Employment

Employment Overview

For more information on this subject:
Employment Station: Resource Guide
<http://dticaw.dtic.mil/mapsite/jobs.html>

The employment market within the Heidelberg area is competitive and diverse. Various employment opportunities are available through Department of the Army Civil Service Appropriated Fund, (GS and WG) and Non-Appropriated Fund Employment (NAF), Army Air Force Exchange Service (AAFES), Department of Defense Dependents Schools (DoDDS), Private Business and Contract positions with on and off-post agencies. Position openings vary on a daily basis and announcements can be found in the Herald Post (weekly installation newspaper), Stars & Stripes Newspaper, the ACAP and ACS bulletin boards, and in the Personnel offices of the agencies mentioned above. The Civilian Human Resource Management Agency, U.S. Army Europe, DoDDS, and AAFES websites contain job announcements and useful application information. To start a job search before you arrive, visit these websites listed in the Detail listing. To begin a job search immediately after arriving in Heidelberg, contact the Employment Readiness Program at the Army Community Service Center. It is critical to hand carry the following documents: updated resume (saved on diskette, if possible), updated SF 171 or OF 612, current Federal Resume(if seeking GS employment), sponsor's orders, copies of professional license, certification and/or registration, college transcripts, list of references, and, if applicable: DD Form 214; SF 50.

Name: AAFES
Address: click on employment, Europe, Heidelberg
WWW Link: http://www.aafes.com

Name: ACS-Employment Readiness Program
Address: Bldg 3850, 2nd Floor, Shopping Center
City: Heidelberg
Phone: 06221-57-6883
FAX: 06221-57-7288
DSN Phone: 370-6883/8010
DSN FAX: 370-7288
WWW Link: http://www.heidelberg.army.mil/community/acs/employment.html
Comments: Services provided by the ACS Employment Readiness program include: Overview of employment opportunities in the local community (Heidelberg Job Market), employment information and referral to Appropriated and Non-Appropriated Fund federal employment, DoDDS, AAFES, and private contractors; Bulletin board with current, local job announcements; assistance with federal employment application procedures; assistance in career planning and goal setting; employment information and referral for teens; use of computers for Resumix applications by appointment; and One-on-one career counseling. Classes offered include Federal Resume Writing, Resume Writing, Interviewing Techniques, Entry Level Computer Training, and Introduction to PowerPoint and Design

Name: Ads-Help Wanted
WWW Link: http://26asg1.hqusareur.army.mil/newspaperweb/H-Post.htm

Name: DODDS Employment
WWW Link: http://pers.dodds-e.odododea.edu/

Name: GS, WG, and NAF
WWW Link: http://www.chrma.hqusareur.army.mil

Name: NATO Civilian Personnel Office
Address: Campbell Barracks, Bldg 7
City: Heidelberg
Phone: 06221-57-5504
DSN Phone: 370-5504
Comments: Hours of Operation: Monday-Friday, 0800-1630

Federal Civilian Employment for Spouses

Federal employment opportunities in Heidelberg (and surrounding areas) are varied. Entry-level career opportunities exist in Child and Youth Services as well as the clerical/administrative field. The Defense Distribution Depot Europe(DLA), located in Germersheim, Germany (29 miles from Heidelberg) has continuous vacancies for material handlers and forklift operators. Spouses with specialized experience should carefully consider the Open Continuous Vacancy Listing and Special Announcements (both Appropriated Fund and Non-Appropriated Fund [NAF] available at the CHRMA (Civilian Human Resources Management Agency) website. Family members of active duty military personnel and DOD Civilians may be eligible for Military Spouse Preference or Family Member Preference, when applying for Federal positions, Appropriated fund, Non-Appropriated Fund, AAFES, and DoDDS. This preference helps family members reenter the employment market after a PCS move and can only be used once during this duty assignment. The conditions for eligibility vary slightly from agency to agency. Spouses currently employed by the US Federal Government should request

Leave Without Pay (LWOP) to accompany their sponsor overseas and handcarry their SF50 (Notification of Personnel Action). Spouses on LWOP should provide the Heidelberg Civilian Personnel Advisory Center a copy of their LWOP SF50 and RESUMIX upon arrival. US citizenship is a condition for employment with the Federal Government. In the overseas area, family members who do not have US citizenship may apply for positions with the Federal government under a Local National status, which means that they are subject to local German labor laws and taxation. These positions

(Local National) are limited in number. Please refer to Permanent Employment Resources for detailed information.

Name: HQ, USAREUR, Civilian Personnel Operations (CPOC)
Unit 29150
City: 09100
Phone: 0621-487-5090
DSN Phone: 375-5090
WWW Link: http://www.chrma.hqusareur.army.mil

Name: Heidelberg Civilian Personnel Advisory Center (CPAC)
City: Unit 29351, Box 180, APO AE 09102
Phone: 6221-57-1630/8514
FAX: 6221-57-7383
DSN Phone: 6221-57-7383
DSN FAX: 370-7383
WWW Link: http://www.chrma.hqusareur.army.mil/cpac/hd/

Permanent Employment Resources

Positions for permanent and temporary employment exist with the Federal Government, Non-Appropriated Fund, AAFES and private business & industry. Current listings of positions within the previously mentioned agencies are advertised at CPAC as well as ACS. For active duty military separating or retiring, the Transitional Assistance office will offer assistance. Refer to Sedction RELOCATION SERVICES/SEPARATION PROCEDURES.

Name: Civilian Personnel Advisory Center Czerny Ring 11, Bldg. 3980
City: Heidelberg
Phone: 06221-57-8514
WWW Link: http://www.chrma.hqusareur.army.mil
Comments: All job announcements and the application instructions (Federal Resume job Kit) are available on the internet see web link. A weekly 2 hour long introduction to Federal Resume Class is offered by the Employment Readiness office at ACS. Applicants may submit their Federal Resume formatted resume to the CHRMA database, 30 days prior to the day there are scheduled to arrive in Germany.

Temporary Employment Resources

All the agencies listed above offer permanent, temporary and part-time postions, although temporary and part-time postions are found most frequently among AAFES, NAF and contract postions. Contracts are typically written for the length of one fiscal year or for the duration necessary to deliver a certain product or service. Some employment opportunities designed specifically for youth are also offered in the form of temporary employment (see Youth Employment section under Child and Teen Services).

Name: Civilian Personnel Advisory Center
Address: Unit 29231
City: APO 09102
Phone: 06221-18-3064
FAX: 06221-12844
Comments: Located in the Shopping Center Complex, Bldg. 3803. Hours of Operation: Monday through Friday.

Name: Family Member Youth Part Time Program (FMYPT)
Comments: This program has two main objectives: (a) to provide work for family member youths which will not only enable them to earn money, but also provide an opportunity to form ideas about their career goals; and (b) to provide managers with much needed assistance to accomplish their work objectives. Family member youths who are (a) dependent of a member of the active duty U.S. military forces or a civilian employee of DOD or one of its components, or of a DOD non-appropriated fund (NAF) activity, (b) full-time students between 14 and 21 years of age, (c) U.S. citizens, and (d) who reside with their sponsor within commuting distance are eligible under this program. FMYPT appointments are made between October 1, and May 15. NOTE: Applicants must have a social security number to be appointed.

Name: Student Summer Hire Program
Address: Unit 29241
City: APO 09102
Phone: 06221-57-7289
Comments: Summer work sessions last 5 weeks.

opportunities contact the Installation Volunteer Coordinator.

Name: Installation Volunteer Coordinator
Address: Bldg. 3850, Community Support Center
City: Heidelberg
Phone: 06221-17-1770
E-Mail: Callagha@26asg.heidelberg.army.mil
Comments: The IVC has the responsibility of tracking, registering and advising volunteers. The IVC coordinates the annual Volunteer Recognition Ceremony recognizing all Heidelberg volunteers. This event includes recognition of each community volunteer with a scroll of appreciation and an invitation to the volunteer banquet. At the banquet the Adult, Youth and Volunteer Organization of the Year are announced and recognized. The annual Community Activities Registration and Education Fair (C.A.R.E Fair) is also administered by the IVC. This annual event is a great example of community camaraderie, bringing all private organizations and community activities together at one time. It allows community members to register, find out information about the community and private organizations, and be able to personally discuss programs with organization representatives. The C.A.R.E Fair is one-stop shopping for information about organizations, programs and activities in the Heidelberg Community.

Chambers of Commerce

The American Chamber of Commerce in Germany publishes an annual Membership Directory and Yearbook of American companies established in Germany. This is an excellent resource guide for employment opportunities in the local German economy

Non-Paid or Volunteer Opportunities

Volunteer opportunities abound in the Heidelberg community. Red Cross, DoDDs, Thrift Shop, Spouses Clubs are some of the organizations that traditionally recruit for an on-going supply of volunteer employees. The "volunteer corp" provides an excellent opportunity for acquiring new skills, maintaining skills, networking and surveying the local job market. For assistance with volunteer

Name: American Chamber of Commerce In Germany
Address: Executive Office Rossmarkt 12
City: 60311 Frankfurt am Main
Phone: 069-92 91 04 - 0
FAX: 069-92 91 04 - 11
E-Mail: info@amcham.de
WWW Link: http://www.amcham.de
Comments: The American Chamber of Commerce in Germany publishes an annual Membership Directory and Yearbook of American companies established in Germany as well as a listing of American Subsidiaries in Germany. This is an excellent resource guide for employment opportunities in the local German economy, especially for positions that do not require extensive knowledge of the German language. This resource guide is located within the Employment Readiness office of ACS. When working in the local German economy, the employee will be subject to German labor laws and taxation, but under the Status of Forces Agreement (SOFA) a German work permit may not be required. For contract positions and positions in the local German economy, foreign national spouses generally are subject to the same conditions as US citizen spouses.

Private Sector Employment

Employment in the private sector is limited to the financial arena (Nations Bank, Service Federal Credit Union, USPA), educational institutions (University of Maryland, City Colleges of Chicago, Central Texas College, Embry-Riddle Aeronautical University, Troy State University & the University of Oklahoma), communications (ITT and AT & T), Girl Scout, Boy Scouts, computer science (SAIC, UNYSIS, Computer Sciences Corp., Cubic, Inc.), engineering (Engineering & Professional Svcs, Inc.) & personal services contracts (counseling, social work, psychology). This type of employment varies depending on the needs of the organization.

Government Employment

Due to the federal government downsizing the number of available positions is decreasing, however positions can be obtained with persistence. Job listings, descriptions and application guidelines may be found in the internet.

(Please see the Detail/Record Listing section below for a web address.)

You may start applying for these positions 30 days prior to your arrival in Heidelberg.

Name: Job listings
WWW Link: http://www.chrma.hqusaureur.army.mil

Professional or Occupational Licensing

The Federal Employment web site lists all positions requiring a licence or certification. Usually all State side licences are recognized in USAREUR.

(Please see the Detail/Record Listing section below for a web address.)

Name: Federal Employment
WWW Link: http://www.chrma.hqusaureur.army.mil

Networking Opportunities

Contact the Installation Volunteer Coordinator and/or the Employment Readiness Program Manager in reference to networking opportunities.

NON US CITIZEN FAMILY MEMBER EMPLOYMENT OPPORTUNITIES

Non US citizen family members seeking employment must contact the Employment Readiness Program Manager or CPAC in reference to LIMITED employment options (due to the Status of Forces Agreement between the US and the Host Nation Country) prior to arrival in Heidelberg.

Medical And Dental

Medical and Dental Overview

MEDICAL: The United States Army Hospital, Heidelberg is an accessible, patient focused, customer-oriented, quality health care system, ready to serve you and your family's needs. Residents have a fully equipped hospital plus a large clinic. The hospital serves most of your family's health-related needs including family practice, Ob/Gyn, immunizations, births, psychiatric services, and a 24-hour emergency room. **DOD EMPLOYEES, DODDS EMPLOYEES AND CONTRACTORS:** Receive services on a space available basis and payments have to be made before services are received. For more information refer to your insurance guidelines.

DENTAL: Family members can expect to receive preventive, basic restorative, and essential specialty dental care required to maintain good oral health for the duration of your assignment in Europe. It is strongly recommended that, before departing CONUS, family members take advantage of the TRICARE Family Member Dental Program by seeing a civilian dentist and receiving treatment for any recognized conditions. Retirees can only be served on a space available basis. DOD employees, contractors and their families have to go off-post for dental services. The Patient Liaison's Office has a list of English speaking dentists for the Heidelberg area. Yellow pages and word-of-mouth are good resources in finding a dentist (Zahnarzt).

SPECIAL MEDICAL NEEDS: If your family members have specialized health care needs you should verify the availability of care prior to your arrival in this area. Also contact your local Exceptional Family Member Program (EFMP) Coordinator for advice.

EDIS: Educational and Developmental Intervention Services (EDIS), formerly called the Exceptional Family Member Services (EFMS), provides a great range of services to eligible children (birth through 23 years). For more information refer to EFMP PROGRAM.

VISITORS: Friends or relatives who may come to visit must understand that they are considered tourists in Germany, and are not authorized routine care in military medical treatment facilities. Parents and parents-in-law who are your legal dependents are authorized military care only. However, only a military sponsor, his or her spouse, and unmarried children may be authorized care in a host nation hospital at military expense. For other relatives, treatment is authorized only in genuine life or limb threatening emergencies at a predetermined cost. Encourage relatives and friends to check their medical insurance coverage before coming to Europe on vacation. A point to be aware of, Medicare will not pay bills for care outside of CONUS

GERMAN MEDICAL SERVICES: Very good medical services are available. Most doctors do speak some English and the Patient Liaison Officer can assist in finding appropriate providers.

Name: 1. New Family Member Hospital Orientation and Tour
DSN Phone: 371-3052
Comments: Date: Every 4th Tuesday of the month. Time: 1300-1600 Location: Wellness Center, Nachrichtenkasern (Hospital) No registration required. Children welcomed - Parents responsible For more information call.

Name: Emergency Care
WWW Link: http://www.heidelberg.army.mil/emergency.html
Comments: LIFE THREATENING EMERGENCIES: MILITARY POLICE: DSN 114, comm. 06221-57-114 GERMAN CENTRAL DISPATCH: 110/112 EMERGENCY CARE: Patients with emergency conditions should report to the Emergency Room. If emergency needs are beyond the capability of the hospital, patients will be transferred to the nearest host nation facility capable of handling the emergency. AMBULANCE SERVICES: German Red Cross (DEUTSCHES ROTES KREUZ, or DRK) provides emergency transportation. Patients can access the ambulance service by calling the Emergency Room DSN 371-2981/2757 comm 06221-17-2981/2757, Military Police DSN 388-2222 comm 06221-678-2222 German Red Cross DRK) 06221-19222 directly.

Name: Patient Liaison's Office
Address: Nachrichten Kasern
City: Heidelberg
Phone: 06221-17-2751/2666
DSN Phone: 371-2751/2666
Comments: Patient liaison officers are available to assist patients who receive both outpatient and inpatient care in a host nation facility. The liaisons assist in making appointments and visit hospitalized patients. They can answer questions concerning referrals, after-hours emergency room visits, hospital locations, billing policy, insurance coverage, and English-speaking physicians.

Name: U. S. Army Dental Clinic PHV
Address: PHV, Building 3945
City: Heidelberg
Phone: 06221-338-9500
DSN Phone: 388-9500
WWW Link: http://26asg1.hqusareur.army.mil/
Comments: HOURS of OPERATION: Mon-Fri: 7:30 a.m.-4:30 p.m. SICK CALL: Mon-Fri: 7:30-10 a.m., 12:30-2:30 p.m. EXAMINATIONS: Mon-Fri: 7:30-10:30 a.m., 12:30-3 p.m. ACCESS: ACTIVE-DUTY PERSONNEL: Routine appointments can be scheduled by calling or coming to the clinic 7:30-10:30 a.m. or 12:30-3 p.m., Monday through Friday. FAMILY MEMBERS: are treated on a space-available basis. To schedule exams, fillings and cleanings, patients may walk in on Monday through Friday 7:30-10:30 a.m. or 12:30-3 p.m.

Name: U.S Army Dental Clinic Hospital
Address: Nachrichten Kaserne, same location as hospital
City: Heidelberg
Phone: 06221-17-2708/2728/2682
DSN Phone: 371-2708/2728/2682
WWW Link: http://26asg1.hqusareur.army.mil/
Comments: HOURS OF OPERATION: Mon-Fri: 7:30-11:30 a.m.; 12:30-4:30 p.m. (Sick Call: 7:30 -10 a.m., 12:30-2 p.m.) ELIGIBILITY FOR CARE: The following personnel are eligible for dental care in the priority listed: first, active-duty soldiers; second, family members of active-duty soldiers. ACCESS: Exams, fillings, cleanings, and routine appointments for active-duty and family members can be scheduled on Monday through Friday 7:30-10 a.m. and 12:30-2:30 p.m. by either calling or visiting the clinic. REFERRALS: Military dental clinics throughout Europe offer a variety of specialty care and services. If the clinic nearest you does not provide the care you require, you may be referred to another military dental facility within theater for treatment EMERGENCY DENTAL CARE: Patients requiring emergency dental care after duty hours should call or visit the Heidelberg Army Hospital

Name: U.S. Army Hospital (MEDDAC)
Address: Nachrichten Kaserne, Buildings 3613 and 3617
City: CMR 442, APO AE 09042
Phone: 06221-17-2838
DSN Phone: 371-2838
Comments: OUTPATIENT CLINICS: Monday-Wednesday, 7:30 a.m.-7 p.m.; Thursday, 1-7 p.m.; Friday, 7:30 a.m.-4:30 p.m. The Family Practice Clinic at Heidelberg MEDDAC is open for extended hours from 4:00 to 7:00 p.m. Monday through Thursday, with the last appointment being scheduled for 6:45 p.m. The Family Practice Clinic is also open on training holidays from 8:00 a.m. to 3:00 p.m. to provide better service to the community. ACTIVE-DUTY SICK CALL: Monday-Friday, 7 a.m.-4:30 p.m. By appointment only ACCESS: Patients with non-emergency conditions are seen by appointment only. Same-day appointments are available in most clinics for acute

onset illness or injuries. Appointments are made through Central Appointments.

REFERRALS: For patients requiring specialty consultations or hospitalization services beyond the capability or capacity of the U.S. Army Hospital, the Tricare Service Center in the hospital will arrange appointments and admissions to the Landstuhl Regional Medical Center or a host-nation facility.

INPATIENT SERVICES:

Visiting Hours: 11 a.m. - 8 p.m.

Medical Services/Directory - on Installation

<i>Clinic</i>	<i>POC</i>	<i>Number</i>
Admission Office		06221-17-2371
Adolescent Clinic		06221-17-2692/2670
Central Appointments		06221-17-2622/3/4
Dental Clinic		06221-17-2708
Dermatology		06221-17-2502
Emergency Room		06221-17-2891
Exceptional Family Member Services		06221-17-2773
Family Practice Clinic		06221-17-3103
Health Benefits Advisor		06221-17-2787/2988
Immunization Clinic		06221-17-2662
Information		06221-17-2615
Inpatient Records		06221-17-2447
Internal Medicine		06221-17-2643
KID (Child Abuse Hotline)		06221-17-2543
Laboratory		06221-17-2880
Mental Hygiene		06221-17-2557
Nutrition Care Division		06221-17-2678
Obstetrics/Gynecology		06221-17-2533
Occupational Therapy		06221-17-2513
Ophtalmology		06221-17-2524
Optometry		06221-17-2724
Orthopedics		06221-17-2811
Outpatient Records		06221-17-2568
Patient Administration		06221-17-2634
Patient Representative and Liaison		06221-17-2751/2666
Pediatric Clinic		06221-17-2670
Pharmacy		06221-17-2673
Physical Exam		06221-17-2364
Poison Control		06221-17-2757
Preventive Medicine		06221-17-2833
Psychiatry		06221-17-2690/2557
Psychology		06221-17-2690/2607
Radiology (X-Rays) / Reception		06221-17-2647
Social Work Services		06221-17-2078
Surgical Clinic		06221-17-2566
TRICARE		06221-17-3076
Tricare Service Center		06221-17-2363

Health Benefits Advisor, Wellness, and CHAMPUS/TRICARE Programs

Name: Health Benefits Advisor
Address: Nachrichtenkasernen Hospital Complex
City: Heidelberg
Phone: 06221-17-2787/2988
DSN Phone: 373-2787/2988
Comments: HBA serves as an advisor to patients and beneficiaries in matters involving Tricare, provides health benefits counseling, ensures the accurate and timely processing of local national medical bills.

Name: TRICARE Fact Sheets
WWW Link: http://webserver.europe.tricare.osd.mil/main/PAO/factsheet.asp
Comments: Get informed about your options and entitlements. Fact Sheets can be downloaded from the Web.

Name: TRICARE Service Center
Address: Nachrichtenkasernen Hospital Complex
City: Heidelberg
Phone: 06221-17-2363
DSN Phone: 371-2363 / 2362
WWW Link: http://webserver.europe.tricare.osd.mil/
Comments: HOURS OF OPERATION: Mon-Fri 0730-1130 and 1300-1500, Wed & Fri 0730-1130, Thurs 1300-1500. The Tricare Europe program is modeled on the Tricare program in the United States but provides some added services unique to the overseas environment. When you arrive in Europe, you will enroll yourself in TRICARE Europe PRIME during in-processing. At that time you will be offered the option to enroll your accompanying family members in TRICARE Europe Prime or Standard. With Tricare Prime there are no deductibles and no cost shares for authorized medical care delivered by host-nation providers in Europe for active duty family members. In addition, you will enjoy the stateside Tricare Prime benefit if you are traveling in the United States and need to receive medical care. Tricare Europe Standard is another available option, and represents what was formerly the basic CHAMPUS benefit. By declining enrollment in Tricare Europe Prime, your family members will incur the following costs for civilian care: Deductible: \$50 per person/\$100 per family (E4 and below) per year \$150 per person/\$300 per family (E5 and below) per year Cost Share: 20% of the CHAMPUS Allowable Charge If you have any questions regarding Tricare Europe call the Tricare Service Center. NOTE: If any family members are planning to return to the United States for more than 30 days during their tour here in Germany, contact the local Tricare Representative to change their region of coverage to a stateside region.

Name: Tricare General Information
WWW Link: http://www.tricare.osd.mil/

Name: Tricare: For Life and other Changes
WWW Link: http://webserver.europe.tricare.osd.mil/main/ndaa/ndaahome.asp

Name: Wellness Center
Address: Nachrichtenkasernen, Building 3625
City: Heidelberg
Phone: 06221-17-2706
DSN Phone: 371-2706
Comments: The Wellness Center provides individual, workplace and community-based education. Courses include: self care, prenatal education and fitness, tobacco cessation and stress reduction. Outreach and support groups include: cancer, grief and loss, pregnancy/neonatal loss, La Leche League (mother-to-mother breast-feeding support and education) and T.O.P.S. (Taking off pounds Sensibly).

"natural" thing to do, it is not proven to establish safety or efficacy. In the case of the alcohol swabs, scientific studies do little to support the use for this practice.

The American use of German medical facilities is not new. German hospitals have provided emergency care and that care which is not available at U.S. military facilities for many years.

Community Hospitals

CULTURAL DIFFERENCES: The quality of care provided by Germany medical facilities is VERY GOOD. The German medical community has often led the world in medical developments. The x-ray, electrocardiogram, and lithotripter (the machine used to break up kidney stones) were all developed in Germany.

Standards of privacy do vary between American and Germany medical facilities. German physicians may not always use a chaperone when examining patients of the opposite sex. The German physician may ask a patient to undress while ancillary staff are passing through the area. It is important to note that their standard of practice is, to them, just as proper as the U.S. standard is to Americans.

Availability of beds is often an issue in hospitals in any country and, in some cases, may affect the decision to admit or not to admit a patient. If admission is necessary, then proper arrangements will be made for the patient. Some German hospitals have a "night ward" where late admissions are held until the next day and there may be even less privacy in this circumstance. The length of hospitalization is likely to be longer in German facilities. For example, hospitalization for eight days after childbirth is not unusual. The relatively recent decrease in average length of stay in American hospitals has, in part, been caused by economic pressures in health care.

There are minor differences that might seem inappropriate to American patients (such as not using an alcohol swab prior to drawing blood). Patients should not assume that one method practiced by a group of health care providers is better than another. Although the use of swabs for this purpose may be a

Name: Local Community Medical Facilities
Comments: 1. Rehabilitationsklinik Koenigstuhl; Kohlhof 8, 69117 Heidelberg Tel. (06221) 9 07-0 2. Geriatisches Zentrum Bethanien; Rohrbacher Str. 149, 69126 Heidelberg Tel. (06221) 3 19-0 3. Ev. Krankenhaus Salem; Zeppelinstr. 11-33, 69121 Heidelberg Tel. (06221) 4 83-0 4. Kurpfalzkrankenhaus Heidelberg; Bonhoefferstr. 1, 69123 Heidelberg Tel. (06221) 82 23-0 5. Rehabilitationszentrum fuer chronisch Nierenkranke; Bergheimer Str. 56a, 69115 Heidelberg Tel. (06221) 91 12-0 6. St. Elisabeth Klinik; Max-Reger-Str. 5-7, 69121 Heidelberg Tel. (06221) 4 88-0 7. St. Josefskrankenhaus; Landhausstr. 25, 69115 Heidelberg Tel. (06221) 52 6-0 8. St. Vincentius Fachkrankenhaus; Untere Neckarstr. 1-5, 69117 Heidelberg Tel. (06221) 91 17-0 9. Thoraxklinik; Amalienstr. 5, 69126 Heidelberg Tel. (06221) 39 6-0 10. Fachklinik Eiterbach; Freiburger Str. 1a, 69126 Heidelberg Tel. (06221) 30 26 28 11. ATOS Klinik; Bismarckplatz.9 69115 Heidelberg Tel. (06221) 9830 For more information see the Patient Liaison Officer at the U.S. Army Hospital. Refer to MEDICAL AND DENTAL OVERVIEW

Name: Universitaetsklinikum Heidelberg - University Clinics
Address: Various locations throughout the city
City: Heidelberg
Phone: 06221-56-0
Comments: Most of the patients referred to off-post facilities will be seen at the University Clinic. English speaking doctors are available. Civilians: Payment must be made in advance. To see if your insurance plan has other agreements contact your insurance company. Augenklinik; Im Neuenheimer Feld 400, 69120 Heidelberg Tel. (06221) 56-69 99 Chirurgische Klinik; Im Neuenheimer Feld 111, 69120 Heidelberg Tel. (06221) 56-61 11 Frauenklinik; Vosstr. 9, 69115 Heidelberg Tel. (06221) 56-78 56 Hals- Nasen- Ohrenklinik; Im Neuenheimer Feld 400, 69120 Heidelberg Tel. (06221) 56-69 99 Hautklinik; Vosstr. 2, 69115 Heidelberg Tel. (06221) 56-70 11 Kinderklinik; Im Neuenheimer Feld 150, 69120 Heidelberg Tel. (06221) 56-23 11 Kinder- und Jugendpsychiatrie; Blumenstr. 8, 69115 Heidelberg Tel. (06221) 97 04 15 Medizinische Klinik; Bergheimer Str. 58, 69115 Heidelberg Tel. (06221) 56-8611 Neurochirurgische Klinik; Im Neuenheimer Feld 400, 69120 Heidelberg Tel. (06221) 56-69 99 Neurologische Klinik; Im Neuenheimer Feld 400, 69120 Heidelberg Tel. (06221) 56-69 99 Klinik fuer Anaesthesiologie; Im Neuenheimer Feld 110, 69120 Heidelberg Tel. (06221) 56-63 51 Psychiatrische Klinik; Vosstr. 4, 69115 Heidelberg Tel. (06221) 56-44 66 Psychosomatische Klinik; Thibautstr. 2, 69115 Heidelberg Tel. (06221) 56-58 88 Radiologische Klinik; Im Neuenheimer Feld 400, 69120 Heidelberg Tel. (06221) 56-69 99 Klinik fuer Mund- Zahn- und Kieferkrankheiten; Im Neuenheimer Feld 400, 69120 Heidelberg Tel. (06221) 56-69 99 Orthopaedische Klinik; Schlierbacher Landstr. 200,

69123 Heidelberg
Tel. (06221) 96-5

Dental Services/Directory - on Installation

For more information refer to MEDICAL AND
DENTAL OVERVIEW>

Dental Services/Directory - on Installation

<i>Clinic</i>	<i>POC</i>	<i>Number</i>
Dental Clinic, PHV		Comm. 06221-338- 9500 DSN 388-9500
Hospital Dental Clinic		Comm. 06221-17-2571 DSN 371-2571

Family Member Dental Plan

Name: TRICARE Family Member Dental Plan (TFMDP)
Phone: 1-800-866-8499
WWW Link: http://www.ucci.com
<p>Comments:</p> <p>The TRICARE Family Member Dental Plan (TFMDP) is a comprehensive and affordable dental plan available to eligible spouses and children of active duty Uniformed Service members. The TFMDP has cost shares, benefit maximums and coverage limitations similar to typical group dental insurance plans. To be eligible for TFMDP enrollment, sponsors must intend to remain on active duty for at least 24 months and this commitment must be confirmed by their parent Uniformed Service. Filling out a DD Form 2494 or 2494-1 can accomplish enrollment and/or changes to enrollment at the sponsor's servicing personnel office. Please read these forms carefully as they provide detailed information on enrollment options, limitations and when TFMDP coverage begins. Upon enrollments, the sponsor must pay the monthly premium through their Uniformed Services payroll accounts - the Government pays 60% of monthly premiums. Before providing care to family members, some dental providers may ask to see a copy of the Sponsor's Leave and Earnings and portable between assignments. United Concordia Companies, Inc.(UCCI) administers the TFMDP. Detailed TFMDP coverage and enrollments information can be found in the TFMDP benefit booklet. For more information about the program, visit UCCI's web site or contact them at for information on the TFMDP in the United States, Canada, Guam, Puerto Rico and the U.S. Virgin Islands, or 1-717-975-5017 (toll call) for information on the TFMDP in all other locations. In overseas locations, enrolled sponsors and family members must contact their servicing overseas dental treatment facility and/or Overseas Lead Agent before seeking treatment from host-nation dental providers, except for emergency care.(See below for sample Detail/Record Listing)Name: TFMDP Customer Service POC: United Concordia Companies, Inc. (UCCI)Addresses: For the United States, Canada, Guam, Puerto Rico and U.S. Virgin Islands: United Concordia Companies, Inc. TFMDP Customer Service PO Box 898218 Camp Hill PA 17089-8218 All other locations: United Concordia Companies, Inc. TFMDP OCONUS Dental Unit PO Box 898238 Camp Hill PA 17089-8238Phone Numbers: CONUS (1-800-866-8499); OCONUS (1-717-975-5017-599 toll call)</p>

Comments: For more information about the TFMDP, contact your Health Benefits Advisor or in overseas locations, your servicing overseas dental treatment facility or Overseas Lead Agent point of contact. Customer Service can also help sponsors, family members, installation staff and dental providers with specifics about the TFMDP.

Housing

Housing Overview

For more information on this subject:
Housing
<http://www.pcshouseexpress.com/>

NUMBER OF HOUSING UNITS: There are a total of 1,909 on-post quarters. Most apartments on-post consist of stairwell living, and laundry and storage rooms are located in the basements. Most apartments do not have room for a kitchen table, and most are much smaller than what is available in CONUS. 280 units are located off-post. Senior Officers and above have single family housing available. CSMs and some SGMs have duplexes available.

USAREUR QUALITY OF LIFE STANDARDS: The Heidelberg Housing Division has an aggressive renovation program to bring all government-controlled quarters in line with DA and USAREUR Quality of Life standards by 2010. This program includes private laundry facilities in each apartment and two (2) baths in 3-and 4-bedroom quarters, and 100-volt electrical outlets throughout.

ELECTRICITY: Some units have 110V/ 50 Hz voltages outlets, but most have 220 V /50 Hz voltages outlets only. The electrical current in Europe is 220 volts/50 cycles (Hz) compared to 110 volts/ 60 cycles (Hz) in the U.S. You must use caution when using 110 volts, 60 cycles(Hz)appliances here in Germany. For example, clocks operate at 5/6 the normal speed. This means they lose ten minutes every hour. Most appliances with heating elements (toaster and irons) operate satisfactorily with a transformer. However, transformers are inconvenient, particularly in larger sizes. They are heavy, consume a lot of electricity, and may trip circuit breakers. Therefore, you may find it easier not to use your 110-volt appliances such as coffee makers, toasters, or irons, which usually require a larger transformer. However, you can purchase these appliances in Europe at the Post Exchange, thrift shop, German retailers, and/or yard sales. Never use transformers close to water such as in bathrooms.

However dual voltage (110/200V) and or items, which are rated 50/60Hz (cycles) operate properly. Transformers may be purchased at the Thrift Store for a reasonable price. Do not use transformers close to water.

MANDATORY HOUSING ASSIGNMENT POLICY: Heidelberg has a mandatory housing assignment policy, which requires all military families to reside in government-controlled quarters. Personnel in the pay grade O5 and above, WO 5, E 9 are exempt from the Mandatory Housing Policy.

NON-AVAILABILITY STATEMENT: If service member does receive a statement of non-availability, it is expected of him or her to aggressively seek housing. For more information see section: COMMUNITY HOUSING.

DOD CIVILIANS AND CONTRACTORS: In generally DOD civilians and contractors are not authorized on post housing. DOD civilians have to go through Heidelberg Housing office before seeking or signing a rental agreement. Contractors have to contact their company for additional advice.

HOUSING BRIEFING: Are mandatory for service members as well as DOD civilians. For dates and times contact the Heidelberg Housing office.

WHAT TO BRING OR STORE AND HOLD BAGGAGE: Refer to HOUSEHOLD GOODS INBOUND SHIPMENTS

Name: DPW Directorate Of Puplic Works
Address: DPW Compound Czernyring 11
City: 69115 Heidelberg
Phone: 06221-17-1560
DSN Phone: 373-1560

Name: Furnishing Management Office (FMO) LOANER FURNITURE
Address: Czernyring 11, Bldg. 3980
City: 69115 Heidelberg
Comments: Do not ship large items, and DO NOT ship appliances. FMO can supply authorized customers with furniture until household goods arrive. Civilians may be eligible for 90-day loaner sets of furniture and retain appliances and wardrobes during their tour. Support of contractors depends on the agreement between the government and the cooperate contractor. Contact company for more advice.

Name: Housing Division
Address: Bldg 3980 Czernyring 11
City: 69115 Heidelberg
Phone: 06221-4380/3291
DSN Phone: 387-3291
Comments: To view pictures about living in Heidelberg, check out the the post web.

Name: Recycling: Center PHV
Address: PHV (Close to the Child Development Centers and Outdoor Recreation)
Comments: HOURS OF OPERATION: Mon-Fri. 0800-1200 and 1300-1600; Sat. 0800-1200 The recycling center assists residents in making recycling possible. Residents working within the 411th BSB and living off-post can utilize the collection point as well.

Name: Recycling: 411th BSB and City of Heidelberg
Comments: Germans are very environmentally conscious and the 411th BSB does implement the same recycling laws (The policy is called SORT). People residing within the 411th BSB have access to the recycling centers on PHV. 1. Families residing in the housing areas as well as living in the city of Heidelberg have to sort everyday trash. For tips on sorting refer to Web-link.

Name: Recycling: Rhein-Neckar-Kreis (County of Heidelberg)
Address: AVR (Abfallverwertungsgesellschaft fuer RNK gmbH) Muthstr.4
City: 74889 Sinsheim
Phone: 07261 / 931-0
FAX: 07261 / 931-7100
E-Mail: info@avr-rnk.de
WWW Link: http://www.avr-rnk.de/
Comments: Residents living in the county (Rhein-Neckar-Kreis) have to follow slightly different rules. Abfall-ABC,2001 an English guide is available. A guide can be obtained by email. Or ask your housing counselor for further advice.

Name: SELF-HELP STORE
Address: DPW Compound, Bldg. 3962 Czernyring 11
City: 69119 Heidelberg
Phone: 06221-4380-3232
DSN Phone: 387-3232
Comments: HOURS OF OPERATION: Mon - FRI 1100-1800; Sat: 1100-1400 The center supports tenants in government and leased housing. The center supports you in your self-help efforts. The center carries items from neon bulbs to toilet spindles. Garden tools, basic tools and power tools are also available. Sign out times depend on the item. DOD civilians can sign out some tools. Please contact the center for advice.

Name: Storage Areas
Phone: 370-6883
Comments: Contact ACS to find out about storage possibilities in the community.

Name: Web-Link: DOD Civilians Benefits and Allowances
WWW Link: http://www.state.gov/www/perdiems/920/

Name: Web-Link: DOD Civilians Benefits and Allowances
WWW Link: http://www.chrma.hqusareur.army.mil/benefits/

Name: Web-Link: Info On Allowances And Relocation for Service Members
Address: Military Assistance Program (MAPS)
WWW Link: http://dticaw.dtic.mil/mapsite/relocb.html
Comments: Service members learn more about each type of allowance.

Housing Allowances

For more information on this subject:
266th Finance Center, Tompkins Barracks
<http://266fincom1.hqusareur.army.mil>

MILITARY:

1. Temporary Lodging Allowance (TLA) for INCOMING service members and their families is authorized up to 30 days. (Under certain circumstances extensions can be granted) If a statement of Non-Availability for Family Housing or Unaccompanied Housing is issued, service members are required to aggressively seek economy housing.

1. MILITARY ASSISTANCE PROGRAM (MAPS) has put together a great Web site. Learn more about each type of allowance by visiting their web site. For Web link refer to HOUSING OVERVIEW.

2. Make sure to contact the Finance Office to find out about your specific allowance for quarters if you must obtain economy housing.

3. DOD CIVILIANS: Make sure to review the web links on benefits and allowances. For web link refer to HOUSING OVERVIEW.

4. CONTRACTORS: Contact the corporation for advice.

Housing Allowances

Housing allowance information is available from the Per Diem, Travel and Transportation Allowance Committee's Web Site:	
Rates and Allowances Home Page	http://www.dtic.mil/perdiem/rateinfo.html
Basic Allowance for Housing	http://www.dtic.mil/perdiem/bah.html
Overseas Housing Allowance	http://www.dtic.mil/perdiem/aloooha.html

Government Housing

For more information on this subject:
Housing
<http://www.pcshousexpress.com/>

Two main housing areas are located in Heidelberg: Mark Twain Village (MTV) and Patrick Henry Village (PHV). Both areas offer stairwell housing, with either 4 or 6 apartments in one stairwell. Senior Officer and above housing is PHV. Duplexes are available for CSMs and some SGMs on PHV. Leased housing is located in various locations off-post. Soldiers are placed on the waiting lists upon arrival and are offered adequate housing in accordance with housing policies.

Name: Family Housing Office
Address: DPW Compound, Bldg 3980 Czernyring 11
City: 69115 Heidelberg
Phone: 06221-4380-3291
DSN Phone: 387-3291
WWW Link: http://www.heidelberg.army.mil/moving/housing.html
Comments: Soldiers are placed on a waiting list upon arrival and are offered adequate housing in accordance with housing policies. The Housing office does not maintain separate waiting lists for each housing area. PHV has 1178 units, and MTV has 706 units. Pets: two (2) pets per set of government quarters are allowed The animals must be on a leash at all times when outside of the owner's quarters. Pets have to be registered within two (2) weeks of arrival

Houses in Germany are built differently from the type of houses that Americans are used to. German houses rarely have built in closets, and storage space in the apartment is often non-existent. Storage is usually available in the basement. Kitchens are small and often not equipped with cabinets. Many times, new occupants must purchase kitchen cabinets, light fixtures and appliances from the former tenant or must purchase those items to furnish the kitchen. Appliances and transformers can be purchased from the Thrift Shop. The furnishings branch can also provide closets and temporary furniture and appliances while you wait for your household goods to arrive. DO NOT ship your large appliances, (washing machines, dryers, kitchen range). Most of those appliances are 110V /60 Hz, and it is not possible to use transformers with these large appliances, as the German systems are 220V/50 Hz.

The deposit is usually double the rent. Sets up costs are high, so expect to pay between \$1000-3000 to get settled.

MILITARY: Ask Finance for assistance on obtaining a security deposit

Community Housing

For more information on this subject:
Housing
<http://www.pcshousexpress.com/>

Name: Community Homefinding, Referral & Relocation Service (CHRRS)
Address: Bldg. 3980 Czernyring 11
City: 69115 Heidelberg
Phone: 06221-4380-3291
DSN Phone: 387-3291
Comments: In the 411th BSB civilian employees are not authorized on-post housing. The military Housing Office can help you with your search for suitable quarters on the economy. The Housing Office must also approve any quarters you find and any rental contract. This is for your protection to make sure quarters are adequate, charges are in-line with the norm for the location, and conditions of the lease are equitable and understood by you. The Housing Office can also assist you in case of any problems or complaints between you and your landlord once you have moved in. There is normally adequate, good quality housing available within a reasonable distance of your military community. Depending on the time of year and your needs and preferences, your search may take a few weeks or significantly longer. Single-family houses are rare -- most are at least duplexes or other form of multi-family dwelling. Some landlords accept pets, but many do not. In addition to the Housing Office your sponsor or colleagues can help you in your house search.

Name: Community Housing Briefing
Comments: Upon arrival in the Heidelberg community it is mandatory to attend the Housing Referral Briefing held on MONDAY & WEDNESDAY at 0900 hours in the the Family Housing office.

Name: House Hunting
Address: In the Greater Area of Heidelberg
WWW Link: http://www.rnz.de/
Comments: A. Attend the FLAG (Families Learning About Germany) class offered by ACS Heidelberg. This class will familiarize you and your family with the Heidelberg area and you will receive some basic knowledge of the German language along with a great study guide. For more information and sign up refer to RELOCATION ASSISTANCE / FLAG B. Invest in a good map. (such as Falk Grossraum-Staedteatlas Rhein-Neckar-Dreiecke) C. Check listings at the Housing office regularly. D. Ask your counselor for assistance whenever you feel you need assistance. E. Study the ads in the local paper. The name of the local paper is F. RHEIN- NECKAR- ZEITUNG (RNZ). G. (Housing and ACS have a handout, which will assist you in understanding ads for rentals) H. Ads for rentals are published in the SATURDAY edition. I. A smaller portion is also published on WEDNESDAY. J. You can also check their web. Follow the steps and check it out Click Start, 1. Then IMMOBILIEN; 2. Then VERMIETUNGEN; 3. Then the categories will show. -Allgemein (General) -EFH/DHH (single houses / Duplex) -Mehrfamilienhauser (Stairwell living) -1 Zimmerwhg (1 room apartment) -1.5 up to 6-room follow -Wohnungen allgemein (apartments in general) -sonstiges (other) KEEP in mind: rooms are living room, bedroom. A kitchen (K) is normally unfurnished and a bathroom (B) can be equipped with either a shower or a bathtub and sink and often a toilet. Restroom (WC) is equipped with a toilet and a sink. K. Some ads can be found in the post paper HERALD POST. For web link refer to INSTALLATION L. Contact a real estate agent. M. NOTE: The tenant pays fees for a successful real estate agent, after the rental contract has been finalized. Real estate agents can charge up to 2.5 months base rent for services provided. N. BE PERSISTENT IN YOUR SEARCH

Utilities

Utility costs are much higher than in the states. Tenants usually keep temperatures in the dwellings lower than in the states. Air Conditioning is used very little. Water is very expensive. On-post water has fluoride added. Off-post no fluoride is added. Water contains a lot of minerals and is referred to as hard water. This condition is not a health risk and water is safe to drink. Deposits can easily be removed by using a vinegar solution. Coffee makers can be cleaned with vinegar as well. Water softeners such as CALGON or KALKSTOP should be used in the washers. Make sure not to mix powder and liquid detergents and water softener. A special water softener called SALT has to be filled into the water softener compartment of dishwashers. Britta water filter remove the minerals from the water. Filtered water can be used to make coffee and tea.

COMMUNITY HOUSING: PRIVATE RENTALS:

Utility arrangements will depend on where you live and how your landlord handles it. In some cases, heat, water and sewer, and trash pickup are included in your rent.

Be sure you understand what your rent covers.

You will usually be billed separately for electricity and always for your basic telephone service.

Most utilities companies bill throughout the year on an estimated basis and then adjust for actual use once per year. You can choose to pay utilities directly. You may pay in cash (EURO) at a German bank or the military community bank. The easiest way to pay is to have your charges automatically deducted from your checking account. Such arrangements often eliminate the need to pay any deposit. You will need an account with the Community Bank to accomplish this. For more information refer to LOCACL COMMUNITY.

COMMUNITY HOUSING: LEASED HOUSING:

Housing Division handles the payment of utilities.

Name: Electricity, Temperature Metric System And Clothing Sizes
WWW Link: http://www.heidelberg.army.mil/welcome/systems.html
Comments: The electrical current in Europe is 220 volts/50 cycles (Hz) compared to 110 volts/ 60 cycles (Hz) in the U.S. You must use caution when using 110 volts, 60 cycles(Hz)appliances here in Germany. For example, clocks operate at 5/6 the normal speed. This means they lose ten minutes every hour. Most appliances with heating elements (toaster and irons) operate satisfactorily with a transformer. However, transformers are inconvenient, particularly in larger sizes. They are heavy, consume a lot of electricity, and may trip circuit breakers. Therefore, you may find it easier not to use your 110-volt appliances such as coffee makers, toasters, or irons, which usually require a larger transformer. However, you can purchase these appliances in Europe at the Post Exchange, thrift shop, German retailers, and/or yard sales. Never use transformers close to water such as in bathrooms. However dual voltage (110/200V) and or items, which are rated 50/60Hz (cycles) operate properly. Temperature is measured in Celsius degrees. The Metric system is used in everyday life. Sizes for clothing, and shoes are different as well. Conversion charts can be picked up at ACS or refer to web link for calculating conversions.

Name: Internet Access
Address: From Work
WWW Link: http://www.hqusareur.army.mil/
Comments: Almost all of the computers in workplaces within the Heidelberg Community are networked, with access to the internet. Use of these computers must be in accordance with USAREUR policy. All users must study for and take the test at the a USAREUR Web site. You must access this test page using Internet Explorer 4 SP1 or Internet Explorer 5.

Name: Internet Access
Address: From Home
Comments: Internet access is not as common in Germany as it is in the United States; however, there are several commercial service providers that you can use. All ISPs provide connection speeds of at least 56Kbps, with most also providing ISDN, and less often, DSL. Various providers advertise their services through the HP and Stars and Strips newspaper. Before signing any agreement, make sure you understand all the conditions. If you need assistance feel free to contact ACCS Heidelberg. Local telephone calls in Germany are not free, and not all service providers include telephone costs in their charges.

Name: Internet Provider: AOL Germany
WWW Link: http://www.aol.de/

Name: Internet Provider: T-Online
WWW Link: http://www.t-online.de

Name: Off-Post: Television
Address: Satellite and AFN Decoder
Comments: 1. Off-post residents can only receive AFN signals by using a decoder. For information on purchasing or leasing a AFN decoder contact the local Exchange. For additional information refer to INSTALLATION -AFRTS. 2. Local cable services are available. For more information contact TELEKOM Phone company. NOTE: If you live on the economy, and want to install an antenna or satellite dish, you will need your LANDLORD'S PERMISSION.

Name: Off-Post: Utilities
Comments: ELECTRICITY: is available through local electric companies,(usually a security deposit is twice the monthly installment). WATER and GAS: are often available through local water companies. GARBAGE DISPOSAL: Within the county is handled by AVR, Sinsheim. Garbage disposal for the city of Heidelberg is handled by the city. RECYCLING REGULATIONS: The rules differ. For assistance contact your housing counselor or DPW. Refer to HOUSING OVERVIEW-RECYCLING Note: Contact the VAT office to find out if your dwelling participates in the Utility Tax Avoidance Program. For more information always contact one of the economy housing counselors.

Name: On-Post: Television:
Address: TKS Cable Company
Office is located at the Main Exchange-Power Zone
WWW Link: http://www.tksable.com/
Comments: TKS provides only services on military installations and housing areas. Channels available are MTV, AFN, CNN, Cablevision, Spanish channel, EURO SPORT, Children channel among others. TKS CABLE Company Rate-Cost: 38 DM Hook-up Fee: none Deposit: 38 DM Military; Waiver of Deposit: none

Name: Phone Companies
Address: Tariffs and more
WWW Link: http://www.telefontarifrechner.de/
Comments: Prices fluctuate greatly. You have to shop around. Refer to Web-link (German) for some good deals or visit ACS.

Name: Phones: TELEKOM
Address: (Down the street from Community Support Center)
Eppelheimer Str. 13-15
City: 69124 Heidelberg
WWW Link: http://www.telekom.de/dtag/ipl2e/cda/t1/
Comments: Hours of Operation: 0830-1700 Mon-Fri. Hook up fee: Prices vary depending on the requested services. You can purchase adapters and use your U.S. made phone or purchase a phone. Phone service isn't much different from what you are used to in the states. Touch-tone service is not as common. On the other hand, some newer German houses for example, are pre-wired for FAX and modem lines in addition to telephone. Long distance rates for calls to the US, through Telekom, are high. If you plan on calling the US on a regular basis, look into various long distance services available over here. Most are advertised in the Stars and Stripes and base newspapers, on a regular basis. Prepaid cards are also an option. If you have an older American cordless phone, you will not be able to use it here because they can interfere with other users. It is important to have 0190 numbers barred whenever you apply for a phone. 0190 numbers can be compared to 0900 numbers in the US and the charges can become very high. There is a one-time fee of 15.00 DM.

Name: Television, VCR, and DVD
Comments: TV: Germany uses a video system called PAL, as opposed to the NTSC system used in the U.S. It is a higher-resolution system with generally better colors, but at the lower 50-hertz rate. All German broadcasts use PAL; however, AFN broadcasts here use the NTSC system. An American NTSC television will not receive PAL signals, and vice-versa. You will need a multisystem television to see both. Most televisions sold at the PX are multisystem, as are many sold on the local economy. VCR/VIDEOS: Videocassettes also fall under this system, with a PAL pre-recorded video cassette not being compatible with a NTSC VCR, and vice-versa. Most VCRs sold at the PX and many sold on the local economy are multi-system, and can therefore play both types of videocassettes. Videocassettes bought or rented on the local economy will be usually be PAL. Videocassettes bought or rented at the PX or at the few local video stores catering to Americans will be in NTSC. DVD: The DVD system has the same video signal problem as videocassettes, plus the problem of regional encoding. A PAL DVD player can usually play NTSC and PAL DVDs, however, it must play to a TV monitor capable of receiving the signal (not a normal PAL TV). NTSC DVD players can rarely play PAL DVDs. Computer DVD players can usually play both formats. Almost all DVD players sold on the mass market, including those in computers, adhere to the region rules of the DVD format. DVD players sold in one region usually can only play DVDs produced for that region. Therefore, a DVD you rent or purchase on the local economy will probably not be playable on your US DVD player. DVDs purchased or rented at the PX or one of the video stores catering to Americans are always playable on US DVD. Some DVDs have no region and can be played in any DVD player. See the DVD packaging for the region.

Relocation Services

Relocation Services Overview

For more information on this subject:

A great resource

<http://www.gordon.army.mil/acs/wwrelo.HTM>

The Relocation Readiness Program objective is to provide current information, guidance and support to soldiers, DA civilians and their families prior to, during, and after their transition from one duty assignment to another. Relocation is a part of the military way of life and has been identified as one of the most stressful aspects of this mobile lifestyle. The stress factor associated with relocating has an impact on retention, readiness and morale. With the exception of mobilization for war, no other military demand has as many potential implications for the soldiers, civilians, and their families as relocating. Even in the best of circumstances they will experience some degree of stress and disruption. To ensure that the demands put on the soldier, civilian and family member do not decrease the retention, readiness and the family well being, we wish to provide them with user-friendly relocation assistance, and ensuring a smoother move.

Name: AC S Relocation Readiness
Address: Community Support Center Bldg 3850
City: Heidelberg
Phone: 06221-57-6883
DSN Phone: 370-6883
E-Mail: Listerk@26asg.heidelberg.army.mil
WWW Link: http://www.heidelberg.army.mil/community/acs/relocation.html

Name: Abbreviations And Other Terms
WWW Link: http://www.tricare.osd.mil/references/acroterms.html
Comments: Ever wondered about a term or abbreviation. At times the military seems to have its own language. This Web link provides a small guide.

Name: Standard Installation Topic Exchange Service (SITES)
WWW Link: http://www.dmdc.osd.mil/sites
Comments: SITES is a congressionally mandated program. The SITES program is a computer-generated booklet that contains installation information as well as telephone numbers for all active duty military posts worldwide. If you are interested in a specific post or have received orders to a new assignment check SITES out and stop by ACS office, RELOCATION SERVICES.

Name: Virtual ACS 2
WWW Link: http://trol.redstone.army.mil/acs/virtual2/index.html
Comments: Offers an abundance of information.

Relocation Assistance

For more information on this subject:

A Guide for the Whole Family

<http://dticaw.dtic.mil/mapsite/relocate.html>

Relocation is a major part of the military lifestyle. In an effort to make the process as smooth as possible, many agencies within the 411th BSB Heidelberg will work with you concerning various aspects of your move.

Name: 1. S-Gate: Online Sponsorship Application
E-Mail: erzarwal@hq.1perscom.army.mil
WWW Link: https://www.sgate.hqusareur.army.mil/SgateEntry.ASP?
Comments: Apply with S-Gate for a sponsor.

Name: 411 BSB Heidelberg ACS
Address: Relocation Readiness Program Community Support Center Bldg 3850, 2nd Floor
City: Heidelberg
Phone: 06221-57-6883
DSN Phone: 370-6883/6975
E-Mail: Listerk@26asg.heidelberg.army.mil
WWW Link: http://www.heidelberg.army.mil/community/acs/relocation.html

Name: ACS Families Learning About Germany (FLAG)
E-Mail: sites1630@26asg.heidelberg.army.mil
Comments: Families Learning About Germany (FLAG) is a 5-day program. It is designed to provide cultural information and some language instruction. In conjunction with the Adult class Kiddie-FLAG, a program for children 3 to 6 years is offered. During the month of June, July and August Summer FLAG in partnership with Heidelberg Youth Services offer a program for Elementary, Middle, and High School age children. Limited childcare is available. Dates: 15-19 Oct 01, 05-09 Nov 01, 10-14 Dec 01, 14-18 Jan 02, 11-14 Feb 02, 11-15 Mar 02, 22-26 Apr 02, 13-17 May 02, 24-28 Jun 02, 08-12 Jul 02, 15-19 Jul 02, 29 Jul - 02 Aug 02, 12-16 Aug 02, 26-30 Aug 02, 09-13 Sep 02, and 23-27 Sep 02. Time: 0900-1400 Location: Patrick Henry Village Scout Hut. In the summer month we are usually holding our FLAG sessions either in the Middle or Elementary Schools. Sign up: Just email us or call ACS I&R for the next available class.

Name: ACS Information and Referral
Phone: 06221-57-6883/6975
DSN Phone: 370-6883/6975
Comments: Service members will have to inprocess with ACS Heidelberg. I&R personnel will inform service members about newcomer's programs and remind them of the mandatory COB. I&R handles the issue of welcome packets, referrals to other ACS programs and keeping up with local events. Most of the phone inquiries are answered by I&R. I&R maintains sign-up for several classes and is always willing to give the customer a big smile.

Name: ACS Loan Closet
Address: Community Support Center, Bldg. 3850 first floor, next door to ID&Passport section
City: Heidelberg
Phone: 06221-57-6883
DSN Phone: 370-6883/6975
Comments: NOTE: THE LOAN CLOSET DOES NOT CARRY LINENS, BLANKETS, PILLOWS OR TOWELS. Hours of Operation: Mon -Wed 1000-1600; Thur 1100-1600; Fri 1000-1600; closed on American holidays. Loan Closet assists newcomers and departing soldiers, families and DOD civilians with items borrowed free of charge for a period of 60 days. Extension can be requested. The Loan Closet provides standard household items such as kitchen utensils, ironing boards, irons, strollers and car seats on a temporary basis to incoming and outgoing soldiers, civilian, and family members. It is advisable that you mail linens or bring some with you if you do not want to buy new ones once you arrive here. To use the Loan Closet you need a copy of your orders.

Name: ACS Sponsorship Training Assistance Program
E-Mail: sites1630@26asg.heidelberg.army.mil
WWW Link: http://www.1perscom.army.mil/PSSD/S-Gate/S-Gate%20Web%20Page/
Comments: SPONSORSHIP Sponsorship is a unit level responsibility which requires support from the entire community. The Relocation Readiness Program provides support by providing training to unit sponsorship program managers and to designated sponsors. This training includes information on how to assist incoming soldiers and their families before, upon and after arrival. Sponsorship Classes (No registration required): Dates and Times: September-June every Tuesday 0930-1100; July-August: By unit requests Location: ACS Conference Room. Bldg.3850 Commanders Awareness Briefing:(No registration required) Dates and Times: September-June every 1st Tuesday of the month 0845-0930; Location: ACS Conference Room NOTE: Online Sponsorship Training is offered by S-Gate, the USAREUR online sponsorship Program. For more information refer to web link.

Name: ACS: Relocation Educator
Phone: 06221-57-6883/6975
E-Mail: sites1630@26asg.heidelberg.army.mil
WWW Link: http://www.heidelberg.army.mil/community/acs/relocation.html
Comments: PCS counseling is done on an individual or group basis for both in-bound and out-bound clients.

Name: CPF: Inprocessing Briefing
Address: Central Processing Facility (CPF) Community Support Center, Bldg 3850, Room 180
City: Heidelberg
Phone: 06221-57-6711/7687
DSN Phone: 370-6711/7687
DSN FAX: 370-7676
Comments: Hours of Operation: Mon - Fri 0730-1200 and 1300-1630 In order to make transition as smooth as possible, the Inprocessing Briefing will be conducted daily Monday through Friday. Time: 0745 to 1150 hours. Due to time limitation and finance paperwork processing requirements, no soldier will be admitted into the briefing after 0800 hours. Soldiers failing to report on time will be seen on a standby basis if time permits. Unit commanders will be notified for failure to report on time for briefing. After lunch, soldiers will go to the work centers/agencies listed in their In-Processing Checklist.

Name: CPF: Inprocessing Requirements
Comments: <p>The Central Processing Facility Staff is here to assist you in making a smooth inprocessing transition. Your sponsor will assist you with inprocessing and should be able to answer some of your questions. The CPF Community Briefing is normally provided two working days (A+2) after your arrival into the community. Please ensure you have the following documentation before reporting to the CPF Community briefing:</p> <p>Assignment orders with amendments or DA Form 4187 for no cost move (15 copies). Duty memorandum with arrival transaction input date (from Bn S-1 or unit). DA Form 31 (Request for Leave) Must be signed by the unit representative. THE CPF IS NOT AUTHORIZED TO SIGN-IN SOLDIERS FROM LEAVE. YOU MUST HAVE THIS COMPLETED AT YOUR UNIT BEFORE REPORTING, OR YOUR FINANCE INPROCESSING AND COMPLETION OF TRAVEL ENTITLEMENTS WILL BE DELAYED. Education, Dental, Medical and Veterinary Records. Military Personnel Records Jacket (DA Form 201), or other related forms and documents. Finance Files and Travel receipts (to include plane tickets, etc) DD Form 788 (POV Shipment Document) If on Deferred Travel , you must have DA Form 5888 (Family Member Deployment Screening Sheet) to inprocess the Personnel Section.</p> <p>As part of your inprocessing, you need to know the procedures for submitting complaints concerning sexual harassment or similar offenses that are incompatible with our goals of maintaining a healthy work related climate.</p> <p>You are required by USAREUR policies and regulations to report to the Central Processing Facility for the mandatory Inprocessing Briefing. Failure to report on scheduled date and time will generate a no-show letter to your immediate commander. BE AWARE THAT E-6 (UNACCOMPANIED OR ON DEFERRED TRAVEL) AND SINGLE SOLDIERS E-6 AND BELOW ARE NOT AUTHORIZED TO RESIDE IN THE GUEST HOUSE IF BEQ OR BARRACKS SPACE IS AVAILABLE. THESE SOLDIERS ARE NOT AUTHORIZED TLA OR REIMBURSEMENT FOR GUEST EXPENSES.</p>

Name: CPF: PCS/ETS Briefing
Address: Community Support Center, Bldg 3850 CPF, first floor Rm 180
City: Heidelberg
E-Mail: sites1630@26asg.heidelberg.army.mil
Comments: <p>ACS participates at the LEVY Briefing. The briefing is designed for departing service members. DOD employees and spouses are welcomed. Some topics will not apply to DOD employees. For more information visit the CHRMA homepage. In order to make outprocessing as smooth as possible the LEVY Briefing is a MUST.</p> <p>Permanent Change of Station and Separation Briefing: Date: Every Tuesday Time: 1230-1625</p>

Name: ITC Community Orientation Briefing (COB)
Address: Community Support Center, Bldg 3850 ITC Conference Room
City: Heidelberg
E-Mail: sites1630@26asg.heidelberg.army.mil
Comments: <p>COB is a mandatory briefing for all incoming soldiers. Briefers familiarize service members on living and working in Heidelberg. Date and Time : every Monday, 1230-1530 Location: Inprocessing Training Center(ITC)</p>

Name: ITC Headstart
Address: Community Support Center
City: Heidelberg
Comments: <p>Headstart covers many subjects and items which every American service member in Germany will encounter. Soldiers are enrolled in Headstart classes at the the time of inprocessing. They are then requested to report to the Headstart class as scheduled. Date and Time: every Tuesday-Friday, 0730-1600 Location: ITC Headstart classroom</p>

Name: Relocation Tips:
WWW Link: http://www.fmmc.army.mil/Relo%20Page/ACS%20Relocation%20Outbound%20Page.htm

Name: Relocation Tips: Air Force Crossroads
WWW Link: http://www.afcrossroads.com
Comments: <p>A great resource provided by the Air Force.</p>

Name: Relocation Tips: Military Brats Online
WWW Link: http://www.militarybrats.com/

Name: Relocation Tips: Military Teens on the Move
WWW Link: http://dticaw.dtic.mil/mtom/menu.html
Comments: A great resource for teenagers.

Name: Relocation Tips: Moving Checklist
<p>Comments:</p> <p>1. RECEIPT OF ORDERS Contact sponsor, see your local Army Community Service/Family Assistance Center for information on your next Duty Station, (request your SITES information booklet), and contact the Housing Office for clearing instructions.</p> <p>2. THIRTY DAYS BEFORE Give "30 day notice" to your landlord if you live off base. Provide him/her with a written notice and keep a copy for yourself. Eliminate everything you won't need. Prepare an inventory of goods. Notify post office of new address and fill out change of address cards. *Gather medical and dental records. Check and clear tax assessments. Notify insurance company of move before goods are packed. *Check out auto licensing requirements. Notify schools, & have transcripts forwarded. Close local charge accounts. Arrange pet shipment and be sure immunization record is up to date. Shot & vaccinations must be over 30 days old for most foreign assignments. Make travel plans. Make hotel reservations, and reconfirm later. Check freezer, and plan to use up food over the next 2 - 3 weeks. Decide what items to give to charity. Get a signed receipt to use for your tax return if you itemize on your taxes.</p> <p>3. TWO WEEKS BEFORE Collect clothing items to clean & repair. Return items borrowed, collect items loaned out. Transfer or close out banking accounts, if desired. Arrange to have utilities disconnected. Arrange to have utilities connected at new duty assignment. Have your car tuned up for the trip, or cleaned (inside & out) if you are going overseas. Check oil, water, battery and tires.</p> <p>4. ONE WEEK BEFORE Dispose of all flammables. Pack suitcases. Plan travel games, activities, for all family members. Make up a "Do Not Move" carton for articles to be taken in the car. Place suitcases & carryon baggage for overseas trips in closet, and away from movers. Withdraw the contents of your safe deposit box. Cancel newspaper, maid service, etc.</p>

5. DAY BEFORE MOVING

Empty refrigerator and defrost freezer. Let stand with door belted open for 24 hours. Give all foods left over away to neighbors and friends.
Remember DO NOT PACK THE Telephone

6. MOVING DAY

Have phone numbers of the packers and Personal Property office handy.
Have a sitter, or send the kids to a friends' house for the day.
Be there yourself, or have a friend there to answer questions from the movers.
Accompany the van operator during the inventory of things to be moved. Be sure you have pictures of all high priced items, with receipts, and social security numbers that are on the TV, Stereo, CD players, etc.
Sign & save copies of all moving documents. Be sure delivery address is correct.
Confirm delivery date and time. For overseas assignments, get an approximate time frame, as delivery is not guaranteed on any certain date.
Load broom in the car last, and have it in your new home first. Fast cleanups in both places really help.
Before leaving your home for the last time, do a walk-through and check each room and closet.
Make sure windows are locked and lights are out.

Name: Web Link: Navy Lifeline

WWW Link:

<http://www.lifelines4qol.org/home.asp>

Comments:

Another great resource link.

In Transit Emergencies

No matter how well you have planned your move, emergencies do happen. Before you leave make sure you have all important papers with you, not packed with your household goods. Make sure you have important information such as the Staff Duty Officer, your Command Duty Office, and your sponsor's phone number. Your sponsor can be invaluable in case of an emergency while in transit.

** The American Red Cross is always available for emergency aid. Contact the nearest chapter listed in the local phone directory.

** Army Emergency Relief (AER) can provide financial assistance to meet unforeseen required travel and related maintenance expenses such as transportation, lodging or food, when applicable due to extraordinary costs involved with permanent change of station (PCS).

**If an Army installation is not close by, you may contact any of the services' emergency organizations for help. They will in turn contact HQ AER and, upon approval, provide the needed assistance.

** If servicemember encounter problems such as passport and visa problems they can contact ATAC.

Name: Army Emergency Relief

Address: Community Support Center, Bldg 3850

City: Heidelberg

Phone: 06221-57-6883/6975

DSN Phone: 370-6883/6975

Comments:

Army Emergency Relief (AER) provides financial assistance to eligible soldiers, dependents, and retirees. AER can help with emergency financial needs for food, rent, utilities, emergency transportation and vehicle repair, funeral expenses, medical/dental expenses, and personal needs when pay is delayed or stolen. Assistance is given in the form of an interest free loan, grant, or part loan and part grant. To receive AER assistance, first see your unit commander then contact the AER office for an appointment.

Name: Army Traveler's Assistance Center (ATAC)

Phone: 1-800-851-3144.

Comments:

PERSCOM DCSPS supports the Army Traveler's Assistance Center (ATAC) for those soldiers and family members traveling enroute to and from overseas tours on official orders. Typical actions that can be handled by ATAC include requests for leave extensions, arranging or changing port calls, resolving some passport and visa problems, and arranging next of kin overseas travel under invitational travel orders. The ATAC is staffed from Monday through Friday between 8 a.m. and 5 p.m. Eastern Time. In the event of an emergency, there is an ATAC duty NCO who will respond to the automated answering system. ATAC recommends that callers listen carefully to the automated answering system and follow all instructions. All emergency calls will be returned within one hour.

Financial Preparedness

For more information on this subject:

Financial Services

<http://www.heidelberg.army.mil/community/acs/financial.html>

Plan for your move. Moving is very expensive. Be prepared for the high cost of living in Heidelberg. With the fluctuating exchange rate, shopping on the

economy can be expensive. Car insurance is extremely expensive. You can count on it being two to three times what you normally pay in the States. Although the Post Exchange and Commissary usually have basic household items in stock, there are times when items of high demand must be purchased on the economy, such as a particular size in clothing, certain sizes of linen, etc.

Set up expenses you can expect are rent, advance rent, deposits, hook-up fees, license, tags, registration, car rental, transportation from the car shipping port (stateside), temporary lodging and food. For more information on allowances and mangement of funds during a move visit the web link.

Name: 266th Finance Company

Name: Defense Finance and Accounting Services (DFAS)

WWW Link: http://www.dfas.mil/money/milpay/
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Comments: Get the latest on military and civilian entitlements.

Name: Map Your Move:

WWW Link: http://www.militaryacclimate.com/
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Comments:

MAP YOUR MOVE with this financial relocation counseling tool.

This site is designed specifically for military personnel. Its purpose is to assist them in determining:
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1) The Cost-of-Move, which will list the estimated costs associated with making a move based on personal requirements, military allowances, and the selection of a specific military installation.
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2) The Cost-of-Living, which will compare an individual s current financial standard of living to communities surrounding a second military installation location.
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3) The Best-Fit analysis, which will list important neighborhood demographics, along with a ranking of the communities around a selected military installation.

The allowances and calculations are estimates based on the information that you provide. Your actual allowances, payments, and costs may differ based on your actual move situation or changes to allowances. For information click web link for overview web link.

Name: Social Security Administration

WWW Link: http://www.ssa.gov/
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Exceptional Family Member Program (EFMP)

It is STRONGLY advised that all incoming service members with exceptional family members contact the EFMP Coordinator at their local installation to make sure the facilities are available here for medical or educational needs. Family travel has been denied for service members who found out after arrival that facilities were not available. Also contact the gaining Army Community Service, EFMP manager. The Exceptional Family Member Program (EFMP) is a mandatory enrollment program that is based on public law and Department of Defense mandates. Soldiers on active duty enroll in the program when they have a family member with a physical, emotional development or educational disability

requiring specialized services related to medical treatment, therapy, counseling and/or education. Enrollment ensures that the needs of the family member will be considered in the military assignment process.

Any parent of a special need child with a serious disability, who desires additional information, should contact the ACS EFMP manager. DOD civilians and contractors refer to detail listings below.

Name: ACS Exceptional Family Member Program (EFMP)
Address: Community Support Center, Bldg 3850
City: Heidelberg
Phone: 06221-57-6883/6975
FAX: 06221-57-3517
DSN Phone: 370-6883/6975
DSN FAX: 370-7288
WWW Link: http://mfrc.calib.com/snn
<p>Comments:</p> <p>The EFMP Program Manager is responsible for providing assistance to all military and DOD Civilian families seeking care, treatment or education for their exceptional family member. The EFMP Coordinator acts as a liaison between the family and community agencies. The coordinator provides guidance and assistance with:</p> <ul style="list-style-type: none"> Exceptions to policy MTF Proximity Waiver Curtailment Compassionate reassignment Medical reassignments PCS transition assistance Family readiness planning (pre-deployment) <p>The EFMP Program Manager can also provide information and resources concerning education, health, advocacy and self-help resources at the global, national, state and local levels. If you should experience any difficulties or have any questions during your tour in the 411th BSB, you are encouraged to contact your EFMP Coordinator at ACS.</p> <p>Special Needs Network is a great DoD web site resource for soldiers, family members and professionals regarding EFMP and individuals with special needs. See above web address.</p>

Name: DODDS: Special Education Programs
<p>Comments:</p> <p>INDIVIDUAL EDUCATION PLAN (I.E.P.): Parents of children enrolled in special education, should hand carry all pertinent school and medical documents to include their children's Individual Education plan (I.E.P.). The I.E.P. school document outlines all the special education intervention services for a child and the Heidelberg DoDDS school staff use this document as the basis for initiating special education services.</p> <p>DODDS SPECIAL EDUCATION SERVICES: are offered up to age 21 years. Vocational training programs are not available in the community for metally disabled young adults who are no longer eligible for DoDDS special education services. Job placements with work assistance may be provided on a case by case basis. Parents should be advised, however, that the community is limited in what it can offer, in quality or depth of job training compared to stateside vocational trainig programs for the mentally handicapped. For more information refer to EDUCATION</p>

Name: EFMP Screening- DOD Civilians-
<p>Comments: EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP) INFORMATION SHEET AND EFMP EDUCATIONAL SUMMARY: Prior to final acceptance of a position in an overseas duty station you must complete and return DA Forms 5863-R and 5291-R, Exceptional Family Member Program (EFMP) Information Sheet and EFMP Educational Summary (located with the in-processing forms). Completion of these forms is required so that if you have EFMP needs you will receive information about the availability of educational and medical-related services near the new duty station. If you have EFMP needs, DA Forms 5863-R and 5291-R will be forwarded to the EFMP staff at the European Regional Medical Command and will be coordinated with the DoDDS liaison person. After coordination, we will provide you with the latest DoDDS/EFMP service screening sheet that states whether special needs services are currently available at your duty station or in close proximity to your duty station. This information will allow you to decide if the services available meet with your needs.</p> <p>SERVICES: Educational and medical-related services provided by the U.S. Forces Medical facilities and the Department of Defense Dependent Schools (DoDDS) in Europe are limited in comparison to those available in the continental United States. If you have EFMP needs, it is your responsibility to inform yourself of available services so you may make an informed decision of whether to accept the job offer.</p> <p>Whether or not you have an exceptional family member will not affect your selection for the position. The purpose of collecting EFMP information is to provide you with advance information on educational and medical-related services so you may make an informed decision about accepting the position and to ensure a smooth transition for your family.</p> <p>CONTRACTORS: Check with the EFMP COORDINATOR to find out which services may be available. In many cases services are not available for EFM of contractors.</p>

Name: EFMP Screening-DOD Servicemember
<p>Comments: When a soldier is being considered for an assignment to an OCONUS area for which command sponsorship/family travel is authorized, all family members must be medically screened. This screening consists of medical records review for all family members. The screening physician completes a DA5888 and this is sent forward to European Regional Medical Command (ERMC) through 1st PERSCOM, for a medical and/or educational review. When 1st PERSCOM approves family travel the soldier may begin the PCS preparations.</p>

Name: EFMP: Child and Teen Services
<p>Comments: Single or dual working parents of special needs children with medical and/or educational disabilities are requested to contact the EFMP manager, prior to the PCS move. Advance notification of special care requirements is helpful in the preparation and planning of services for special needs children. In certain cases the parents will be referred to the Special Needs Resource Team (SNERT) before receiving childcare services, for the purpose of reviewing the specific medical and/or developmental disability and ensuring appropriate and safe care. Child and Youth Services (CYS) provide childcare services as well as cultural and sports programs for the community's youth. Children with special needs are mainstreamed into these services and programs and provided reasonable accommodations within the framework of the existing programs</p>

Name: Educational Developmental Intervention Services (EDIS)
Address: Nachrichtenkasernen, Bldg. 3611
City: Heidelberg
Phone: 06221-17-2773/2738
DSN Phone: 371-2773/2738
Comments: Educational and Developmental Intervention Services (EDIS), formerly called the Exceptional Family Member Services (EFMS), provides the following services to eligible children (birth through 20 years): 1. Child Find Screenings of children birth through 5 years, who are not yet in school, in order to identify delays or concerns with a child's development. Referrals may come from parents, medical providers or other community organizations that have knowledge of the child. 2. Early Intervention evaluations and services for eligible children, birth through 2 years, are provided by EDIS professional in the home, clinic and/or child care setting and may include parent education, speech and language, self-help, cognitive, social and fine/gross motor skills interventions. Referrals come from parents, medical providers or other community organizations that have knowledge of the child. 3. Medically related evaluations and services for eligible children ages 3 years through 20 who receive special education services in DoDDS. These services, which are almost always provided at the child's school, include physical therapy and occupational therapy. 4. Other services available through EDIS include audiology, psychological services, social work, and a developmental pediatrician.

Name: Support Groups
Comments: Prior to coming to Heidelberg you may want to contact families with exceptional family members. For more information refer to SUPPORT SERVICES

Household Goods In-Bound Shipments

For more information on this subject:

Map Your Move

<http://www.militaryacclimate.com/>

Contact the Household Goods/Hold Baggage as soon as possible after your arrival. The transportation office needs a telephone number and address where you can be reached. As soon as you have a delivery address for your household goods, provide this information to the transportation office. If at all

possible, accept delivery of your personal property as soon as it arrives.

Name: Transportation Office
Address: Community Support Center, Bldg 3850
City: Heidelberg
Phone: 06221-57-6347/8536
Comments: Hours of Operation: 0800-1600 Mon - Friday.

Name: What Goes Into The Household Shipment?
Comments: Generally houses and apartments are a lot smaller in Germany than in the US.. * DO NOT BRING LARGE APPLIANCES * LAMPS: Bring them. FMO lamps are scarce and not the most stylish. A simple wrap around, adapter and a German light bulb are all that is needed. * CUTAINS: Opinions are divided. An explanation may help to decide for yourself. German drapes and curtains are hung from the ceiling, not from the wall. German curtains are therefore longer than average American curtains. American curtains may be converted for use by sewing a special hanging tape to the upper edge of the curtain. * You can also make double bed sheet (flat) into curtains. * German curtains come in all price categories. * RUGS: Bring them. FMO has only a very limited number, and not the best. Note: Catalog stores will not ship the largest sizes to APO addresses. * Beautiful rugs can be purchased in Europe. Note: Persian rugs are barred from entering the U.S. * BEDS: Double beds are scarce and smaller than American style double beds. If you are 6ft tall, you might hang over the bed. FMO does not carry cribs. * SEWING MACHINE: Bring it. * STORAGE SPACE ITEMS: Bring them. German houses do not have built-in closets and little storage space. * LIVING ROOM FURNITURE: FMO does not have the furniture you would expect from the States. If items are not too large, bring them.

Name: What Goes Into the Hold Baggage?**Comments:**

PLEASE NOTE: ACS Loan Closet is not authorized to carry linens, pillows, towels, and blankets.

* Service members and DOD civilians should check with the transportation office for proper weight allowances.

(Presently 175 pounds per person under the age of 12;

350 pounds per person over 12 years)

This is an airfreight to Germany, packed out and sent in time to arrive within 35-45 days of shipment.

* Contractor should contact their company for advice..

Helpful Suggestions:

Linens, pillows, towels, blankets for each family member

Broom, dust pan, mop

Dish towels

Books and / or hobby items

Toys and other items that the children will like

Clothes and shoes for every season (weather can change quickly)

Rain coats and rubber boots for children

Ironing board

Sewing machine and sewing related items

Store catalogs

Uniforms

Hand tools (such as hammer, cement nails)

Measuring cups/ spoons

Only suggested if you will live on post (Small appliances and microwave will run slower & will require transformers, which can be purchased at Thrift Shop or PX)

Flatware, dishes, pots, pans

Curtains and rugs

Computers (only if really necessary). Most work places will have access to computers.

Baby cribs, and play pens

Small sporting equipment

Bicycles

Portable TV and radio

DO NOT SEND WITH YOUR HOLD BAGGAGE:

Radio clock (clock will lose 10 min/hour to different cycle), China, high value items (such as TVs, stereos, VCR, stereos, computers), antiques or any item of sentimental value, and any other breakable item.

Household Goods Out-Bound Shipments

For more information on this subject:

Travel Regulations

<http://www.dtic.mil/perdiem/trvlregs.html>

This information is designed for military personnel and family members who are preparing for shipment of household goods. It is based on entitlements found in Joint Federal Travel Regulation (JFTR) and the IT'S YOUR MOVE booklet by the American Forces Information Service, Department of Defense, 1994.

Generally, the Permanent Change of Station (PCS) and arrangement for shipment of household goods begins once the service member receives orders from the Personnel Support Detachment (PSD) and a destination site has been determined. Specific arrangements for personal shipments normally begin at the local transportation office. Each pay grade has its own weight allowance, which is the maximum weight that can be moved at government expense under JFTR. The allowance includes the weight of household goods shipped, placed in storage or sent as unaccompanied baggage. The service member must pay anything exceeding the maximum weight allowance. All shipments can be weighed before destination delivery and can be coordinated with the local transportation office.

Make sure you set up an appointment with your local transportation office once new PCS orders are in hand.

Name: Transportation Office
Address: Community Support Center, Bldg 3850
City: Heidelberg
Phone: 06221-57-8126/7495
DSN Phone: 370-8126/7495
Comments: Hours of Operation: 0800-1600 Mon - Fri.

Household Goods Claims

When it comes to filing claims for damage to household goods and hold baggage shipments, you should be aware of your responsibilities under Chapter 11, AR 27-20. Listed below is information to keep in mind during your upcoming PCS move.

PACKING YOUR SHIPMENT:

Preparation of the Inventory: You have the responsibility to ensure that your shipment inventory is complete and accurate. Keep in mind that the

carrier may not have your best interest at heart when it comes to preparing the inventory.

Make sure the inventory accurately describes your electronic goods and other expensive items (serial #, model #, year and size) and lists quantities for bulk items such as CDs or videotapes.

If you disagree with something the carrier puts on the inventory (i.e. preexisting damages) make your exception known by writing your disagreement in the "remarks/exceptions" section of the inventory.

RECEIPTS, OWNER'S MANUALS AND OTHER RECORDS:

Keep receipts, owner's manuals, and other records to verify ownership, age and value of your property. Ship those receipts separately from the items they describe.

DOCUMENTING OWNERSHIP:

For expensive items, photograph the items with a member of your family, make a videotape, or document ownership by some other method, such as an appraisal. This will help you establish ownership if the carrier fails to specifically list the items on the inventory.

DELIVERY OF YOUR SHIPMENT:

DD FORM 1840/1840R: When your shipment arrives at your new location, make sure that you indicate any missing items and obvious damage on DD Form 1840/1840R (pink form) that the carrier gives you to sign. The DD Form 1840/1840R serves as a notice to the carrier of loss or damage and as a receipt of delivery.

Noting damage or missing items on the 1840/1840R at the time of delivery makes it easier to substantiate your loss. However, you will often not get the 1840/1840R until the end of the move. If possible, fill out the front of the form while the movers are there, listing any missing items and obvious damage, and have the carrier sign. Use your inventory and be thorough when describing damages and missing items.

Upon delivery, it is usually better to have the carrier unpack or unwrap any of the large items (televisions, stereos and furniture) so you will have a better opportunity to note any damages. The carrier is also responsible for reassembling furniture, which was disassembled for shipment. If they refuse, or if you

have any other problems with the carrier, contact Quality Control.

If you discover any damages or loss after the movers leave, list them on the reverse side of the 1840/1840R. (Reverse the carbons, too!)

PROVIDING NOTICE:

Provide notice of your damages or loss by listing them on DD Form 1840/1840R (the pink form), and turn it into the claims office ASAP! For local moves within Germany you have 70 CALENDAR DAYS from the date of delivery to provide notice. For moves from Conus to Germany you have 70 CALENDAR DAYS from the date of delivery to provide notice. Remember, if you miss the deadline for providing notice, you lose money.

PRIVATE INSURANCE FOR HOUSEHOLD GOODS:

Despite the government's best efforts, damage may occur when household goods are moved. While the government reimburses for claims filed based on actual value or depreciated replacement cost for property at the time of loss, full-coverage insurance offers full payments for what it would cost to replace items with new ones at today's prices.

Private insurance programs may offer several other desirable features:

Individuals may elect to insure the entire shipment or selected high-value items.

Shipments may be automatically insured for up to 90 days in storage at origin and/or destination at no extra charge.

If goods require storage for longer than 90 days, they may still be covered for a nominal increase in price.

Rates for this type of private coverage vary. Shop around for the best terms and prices.

For more information, contact your local transportation office

Name: Patton Law Center
Address: Patton Barracks, Bldg 107
City: Heidelberg
Phone: 06221-17-7038
DSN Phone: 373-7038
Comments: Hours of Operation: 0900-1600 Mon, Tue, and Fri.

Household Goods Weight Allowances

This is a full Joint Travel Regulation (JFTR) shipment area. Personnel are authorized to ship their full weight allowance. Temporary furnishings are available for use while waiting for household goods and unaccompanied baggage.

Each pay grade has its own weight allowance, which is the maximum weight that can be moved at government expense. The allowance includes the weight of household goods shipped, placed in storage or sent as unaccompanied baggage. Anything

exceeding the maximum weight allowance must be paid by the service member. All shipments can be reweighed before destination delivery and can be coordinated with the local destination transportation office.

The weights below includes shipments to and from CONUS. Exceptions exist see your local transportation officer.

UNACCOMPANIED BAGGAGE:

E1-E9:500 lbs; O1-O5 600 lbs; O6 and up 1000 lbs.

Household Goods Weight Allowances

<i>Grade</i>	<i>Allowance w/Dependents</i>	<i>Allowance wo/Dependents</i>
E1	5,000	1,500
E2	5,000	1,500
E3	5,000	2,000
E4	7,000 / 8,000	3,500 / 7,000
E5	9,000	7,000
E6	11,000	8,000
E7	12,500	10,500
E8	13,500	11,000
E9	14,500	12,000
W-1	12,000	10,000
W-2	13,500	12,500
W-3	14,500	13,000
W-4	17,000	14,000
O-1	12,000	10,000
O-2	13,500	12,500
O-3	14,500	13,000
O-4	17,000	14,000
O-5	17,500	16,000
O-6+	18,000	18,000

POV In-Bound Shipments

For more information on this subject:

Shipping Your POV

<http://144.101.37.132/property/default.htm>

IT IS IMPERATIVE THAT SERVICE MEMBERS/DOD EMPLOYEES INFORM THE LOCAL TRANSPORTATION OFFICE OF THEIR DUTY ASSIGNMENT/PLACE OF DUTY UPON ARRIVAL.

DSN: 370-6347/8356 Comm. 06221-57-6347/8356

HOW MANY CARS CAN YOU SHIP?

You are allowed to ship one privately owned vehicle at government expense to or from an overseas area when permitted (some overseas areas restrict shipment of POVs). The entitlement to ship an otherwise eligible POV from overseas to the United

States is not dependent on whether a POV was shipped to the overseas area. The entitlement to ship a POV to the overseas area and the entitlement to ship a POV from the overseas area are separate. For the purpose of this shipment, a POV is a vehicle owned by the member or a dependent of the member (member must show proof of ownership/registration or lease agreement).

BEFORE SHIPMENT:

GET PREPARED: To make your transition smoother, it is recommended that any needed repairs be done prior to shipping your car to Germany. Labor repairs and parts are very expensive, and parts may take a while to arrive in Germany. So, it would be to your advantage to make all repairs stateside. Check for rust, torn fenders, chips, cracks or star fractures in the windshield. Any type of oil leak, or

inoperative lights, horn, speedometer, etc., can prevent your car from passing inspection.

AT THE PORT:

POV Title: US CUSTOMS require one (1) certified (notarize) and Two (2) copies of original or certified copy of the vehicle title. The title must include the vehicle identification number (VIN) or the product identification number.

Leased POVs: a POV is leased or recorded lien exists in the United States (including Puerto Rico, Northern Marina Islands, Guam, American Samoa, and Virgin Islands), written approval from the "third-party-in-interest must be obtained stating the vehicle may be exported."

SHIPMENTS:

Incoming and outgoing Privately Owned Vehicles (POV) shipments are routed through the Rotterdam and Bremerhaven port activities. POV's shipped to Bremerhaven are shipped by contract from the port to the 26th ASG processing point in Mannheim.

Name: Mannheim Vehicle Processing Center (MVPC)
Address: Taylor Barracks, Bldg 348, 68309 Mannheim- Kaefertal
Official Mailing Address : Transcar
City: Attn:MVPC, APO AE 09166
Phone: 0621-730-8674/8774/
FAX: 0621-7140711
DSN Phone: 381-8674/8774
WWW Link: http://www.whereismypov.com
Comments: Hours of Operation: Mon, Tue, Wed, and Fri 0800-1400; Thur 0800-1500 BEFORE ARRIVAL: Customers can track the movement of the car by visiting the Web address.Once the car has arrived:1. Customer will be notified by MPS mail2. A current list will be posted at he local In- Bound Transportation Office3. Customers can call MVPC4. Check the Web site (to enter system you must enter the order number of the shipping document) AFTER ARRIVAL: Call to confirm the arrival of car before going to Mannheim.The following items/documents have to be presented when picking up car: 1. Temporary tags 2. Temporary registration 3. Warning triangle (if not in the car already) 4. first aid kit 5. Complete set of orders including all amendments 6. ID card 7. POWER OF ATTORNEY, if another person than picks up car listed on the shipping document. RECEIVING THE CAR: Customer will look over the car, note any damages, MVPC will advise customer on further procedures for filing claims. The car will be turned over to the customer SAFETY INSPECTION: Every car will receive immediately a safety inspection at TAYLOR BARRACKS,After passing inspection the vehicle registration has to be finalized within 5 days at the vehicle registration office where the registration was initiated.IF car DID NOT PASS inspection, customer will be advised on further steps. DRIVER'S TESTING: See section REGULATIONS

POV Out-Bound Shipments

After receiving orders: SEE YOUR TRANSPORTATION OFFICER AT YOUR LOCAL

TRANSPORTATION OFFICE. HE WILL ADVISE YOU ON THE PROCEDURES. Be sure the POV is in a safe and operable condition when it is turned into the port. Failure to do so may be cause for the terminal commander to refuse your POV for shipment. Be sure your POV meets emission control and safety standards and has no more than a quarter of a tank of gas when it is delivered to the port. All exterior surfaces, including the undercarriage, must be clean and free of soil and other foreign matter. You may also want to consider rust protection and undercoating prior to shipment. Only the following items may remain: normal vehicular tools, such as jacks, jumper cables, and warning triangles, one spare tire. However, the government is not liable for replacement of any items, which may be stolen.

Name: Mannheim Vehicle Processing Center (MVPC)
Address: Taylor Barracks, Bldg 348, 68309 Mannheim- Kaefertal
Official Mailing Address : Transcar
City: Attn; MVPC, APO AE 09166
Phone: 0621-730-8674/8774/
FAX: 0621-7140711
DSN Phone: DSN: 381-8674/8774
WWW Link: http://www.whereismypov.com
Comments: Hours of Operation: By Appointment Only. AT MVPC: The car will have to pass an agricultural inspection. Shipping documents will be issued. Car gets turned over to MVPC. VEHICLE REGISTRATION: After receiving shipping documents, car has to be cleared with local Vehicle Registration Office. After receiving clearing paperwork, car has to be cleared with the insurance company.

POV Claims

Name: Patton Law Center
Address: Patton Bks, Bldg 107
City: Heidelberg
Phone: 06221-17-5061
DSN Phone: 373-5061/5059
Comments: Claims Office Hours: 0900-1600 Monday, Tuesday, Wednesday and Friday.

Pet Boarding/Kennels

Name: Kennels
WWW Link: http://www.t-online.de/partner/index/gelbeseiten.htm
Comments: Ask ACS for the current listing or consult the GELBE SEITEN (Yellow pages). the categories you are looking for are TIERHEIME U. TIERPENSION.

Pet Licensing

Germany is a pet friendly country. Pet owners might have to pay additional fees at hotels. Generally pets are allowed in restaurants, but they have to be well behaved. Pets may travel on public transportation as long as the pet owner purchases a ticket (same as children 6-14 years of age).

Pet owners are liable for their pets at all times .

If living off-post keep in mind that it is up to the landlord to approve or disapprove of pets.

Due to many incidents of pet abandonment by Americans the local Tierheim (animal shelter) will not allow service members residing within the 411th BSB to get animals.

Name: Community Policies: Pet Registration
Comments: Pets will have to be registered with the Heidelberg Veterinary Office within two (2) week after arrival. Government housings: Two pets per household are authorized. Requests for exception have to be submitted to the housing office. Off-post: Ask the landlord before you sign a lease. Any agreement has to be in writing. Leash Policy: Dogs have to be kept on a leash at all times. Pet owners are required to clean up after their dogs. Snakes are not allowed in government housing. For more information refer to REGULATIONS/COMMUNITY POLICIES

Name: Dangerous Dogs
Phone: 06221-17-3317
DSN Phone: 371-3317
E-Mail: 100thcdr@med30.heidelberg.amedd.army.mil
Comments: Pit Bull, American Staffordshire Terrier, Staffordshire Bull Terrier, Bandog, and Tosa Inu as well as those breeds declared dangerous under laws of the German Laender (states) and cross breeds with any of the breeds listed in federal or state ordinances. IT IS ILLEGAL to import those breeds. For additional information contact the local Veterinary Treatment Facility.

Name: Health Certificate and Rabies Vaccination
Comments: In order to ship pets to and from Germany, pets need to have a health certificate less than ten (10)days old. Pets need to be vaccinated each year for rabies and receive their normal preventive vaccines.

Name: Heart-Worm Area
Comments: Dogs are not in a heart worm free area and therefore dogs need to be kept on their preventive treatment. Whenever you travel keep them also on preventive treatment.

Pet Quarantines

Germany does not quarantine animals but requires a health certificate which can not be more than ten days old. Rabies vaccination must be at least 30 days old and not more than one year old. Be aware that pets can not travel to England due a quarantine of six (6) month at the expense of the owner.

Veterinary Services

Pet owners will find a full range of veterinary services available on- and off-post. Many veterinarians operate within the city of Heidelberg and the county.

Name: 411th BSB : Veterinary Treatment Facility
Address: PHV, Bldg 4510
City: Heidelberg
Phone: 06221-338-9470/9473
DSN Phone: 388-9470
Comments: Veterinary Treatment Facility offers a full range of services. Appointments are necessary. CALL first for emergencies during duty hours. Emergencies after duty hours call German Veterinary Emergency number. Go to DETAIL LISTING: TIERAERZTLICHER NOTDIENST

Name: German Vetererinary Emergency Hotline: TIERAERZTLICHER NOTDIENST
Phone: 0171-8070400
Comments: On call 24 hours a day. Most of the doctors do speak English.

Name: German Veterinary Clinic
Address: Fachklinik fuer Kleintiere Baumschulenweg 10
City: 69124 Heidelberg
Phone: 06221-166800
WWW Link: http://www.tierklinik-hd.de
Comments: Local civilian veterinarian provide emergencies medical care for pets 24 hours a day.

Name: German Veterinary Clinic
Ludwig Wagner Str. 31
City: 69168 Wiesloch
Phone: 06222-8152 1
Comments: Provides services in the area of Wiesloch.

Name: Search for a Local Veterinarian
WWW Link: http://www.gelbeseiten.de
Comments: See Web-link. Choose language. Choose the area code e.g. Heidelberg 06221 go to Business type the category TIERAERZTE (Veterinarian) or TIERAERZTLICHE KLINIKEN (VET CLINIC). Phone numbers and addresses will be displayed.

Pet Transportation

RESPONSIBILITY:

Personnel need to make special arrangements when shipping family pets (cats and dogs only) to and from Germany.

Costs for shipping pets are at the expense of the pet owner.

OUT-BOUND SHIPMENT OF PETS:

Pets are no longer allowed to be shipped "unaccompanied", as cargo. You must be on the flight with your pet, or have someone else flying on the same flight, which will be responsible for your pet. If you have no one who can fly with your pet, you can use a special Pet Shipping Company.

AMERICAN HOLIDAYS / GERMAN HOLIDAYS: PLEASE BE SURE YOUR PET DOES NOT ARRIVE ON FEDERAL HOLIDAYS, AS NO CUSTOMS AGENTS ARE AVAILABLE. For current date refer to LOCAL COMMUNITY/EVENT CALENDAR.

PREPARATION:

Keep your pets' routines as regular as possible as you prepare to move. If you normally feed, exercise or play with them at a certain time, continue to do so. During the final crunch of moving, you may find it works best to keep your pet either at a friend's house or a kennel, reducing the chance of your pet getting upset and running away, or in the case of cats, hiding in a box about to be shipped.

Keep some form of identification on the pet at all times and be sure you have current pictures along with a written description available. This will reduce a lot of stress should your pet escape. If the length of the move requires the animal be provided with food and water, be sure the food is bland and easily digested and that the water comes from your home supply. Changing diet or water sources are common causes of diarrhea and vomiting from upset stomachs. If in doubt, check with your veterinarian for food recommendations.

Prior to moving, schedule a visit with your veterinarian for a thorough physical exam, making sure all vaccinations are current, especially the rabies vaccination. While at your veterinarian's office, get copies of your pets' records.

If your pet is on any medication be sure to have an ample supply so you won't run out before getting settled in your new location. Also discuss with your veterinarian whether your pet should be tranquilized during the move. If so, get enough to try it out prior to the move to be sure the dosage works properly.

Since each state has different laws and regulations regarding the importation of animals and some counties and municipalities have their own ordinances, check with a veterinarian in the new area

to be sure your pet complies. It is important to do this several weeks before your move to allow time for all paper work to be completed.

Temperature extremes should be avoided. In most cases, it's best to transport your animal in a sturdy, insulated carrier to help regulate the changing temperature. Never leave a pet in a hot car during the summer time or a cold car in the winter.

If you are transporting the pet by plane, try to book a direct flight to minimize the time the animal may be sitting outside the plane in inclement weather conditions. Some airlines provide counter-to-counter service so your pet will be carried on and off the plane by an airline employee. While this service costs a little more, it may be worth it for your peace of mind.

CARRIER:

- * Purchase a USDA-approved shipping crate. It should be large enough so that your pet can stand, sit and change position comfortably.

- * Insure the words "LIVE ANIMAL" are on the carrier and arrows indicators showing the upright position of the carrier.

- * Line the bottom with some type of bedding to absorb accidents.

- * Freeze water in a plastic margarine cup and attach inside the carrier, it will melt by the time your pet is thirsty. Or purchase a "hamster" type bottle with a tube extending inside.

- * Get your pet accustomed to the carrier prior to the day of departure. Also have something that will make your pet comfortable such as a piece of clothing with the scent of a family member on it.

- * Do not place a lock on the carrier, so that the airline personnel can open the carrier in case of emergency.

- * For trips longer than 12 hours, attach a plastic bag containing dry food on the top of the carrier with feeding instructions for airline personnel.

Name: ASPCA
Address: 441 East 92nd Street
City: New York, NY 10128
Phone: (212)-876-770
WWW Link: http://www.aspca.org
Comments: For further assistance, please obtain a copy of The ASPCA's most popular publication, "Travel With Your Pet". If you have additional questions or problems, feel free to call the ASPCA.

Name: Pet Shipping Agency:
Address: Gradlyn Kennels GmbH Pet Shipping Agency
Phone: 069-690-50081

Name: Pet Shipping Agency:
Address: Pet Air
Phone: 069-690-71915

Name: Pet Shipping:
Address: SATO Travel
Comments: Contact SATO for more information. Refer to INSTALLATION-TRANSPORTATION

Name: Returning to CONUS (Continental US)
Comments: HEALTH CERTIFICATE: When a confirmed PCS date is established, call the PHV Veterinary Clinic at least two (2) weeks before your PCS date. The Health Certificates are good for only ten (10) days. Local German Veterinarians are also able to perform health exams and issue Health Certificate. You must bring in a fecal sample for testing, in order to obtain a Health Certificate. IMMUNIZATIONS: Rabies immunization has to be more than thirty (30) days and less than one (1) year old.

PCS Reporting Procedures

For more information on this subject:
PCSing to Germany-64th Replacement Company
<http://www.1perscom.army.mil/64thRpl/Default.htm>

AIRPORT:

Personnel arriving on Military Airlift Command (MAC) flights will be met by 64th Replacement Company personnel upon arrival and brought to the replacement area for processing. After processing at the replacement company, personnel coming to this

community will be placed on the S-bus, with all their belongings, for transportation to Heidelberg.

HEIDELBERG:

The Central Processing Facility (CPF) will welcome all incoming service members. All personnel will sign-in when exiting the S-Bus. Personnel will remain with CPF/ITC (In processing Training Center) for twelve (12) working days. Soldiers will need 15 copies of orders, 201 file, and leave form. A checklist will be issued with in-processing instructions. Service members must report in duty uniform. Soldiers should report to Central Processing Center no later than 0745 on their second duty day in Heidelberg.

Name: Central Processing Facility (CPF)
Address: Community Support Center, Bldg 3850, 1st Floor, Rm 180
City: Heidelberg
Phone: 06221-57-6711
FAX: 06221-57-7676
DSN Phone: 370-6711
DSN FAX: 370-7676
WWW Link: http://www.heidelberg.army.mil/moving/Default.asp
Comments: Hours of Operation: Mon-Fri 0730-1200 and 1300-1630 The Central Processing Facility (CPF), and the In Processing Training Center (ITC) are responsible for in/out processing all permanent party soldiers to and from the Heidelberg community. The CPF operates under the requirements outlined in USAREUR Regulation 612-1 (Community Central In-Out Processing).

Separation Procedures

Separation procedures in Heidelberg are handled through the Transition Center. You must first attend an ETS or Retirement briefing. You then need to contact the Transition Center. ACAP and ACS Employment Readiness Program are available for additional assistance. If dual military and ETSing, check with transportation office to insure both members maintain their entitlements.

For retirement, all married soldiers must see the Retirement Officer for Survivor Benefit Plan counseling before scheduled out-processing through the transition points.

The Pre-Separation Briefing is required for all soldiers no later than 90 days prior to separation. Any

soldier briefed within the 90-day window is reported to DA. It is recommended to start the ACAP process 180 prior to ETS. Retirees should start 360 days prior to retirement.

Name: 1. Transition Center
Address: Community Support Center, Bldg.3850, Rm 265
City: Heidelberg
Phone: 06221-3283
DSN Phone: 370-3283
WWW Link: http://www.perscom.army.mil/
Comments: Pre-Separation Briefings are held every first Wednesday of the month at 1400.

Name: 2. Army Career Alumni Program (ACAP)
Address: Community Support Center, Bldg.3850, Rm 278A
Phone: 06221-57-3284/7505
FAX: 06221-57-7774
DSN Phone: 370-9442/7505
DSN FAX: 370-7774
WWW Link: http://www.acap.army.mil/
Comments: The Army Career & Alumni Program (ACAP) will assist transitioning personnel with career guidance, benefits, counseling, and job search assistance in a caring and organized manner. ACAP is designed to help make the transitioning process from military to civilian life a smoother one. Soldiers separating voluntarily or involuntarily, family members whose sponsor is an eligible transitioner, or DA civilians in a RIF action or retiring, may use this program. Pre-Separation, Pre-Retirement and Survivor Benefit Briefings are held every other Tuesday from 0830-1500 hours.

Name: 3. DOD Transition Information
WWW Link: http://www.dodtransportal.org/
Comments: This site is designed specifically to assist Service members leaving active duty. While DoD TRANSPORTAL contains valuable information and resources, you should use this site as part of a comprehensive program of transition and employment assistance. The best place to start is your installation Transition Assistance Office.

Name: 4. Welcome to Operation Transition
WWW Link: http://www.dmdc.osd.mil/ot/
Comments: Sponsored by the Department of Defense, Operation Transition provides the Transition Bulletin Board (TBB), an automated system which contains a listing of job want ads and other useful information to separating/retiring military and federal civilian personnel and their spouses. On average, more than 10,000 want ads representing over 30,000 jobs can be viewed on the TBB every day.

Name: 5. Web Link: USAREUR Retirement Services
WWW Link: http://www.perscom.army.mil/

Name: Reserve Component Career Counselor (RCC)
Address: Community Support Center, Bldg. 3850 Rm 262
Phone: 06221-57-8667/6275
DSN Phone: 370-8667/6275
E-Mail: rousekh@hq.7arcom.army.mil
Comments: A Reserve Component Career Counselor is available for those individuals separating from active duty and would like to join the Guard or Reserves. Service members must be at least 90 days out from their ETS date or have just received their orders. WHAT TO BRING: Re-enlistment Data File, 2-1 and 2a, Physical Exam records and orders. Hours of Operation: Tue and FRI 0800-1200, 1300-1700 POC for additional information : DSN 379-6034 or email to above address. Other individuals interested in joining the Reserves or Guard have to contact 7th ARCOM. Refer to INSTALLATION.

Name: SGLI Information
WWW Link: http://www.insurance.va.gov/index.htm

Name: Social Security Administration
WWW Link: http://www.ssa.gov

Name: Veteran's Administration (VA)
WWW Link: http://www.va.gov

Name: Veteran's Administration (VA) -GI Bill
WWW Link: http://www.gibill.va.gov/

Billeting

For more information on this subject:
 Welcome to the Army Lodging Travelers
<http://trol.redstone.army.mil/mwr/lodging/new/>

Provides housing for all bachelors and senior noncommissioned officers: VEQ/VOQ/BOQ/SEQ.
 Provides housing for temporary duty personnel arriving in Heidelberg.

Reservation may be made 60 days in advance for official TDY, 30 days in advance for active duty transient personnel, 21 days in advance for visitors, and 7 days in advance for other authorized personnel.

CURRENT LISTING OFF-POST TEMPORARY LODGING FACILITIES:

ADLER POST, Schwetzingen: 06202-27770
 APARTMENT HOTEL, Edingen-Neckarhausen: 0621-83490 (Apt w/1/2/3 rooms)
 ATLANTIC PARK HOTEL, Heidelberg: 06221-60420 (F)
 BOULEVARD, Leimen: 06224-97340
 BRENNER, Schwetzingen: 06202-93170
 CENTRAL HOTEL, Schwetzingen: 06202-270577
 CITY HOTEL, Heidelberg: 06221-29118
 ERNA, Heidelberg: 06221-71040 (Family accommodations and near Hospital)
 E-TAP, Mannheim-Friedrichsfeld: 0621-4847620 (close to Tompkins Barracks)
 HOTEL AM SCHLOSS, Heidelberg: 06221-14170
 HOTEL ZAGRB, Schwetzingen, 06202-2840
 IBIS HOTEL , Heidelberg: 06221-9130
 KELLER RECIDENCE, Leimen: 06224-73350 (Appartments)
 LANDHAUS GRENZHOF, Schwetzingen: 06202-9430
 MARRIOTT, Heidelberg: 06221-9080 (close to Community Support Center)
 MERCURE HOTEL, Schwetzingen: 06202-2810 (Military shuttle bus stop)
 NECKAR HOTEL, Heidelberg: 06221-905150
 PENSION KURPFALZHOF, Heidelberg: 06221-79160 (close to PHV)
 PENSION MUENCH, Schwetzingen: 06202-279030
 PENSION ROSE, Heidelberg: 06221-31380 (near Campbell Bks.)
 PERKEO, Heidelberg: 06221-14130
 REGA, Heidelberg: 06221-5080

RESIDENCE ROHRBACH, Heidelberg: 06221-31290 (Appt/w/kitchen, near Campbell Bks.)
 STADTMUELLER,Edingen- Neu-Edingen: 0621-484820 (near Tompkins Bks)
 TRAUBE, Leimen: 06224-76086 (Family Accomodation)
 VIER JAHRESZEITEN, Heidelberg: 06221-24164
 VILLA GUGHOLZ, Schwetzingen: 06202-25047

Name: 1. Billeting Office
Address: Army Lodging Heidelberg located on PHV (formerly known as PHV Guesthouse) PHV, Bldg.4527
City: CMR 419, Box 1918, APO AE 09102
Phone: 06221-795100
FAX: 06221-795600
DSN Phone: 370-1700
E-Mail: guesthouse@26asg.heidelberg.army.mil
Comments: Hours of Operation: 7 days a week, 24 hours a day ELIGIBILITY: Single service members and geographic bachelors seeking on-base quarters must contact the Billeting Office. Besides the bachelor quarters, transient rooms are available for TDY personnel, transient personnel, and other authorized guests. ARMY LODGING: U.S. Army Lodging offers high quality transient accommodations to government personnel on TDY or PCS status, the soldier and family. Guestrooms are also available at a reasonable price for personnel visiting the community or just looking to get away for a weekend. Located on Patrick Henry Village, it is comprised of 184 guestrooms and 40 Key Quarter family apartments. The reception area is in the main building, #4527, which also houses 20 DVQ suites for 0-6 personnel and above. The suites consist of a bedroom and living room, and six of them have full kitchens. In building 4530, the family building, there are twelve two-room suites with fully equipped kitchenettes. All guestrooms have cable TV, international telephones, VCR's, hairdryers and amenities. Suites in the Main Building are equipped with mini bars. The Guesthouse offers a fitness room with saunas, exercise equipment and weights. The Fitness Room is open to all guests Monday-Saturday from 0600-2100 hours and Sunday from 1200-2100. Keys may be checked out at the reception desk. Free laundry facilities are available for guests and there is a community kitchen in every building. PETS: Pets are welcomed, there is a daily fee per animal. Pets are required to be registered on arrival.

Name: 2. Temporary Lodging Allowances
Comments: MILITARY: PCS-Ins are authorized TLA up to 30 days (all requests for exceptions must be made through Housing at DSN 370-6953/7055 no later than 5 days prior to expiration). PCS-Outs residing off-post are authorized TLA up to 10 days. PCS-Outs residing in Government housing are authorized TLA up to 3 days. Single service members and geographic bachelors are not authorized TLA while in- and out-processing. DOD CIVILIANS: Check with CPAC, Housing or visit the CHRMA link.

Name: Lodging in the Heidelberg Area
WWW Link: http://www.cvb-heidelberg.de/english/hdbuchen.html
Comments: BOOKING HEIDELBERG: On the Web link you will find all the information you need to find the right accommodations: A search engine for simply and conveniently finding the ideal place for you to stay, with a reservation form; a complete, printable list of accommodations with links to the corresponding homepages; our attractive package arrangements with an order form; and information on youth hostels and campgrounds. TEMPORARY LODGING: The U.S. Guesthouse has a list with recommended accommodations.

Unaccompanied PCS

For more information on this subject:

S-Gate Online

<http://www.1perscom.army.mil/PSSD/S-Gate/S-Gate%20Web%20Page/>

If you are single or will be serving an unaccompanied tour at Heidelberg, make sure you request a sponsor as soon as you are notified of the assignment. Your sponsor can help with information about your new unit and the Heidelberg area as well as answer any questions you might have. Your sponsor can contact Relocation Assistance personnel to obtain or have a Heidelberg Welcome packet forwarded to you. Also be sure to contact the Relocation section at your current location to get a SITES booklet (such as you

are now reading) printed out with the latest information concerning Heidelberg.

If you plan to have your family join you later, try to facilitate this process as much as possible before you depart your current location. Documentation, appointments for packing-up and shipping both household and hold baggage, cars and family, etc should be initiated. Make use of post resources, ACS programs and other resources as necessary. If this will be the first move for your family without you, it will be a very stressful time. Even if it is not the first move, there are always many things that can and will go wrong. Make this process as easy as possible for your family. Make sure they know how to contact any of the community (military and civilian) resources.

Contact your unit Personnel Administration section to process the necessary paperwork for your family members to travel. After housing is obtained, your family members will need orders to authorize them to travel. They will need to contact official travel to process their tickets, and transportation to ship their household goods.

Support Services

Support Services Overview

GENERAL ASSISTANCE AND SUPPORT:
Heidelberg military community offers a wide range of support services operated by agencies on and off post. For information on services, please read detail listing or contact the Information and Referral Specialists at Army Community Service.

Family Centers

For more information on this subject:
The Virtual ACS
<http://trol.redstone.army.mil/acs/virtual2/index.html>

Family support is the sole reason for our existence. We at Army Community Service have consolidated many services of value to all members of the military family. All staff members do their best to serve you in providing you with the information, services and support necessary for you, and your family, to maintain a high quality of life while in the Heidelberg community.

Name: ACS Heidelberg
Address: Community Support Center, Bldg 3850
City: Heidelberg
Phone: 06221-57-6883/6975
FAX: 06221-57-7288
DSN Phone: 370-6883/6975
DSN FAX: 370-7288
E-Mail: helfrichj@26asg.heidelberg.army.mil
WWW Link: http://www.heidelberg.army.mil/community/acs/Default.asp
Comments: Services offered through ACS include Army Emergency Relief, Financial Readiness, Soldier & Family Readiness, Relocation Readiness, Employment Readiness, Deployment/Mobilization Readiness and Volunteer Program.

Name: Army Family Action Plan (AFAP)
WWW Link: http://www.first.army.mil/dcsper/Family/afap.htm
Comments: In recent years ACS was responsible for organizing the local AFAP forum. AFAP was the brainchild of Army spouses. Each AFAP success story originated as an idea that someone decided to pursue. The Army is the only branch of DOD that has such a program. Almost 500 issues have entered the AFAP in its 17-year history. Many AFAP improvements impact quality of life for all services. AFAP is year-round - issues are continually being monitored and worked toward resolution at local levels, MACOMs, and HQDA. For more information refer to web link.

Name: Family Assistance Center (FAC)
Comments: ACS HEIDELBERG will become the Family Assistance Center (FAC) in case of a crisis situation or major deployments.

Name: Web Link: Army MWR Programs
WWW Link: http://www.armymwr.com/

Information and Referral

For more information on this subject:
German National Tourist Board -Info Center
<http://www.deutschland-tourismus.de/e/1496.html>

CUSTOMERS: The primary objective is to link the individual in need with the appropriate agency or service that will eliminate or alleviate that need. The blending of needs with resources, within the military and local community, is the goal of the Information and Referral (I&R) program of the Army Community Service.

DEPLOYMENTS:

Can be very difficult on families. ACS is dedicated to assisting family members who stay behind while their soldiers support today's Army exercises and operations around the world. A great book put together by ACS is the "FAMILY RESOURCE BOOK"

Name: ACS Information and Referral
Address: Community Support Center, Bldg. 3850
City: Heidelberg
Phone: 06221-57-6883/6975
FAX: 06221-57-7288
DSN Phone: 370-6883/6975
DSN FAX: 370-7288
WWW Link: http://www.heidelberg.army.mil/community/acs/Default.asp

Name: American Women's Activities, Germany (AWAG)
Address: Never A Dull Moment -A Great Resource Book
E-Mail: awagnadm@yahoo.com
Comments: AWAG exists to train, strengthen and connect volunteers, their organizations and their communities. AWAG also publishes the best resource guide while stationed in Europe. "Never A Dull Moment" is a great resource available for newcomers, local information, European-wide travel and shopping. The books can be purchased from USO, and Thrift Shop. HOCSC (Heidelberg Officers and Civilians Spouses Club). Price: about \$ 18.00

Name: Heidelberg HIVE
Address: Patton Barracks, Bldg. 103
City: Heidelberg
Phone: 06221-183193
Comments: A small group of British soldiers and their families reside within the 411th BSB. ID card holders can use their facilities. HIVE is the Information and Referral Point. Check it out. Office hours vary.

Name: Tourist-Information (Heidelberg Convention & Visitors Bureau)
Address: Am Hauptbahnhof (in front of Main Train Station)
City: 69048 Heidelberg
Phone: 06221/19433
FAX: 06221/142222
E-Mail: info@cvb-heidelberg.de
WWW Link: http://www.cvb-heidelberg.de/english/index.html
Comments: The office provides excellent information on Heidelberg and close-by areas. For more information refer to LOCAL COMMUNITY-CULTURAL ATTRACTIONS.

Name: United Services Organization (USO) Heidelberg
Address: Community Center, Bldg.3850, Basement
City: Heidelberg
Phone: 06221-57-7924
DSN Phone: 370-7924
E-Mail: hatfielde@cmtymail.26asg.army.mil
WWW Link: http://www.uso.org
Comments: Monday-Friday 1000-1600. Closed on American holidays. Just get on the email roster and you will have the latest information. For information on USO Frankfurt International Airport and USO Rhein-Main refer to LOCAL COMMUNITY-LOCAL TRANSPORTATION. Other USO Offices: Frankfurt International Airport: Phone: 069-691581 Rhein Main Air Force Base Phone: 069-699-6224 USO Paris, 20 Rue de La Tremoille, Paris, France: Phone: 0033-14-0709968 Rome, 37 Via Del Mecherino Rome, Italy: Phone: 0039-6686-4232 For information refer to web link.

Name: Web Link: Sgt Mom's Homepage
WWW Link: http://www.sgtmoms.com/

Financial Assistance Programs

Everyone is interested in money matters! Successful money managers have a good picture of where they are financially and where they want to be in the future. The time to start planning for your financial future is NOW. The ACS Consumer Affairs/Financial Assistance Program staff is available to assist you, evaluate your current financial status and help you determine where you want to be in the future. Services include budget development,

financial planning for transition, family separation, and "short term" deployment, debt liquidation assistance, basic financial education, unit financial readiness training, and a extensive financial resource library.

Name: ACS Financial Readiness Program
Address: Community Support Center Bldg. 3850
City: Heidelberg
Phone: 06221-57-6883/6975
FAX: 06221-57-7288
DSN Phone: 370-6883/6975
DSN FAX: 370-7288
E-Mail: baeckb@26asg.heidelberg.army.mil
WWW Link: http://www.heidelberg.army.mil/community/acs/financial.html
Comments: The Army Community Service Financial Readiness Program is a very pro-active program intended to help soldiers and civilians avoid the many pitfalls of financial transactions. The Coordinator provides a wide range of financial services including: *Budget Counseling * Debt Liquidation * Credit Rating Information * Banking Assistance * Budget Planning * Problem solving issues on the local economy * Consumer Handbook * Financial Programs

Name: Family Subsistence Supplemental Allowance Program
Address: FSSA
WWW Link: http://www.dmdc.osd.mil/fssa
Comments: Soldiers stationed outside the United States are eligible to participate in the Family Subsistence Supplemental Allowance Program. The two criteria used to establish FSSA eligibility are household size and total household income. The new program uses USDA s gross income limit to determine eligibility, with one major difference. Both housing allowances and the estimated value of on-base housing count as income for the FSSA; only housing allowances are considered for food stamps. Soldiers who believe they are eligible for this entitlement may go to the website listed and fill out the on-line form to determine whether or not they might qualify for FSSA. After the application paperwork is completed, it is certified through the soldiers chain of command. The first field grade officer in the soldier's chain of command will be the certifying official. Once certified, the paperwork is submitted to DFAS for payment. For more information on the FSSA, contact your local ACS Financial Readiness Manager.

Name: WIC Women, Infant and Children Subsistence Program
Phone: 06221-57-6883
DSN Phone: 370-6883
Comments: A similiar program will become avaiable during FY 2002. For more information contact ACS Family Advocacy Program Manager.

Emergency Assistance

For more information on this subject:
Helping the Army Take Care of Its Own"
<http://www.aerhq.org/>

Army Emergency Relief (AER) provides financial assistance to eligible soldiers and their dependents.

ELIGIBILITY:

>Active duty soldiers, single or married, and their dependents

>ARNG and USAR soldiers on continuous active duty for more than 30 days and dependents
 >Soldiers retired from active duty for longevity or physical disability and their dependents
 >ARNG and USAR soldiers who retired at age 60 and their dependents

>Surviving spouses and orphans of soldiers who died while on active duty or after they retired

AER can help with emergency financial needs for food, rent, utilities, emergency transportation and vehicle repair, funeral expenses, medical/dental expenses, and personal needs when pay is delayed or stolen. Assistance is given in the form of an interest free loan, grant, or part loan and part grant. To receive AER assistance, first see your unit commander then contact the AER office for an appointment. AER also provides undergraduate level education scholarships, based primarily on financial needs, to dependent children of active duty, retired, or deceased soldiers.

Name: American Red Cross (After Duty Hours)
Phone: 07031-15334
DSN Phone: 431-2334
DSN FAX: 431-2488
E-Mail: Redcross-com@cmtymail.6asg.army.mil

Name: American Red Cross (During Duty Hours)
Address: Community Support Center, Bldg 3850, Basement
City: Heidelberg
Phone: 06221-57-1760
FAX: 06221-57-3306
DSN Phone: 370-1760
DSN FAX: 370-3306
E-Mail: Redcross-hei@26asg.heidelberg.army.mil
WWW Link: http://www.redcross.org/services/afes/
Comments: Emergency Financial Assistance The Red Cross may provide access to financial assistance, either as an interest-free loan or as a grant, for travel expenses when a personal or family crisis arises which requires the presence of the service member or his or her family. Access to financial assistance may also be provided when there is a demonstrated need for funds for emergency travel, burial assistance or urgent health and welfare needs such as food and shelter.

Name: Army Emergency Relief
Address: Community Support Center Bldg. 3850
City: Heidelberg
Phone: 06221-57-6883/6975
DSN Phone: 370-6883/6975
WWW Link: http://www.heidelberg.army.mil/community/acs/financial.html

Family Advocacy

The primary emphasis of the Army Community Service Family Advocacy Program (FAP) is the prevention, identification, and education of child abuse/neglect and spouse abuse.

This mission is accomplished through a variety of workshops and training, briefings and coordination with other programs and activities to ensure that the military community receives the information necessary to promote healthy family living. The FAP also actively recruits, trains, and certifies foster parents for the Foster Care Program.

1. FAP is the Army's program to prevent spouse and child abuse, to encourage the reporting of all instances of such abuse cases, and to treat all family members affected by or involved in abuse so that those families can be restored to a healthy state. The prevention and education components of the FAP are presented by Heidelberg Army Community Service (HD ACS). The investigation and treatment components of the FAP are offered through Social Work Services (SWS) at the Heidelberg Hospital.

2. The Education on Prevention of Domestic Violence focuses on the cycle of violence, and the nature of controlling behavior. It teaches how to replace inappropriate with appropriate behavior and how to recognize better ways to communicate and to cope with stress and anger, understanding the consequences of domestic violence on families and children. The Education on Prevention of Child Abuse classes create an awareness of the causes of child abuse, the signs and symptoms, as well as ways to prevent child abuse, including effective disciplining techniques. It focuses on why abuse and neglect happens, strategies on how to relieve family stress, and ways to praise and promote self-esteem in your child.

3. The Child Lures Prevention Program is a class offered to elementary through high school students and is taught at the schools. It is designed to safeguard your child by teaching him/her to recognize and thwart the lures [techniques to attract

children], used by child molesters and abductors, to disarm and abuse youngsters. The child lures are discussed in depth using role-play and scenarios.

4. The Youth Boost Program is designed for identified at-risk youth and their families based on referrals. The program teaches youth more appropriate behavior alternatives, life-coping skills, conflict resolution, self-esteem builders, and techniques for dealing with peer pressure. The families take part in additional sessions designed to teach positive family communication and interaction.

5. The Couples Communication/Relationship Enrichment Program promotes understanding of each other by learning to listen, being assertive without blaming, communicating effectively through verbal and nonverbal messaging, and having fun together.

7. The Anger Management workshop teaches recognition of the symptoms of anger, causes of anger, and ways of coping with anger. Participants will learn how to control/resolve their anger.

8. Self-Esteem Classes for Adults promote healthy self-esteem and self-worth through the realization that these allow individuals to do or learn anything they set their minds to. This course also teaches that self-esteem is the basis for confidence and a key for emotional well-being.

9. The Divorce Group for Children and Youth is offered to the Heidelberg Middle School students and discusses issues and feelings related to divorce. It helps children understand that the divorce is not their fault, and helps to increase coping skills. It also provides a forum for children to support one another and share experiences.

10. Coping with Deployment teaches family preparation for deployment, coping skills when one parent or spouse is gone, and where to turn for assistance during deployment.

11. The Stress Management workshop helps participants recognize the causes, symptoms and effects of stress. Participants will learn how to practice relaxation techniques and new ways of coping with stress.

NOTE:

Reporting Procedures:

Anyone who suspects that child or spouse abuse has occurred may report this by calling Social Work Services.

During duty hours at DSN 370-2680/2534 or Comm.06221-17-2680/2534.

After duty hours, reports are received through the hospital emergency room at DSN 370-2891/2757 or Comm.06221-17-2891/2757 or the MP station at DSN 388-2333 or Comm. 06221-338-2333

In order for individuals to feel free to report suspected cases, a promise of confidentiality can be given to not reveal the person's identity to the alleged abuser.

The Shelter:

is open to battered spouses, whose safety cannot be otherwise assured. This program offers battered spouses individualized assistance and support in developing safety plans, identifying and achieving personal goals and objectives, and overcoming logistical difficulties. The victim advocate provides support and guidance with legal and law enforcement proceedings, and refers victims to appropriate on- and off-post agencies. The Emergency Placement Care Program provides children with a temporary home during family crises.

Name: ACS FAP: Family Advocacy Program
Address: Community Support Center, Bldg 3850
City: Heidelberg
Phone: 06221-57-6883/6975
DSN Phone: 370-6883/6975
WWW Link: http://www.heidelberg.army.mil/family/assistance.html#Family Advocacy Program

Name: ACS FAP: Foster Care Program
Comments: Foster parents open their homes to children who need a safe, loving environment. Foster parenting can be a rewarding experience for both the child and foster parent. For more information contact the Foster Parent Coordinator at ACS.

Name: FAP Family Advocacy- Web-Link
WWW Link: http://mfrc.calib.com/

Name: Family Advocacy -Web-Link
WWW Link: http://child.cornell.edu/army/fap.html

Single Member Services

For more information on this subject:

BOSS DA Wide Infomation

http://bases.defensecity.com/1630/76_1630.htm

The key to being a part of the Heidelberg community is getting involved. Join a church or synagogue group, sign up for educational courses, recreational

program, or take part in a special interest group such as a health club.

Services are designed to target soldiers with innovative recreation programming and to provide input and feedback on Quality of Life (QOL) issues between the single soldier, the installation staff and the command.

Name: BOSS - Better Opportunities for Single Service Members
Address: Patton Barracks, Bldg 101
City: Heidelberg
Phone: 06221-17-1500/1510/1520
DSN Phone: 370-1500/ 373-1500
Comments: POC: 411th BSB CSM

Support Groups

ACS, Hospital Wellness Center, churches, and community counseling center sponsor various support groups, where one can meet and discuss topics of interest with people who are dealing with similar issues. Some of the support groups sponsored by ACS include Single Parent, Blended Family, New Parent, to name a few. Contact ACS or the other agencies for more information.

Name: ADHD/Challenging Children Support Group for Parents
Phone: 06221-57-6883
DSN Phone: 370-6883
Comments: For more information contact ACS EFMP Program Manager.

Name: Alcoholics Anonymous
Phone: 0178-40-68-935
DSN Phone: 370-1710
Comments: Meets Tuesdays from 1200 to 1300 in Heidelberg, at 104 Roemer Strasse, 3rd floor, Room 302,(down the street from Auto Joncker).

Name: Army Family Team Building (AFTB)
Address: Community Support Center, Bldg 3850 (ACS)
City: Heidelberg
Phone: 06221-57-6883
DSN Phone: 370-6883
E-Mail: aftbheidelberg@hotmail.com
WWW Link: http://www.armyfamilyteambuilding.org/
Comments: A DA sponsored education and training program designed to improve overall readiness of the force by promoting family preparedness. Its purpose is to teach and promote personal and family readiness through progressive and sequential education, assist America's Army in adapting to a changing world, and to respond to family issues and lessons learned from recent deployments. Highly qualified, motivated, volunteer instructors provide three levels of instruction.

Name: Family Liason Office
Phone: 1-800-833-6622
E-Mail: armyfamily.link@hqda.army.mil
WWW Link: http://www.hqda.army.mil/acsimweb/family/family.htm
Comments: The Army Family Liaison Office (AFLO) serves all soldiers, civilians and families of active Army, the Guard, Reserves and Retirees.

Name: Family Readiness Group (FRG) Program
Address: Community Support Center, Bldg.3850 (ACS)
City: Heidelberg
Phone: 06221-57-6883/6975
DSN Phone: 370-6883/6975
E-Mail: dibrogrozciod@26asg.heidelberg.army.mil
WWW Link: http://books.army.mil/cgi-bin/bookmgr/BOOKS/P608_47/CCONTENTS
Comments: A program designed to ensure the personal preparedness of soldiers and their families. The mission of the FRG is to foster family self-sufficiency, solve problems at the lowest level, and provide families with critical information. To find out if your unit has a FRG contact ACS Heidelberg. ACS Heidelberg provides training to Commanders, Rear Detachment Commanders, Family Readiness Liaisons, Family Readiness Leaders, and other FRG volunteers. Training assists units with the formation of Family Readiness Groups. Resource information, ongoing training, pre-deployment, deployment, and reunion briefings are provided to all units. For more information contact the Deployment Readiness Program Manager.

Name: Family Readiness Group (FRG) Program - A Handbook
WWW Link: http://www.members.nbc.com
Comments: FRGs are an important support system before, during and after deployments. The Web link refers to a helpful publication on Deployment and Reunions.

Name: Hospital Wellness Center
Address: Nachrichtenkasernen, Building 3625
Comments: The Wellness Center provides individual, workplace and community-based education. Courses include: self care, prenatal education and fitness, tobacco cessation and stress reduction. Outreach and support groups include: cancer, grief and loss, pregnancy/neonatal loss, La Leche League (mother-to-mother breast-feeding support and education) and T.O.P.S. (Taking off pounds Sensibly). For more information refer to MEDICAL AND DENTAL SERVICES/TRICARE, WELLNESS

Name: La Leche Breastfeeding Support Group
Comments: For times and dates contact the Hospital Wellness Center. Refer to MEDICAL AND DENTAL SERVICE/TRICARE / WELLNESS

Name: Mothers of Multiples Support Group
Phone: 06221-761677

Name: Rhein-Neckar Adoption Support Group
Phone: 06227-859528; Washington 06224-924275
E-Mail: barlowr@bunt.com or washington@jas-net.de

Name: Single Parent Group
Phone: 06221-57-6883
DSN Phone: 370-6883
Comments: For dates and times call ACS.

Name: Special Needs Advocacy Group (SNAG)
Phone: 06221-57-6883
DSN Phone: 370-6883
E-Mail: specialneedsadvocacygroup@hotmail.com
Comments: Call ACS for meeting times and days.

Name: Spouses Networks
WWW Link: http://www.armyspouse.com/links/linksindex.html

Name: The National Military Family Association (NMFA)
Address: 6000 Stevenson Avenue, Suite 304
City: Alexandria,, VA 22304-3526
Phone: (703)-823-NMFA
FAX: (703)-751-4857
WWW Link: http://www.nmfa.org
Comments: The NMFA has representatives on many installations. NMFA is the only national organization dedicated to identifying and resolving issues of concerns to uniformed service families.

Name: Web Link: Information On Issues Dealing With Deployments
WWW Link: http://deploymentlink.osd.mil/

Morale, Welfare, and Recreation

For more information on this subject:
MWR Homepage
<http://www.mwrgermany.com/heidelberg.htm>

Like many other military communities Heidelberg has a complete Morale, Welfare and Recreation Program. There are a variety of exciting leisure activities available to active duty military members, their family members, in addition to DOD civilians. Everyone is encouraged to be part of the fun and adventure by participating in organized sporting events, aquatics, outdoor recreation, entertainment, crafts and many other high energy and enriching programs.

Name: 411th BSB: Directorate of Community Activities (DCA)
Address: Patton Barracks, Bldg. 101
Phone: 06221-17-8202
DSN Phone: 373-8202/ 7724
Comments: DCA oversees all MWR programs for the 411th BSB. Contact the DCA for guidance on programs.

Name: A Guide to Dining Out in the Heidelberg Area
Address: Restaurant Die Hirschgasse
WWW Link: http://www.hirschgasse.de/e_html/start.html

Name: Dining Out in the Heidelberg Area
WWW Link: http://www.cvb-heidelberg.de/index.hei?lang=1&&card=heises.d7c dccabbcae0873628bf0a31f73f621
Comments: Experience local history in the countless bistros, cafes, bars, wineshops, and restaurants of the Old Town. Not to mention the culinary establishments located around the Bismarck Square near Bergheimer Strasse, in Neuenheim, Handschuhsheim, Rohrbach, and Weststadt. Enjoy the hearty regional fare of the Palatinate in an historical student inn or treat yourself to something exotic, such as Malay or Middle Eastern cuisine.

Name: Food and Entertainment:
Comments: LEXINGTON'S /LEGENDS:(closed due to renovation. Date of completion has not been set yet) PHV, Bldg. 4460 Telephone: DSN 388-9441, comm. 06221-338-9441 Hours of Operation: Monday-Thursday 0700-1000, 1100-2100; Friday 0700-1000, 1100-2000; Saturday 1100-1300, 1330-2000; Sunday 1100-1300, 1330-2030 LEXINGTON'S: is a family restaurant for the community. With a pasta bar, salad bar, hot and cold sandwiches, a grill, and Mexican food, LEGENDS: Hours of Operations: Monday -Thursday 1630-2330; Friday-Saturday 1630-0200; Sunday 1430-2300 Legends is a bar located directly under Lexington's. With a friendly atmosphere, karaoke nights, and other special events, Legends is the place to be. THE VILLAGE PAVILION: PHV, Bldg. 4507 Telephone: DSN 388-9424 The Village Pavilion is located across the street from the Guesthouse. It is comprised of a ballroom, and seven meeting rooms. This is our major conference and catering venue. The facility hosts major protocol functions, dinners, weddings, bazaars and special events. They can accommodate any of your catering needs. Each Sunday, an outstanding brunch is served from 10:00-13:00. The Village Pavilion hosts special brunches on Easter, Mother's Day, Father's Day and Thanksgiving. THE PUB: Hours of Operation: Thu. 1630-2300 Fri. and Sat. 2200-0200 The pub is located below the Village Pavilion. It is an English - style pub featuring entertainment, slot machines and television. RECOVERY ROOM CLUB: Nachrichtenkaserne Telephone: DSN 371-2762 Serves breakfast and lunch. Program varies.

Name: Food and Entertainment: Roadside Theater
Address: Patton Barracks, Bldg. 109
City: Heidelberg
Phone: 06221-17-5020
FAX: 06221-17-7648
DSN Phone: 373-5020
DSN FAX: 373-7648
E-Mail: info@roadsideteater.com
WWW Link: http://www.roadsidetheater.com
Comments: Roadside Theater is an amateur community theater providing entertainment and training for US Forces families and their guests for over 40 years. Roadside presents about six (6) major productions to the community each year. Volunteers are always welcomed.

Name: Hobbies: Auto Crafts Shop
Address: Tompkins Bks, Bldg 4226
City: Schwetzingen
Phone: 06202-80-6181
DSN Phone: 379-6181
Comments: Hours of Operation: Mon, Thu, & Fri:1300-2100 Sat, Sun & Holidays:0800-1800 Tues & Wed: CLOSED Training Holidays: 0800-1800 Working under professional instructor guidance, you will learn to perform all maintenance and repair needs on your car- oil change, tune-ups, valve grinding, engine overhaul, replacing points and plugs. With hand tools or diagnostic testing equipment, you can perform routine maintenance or major repairs yourself. Scheduled classes include engine tune-up and brake repair. The Automotive Stripping Yard offers patrons a source of inexpensive used automotive parts for vehicle repair. The Stripping Yard also offers used cars for sale at regularly scheduled auctions.

Name: Hobbies: The Army Arts and Crafts/Life Skills Development Program and Portrait Center
Address: Patton Barracks
City: Heidelberg
Phone: 06221-17-7167
FAX: 06221-17-7064
DSN Phone: 373-7167
DSN FAX: 370-7064
Comments: THE ARMY ARTS AND CRAFTS/LIFE SKILLS DEVELOPMENT PROGRAM: Hours of Operation Monday: Closed Tuesday - Thursday: 1600-2030 Friday - Sunday:1000-1700 THE WOODSHOP, BLDG. 108; THE MULTI-CRAFTS CENTER; AND THE FRAMING SHOP, BLDG. 104.: Offers diverse programs to enhance your educational, cultural, social and intellectual well being. Through participation in directed and self-directed activities, both hand and mind are synchronized. The process of creative problem solving develops your mental agility, manual dexterity and self-confidence. This "do-it-yourself" process in Arts and Crafts is a constructive outlet for the stresses of everyday life and provides a meaningful recreational experience and productive use of leisure time. There's more! We also offer six potter's wheels and related equipment if you'd like to try your hand at throwing a new popcorn bowl or coffee mug from scratch. Folk art painting, stained glass, stenciling, rubber stamping, basket making and quilting with over 1000 bolts of 100% cotton fabrics. PATTON PORTRAIT STUDIO: Location: PattonBarracks, Bldg 104,Basement Hours of Operation: Tues & Thurs:1700-2000 1st & 3rd Sat:1000-1500 Passports pictures while you wait, portrait sittings, pet sittings, weddings, military balls are just a few of the services you will discover at the portrait studio. Call the multi-craft center for an appointment

Name: Library : USAREUR Library & Resource Center
Address: Mark Twain Village
Phone: 06221-57-6678 / 7430
FAX: 06221-57-6916
DSN Phone: 370-6678 / 7430
DSN FAX: 370-6916
E-Mail: reflib@hq.hqusareur.army.mil
WWW Link: http://www.heidelberg.army.mil/leisure/libraries.html
Comments: Hours of Operation: Tues - Thurs. 10:00-20:00 Fri - Sun. 10:00-18:00 Mon., US Holidays CLOSED For more information visit the Web link

Name: Library: PHV
Address: Patrick Henry Village Bldg. 4509
City: Heidelberg
Phone: 06221-57-8036 / 1740
DSN Phone: 370-8036/1740
DSN FAX: 373-7648
E-Mail: buzardj@26asg.heidelberg.army.mil
WWW Link: http://www.heidelberg.army.mil/leisure/libraries.html
Comments: For more information visit the web site. Hours of Operation: Tues - Thurs. 9:00-20:00 Fri - Sun. 10:00-18:00 Mon., US Holidays CLOSED

Name: Movie Theater
Address: Patrick Henry Village near Shoppette
City: Heidelberg
DSN Phone: 380-1790
WWW Link: http://www.aafes.com/europe/euro_mov/
Comments: The movie theater shows first-run movies not long after their release in the U.S. Tickets are normally \$3.50. Please call for the latest movie schedule or see the listing on the AAFES site, which also has movie synopses if you want to know more about a specific movie. The Star and Stripes Saturday TV listings supplement carries the following week's schedule.

Name: Sports and Fitness Centers
Address: Fitness Coordinator's Office Campbell Fitness Center, Bldg. 18
Phone: 06221-57-6489
DSN Phone: 370-6489
WWW Link: http://www.heidelberg.army.mil/active-rec/fitness.html
Comments: Regardless of where you live or work there is one conveniently located near you. HEALTH PROMOTION PROGRAM: Contact the Fitness's Office PATTON SPORTS AND FITNESS CENTER: Patton Barracks, Bldg. 152 Telephone: DSN 373-6110 comm. 06221-176110 (currently closed until further notice) Hours of Operation: Mon., Wed. and Fri.: 0600-2200 Thurs.: 1130-2200 Sat., Sun., and Holidays: 1000-1700 CAMPBELL SPORTS AND FITNESS CENTER: Campbell Barracks, Bldg. 18 Telephone: DSN 370-7506 comm. 06221-57-7506 Hours of Operation: Mon. - Fri.: 0530-2200 Sat., Sun. and Holidays: 1000-1700 TOMPKINS SPORTS AND FITNESS CENTER: Tompkins Barracks, Schwetzingen, Bldg. 4225 Telephone: DSN 379-6203 comm. 06202-80-8203 Hours of Operation: Mon. - Wed. and Fri. 0600-2000 Thurs.: 1130-2000 Sat., Sun. and Holiday: 1000-1700 For more information refer to Web link.

Name: Sports and Leisure:**Comments:****GOLF COURSE:**

Location: Oftersheim

Telephone : Comm. 06202-53767 DSN 379-6139

Hours of Operations:

Monday - Friday 0700-2100, Saturday and Sunday 0600-2100.

Meticulously manicured and maintained. Rolling green fairways as far as the eye can see. 18 hole golf course offers a year around golfing. The club house has a gift shop and restaurant.

TENNIS COURTS :

PHV, Bldg. 4536

Telephone : Comm. 06221-576386 DSN 388-9037

Hours of Operation:

Mon. - Sun.: 0900-2100

Apr. - Oct weather and daylight permitting

ROD AND GUN CLUB:

The Heidelberg Rod and Gun Club is located in the woods near Oftersheim. The newly renovated club features a Rod and Gun Pro Shop, restaurant, meeting rooms, picnic area, camp grounds and pistol, rifle, skeet and trap range.

Breakfast buffet served on Sundays 1000 - 1300. The facility is one of the best in Europe and everyone is very proud of it.

Hours of Operation:

Mon. & Tues. Closed

PRO SHOP:

Wed. - Fri.: 1600-1900

Sat.: 0900-1900

Sun.:0900-1400

BAR:

Wed. -Thurs. 1700-2300

Fri.: 1700-0100

Sat.: 0900-2300

Sun.: 0900-2200

RESTAURANT:

Wed. - Thurs.: 1700-2130

Fri.: 1700-2200

Sat.: 0900-1600

Sun.: 0900-1300

RANGE:

Wed. - Fri.: 1700-2000

Sat.: 0900-2000

Sun.: 0900-1400

BOWLING CENTER: (Currently under construction. Scheduled to re-open 31 Dec.2001)PHV, Bldg 4545
Telephone: DSN: 388-9040, Comm. 06221-338-9040

The bowling center is a 24 lane bowling facility. Enjoy our snack bar for lunch or evening meals. The cocktail lounge is open and a very popular place for everyone, including bowlers and local residents. The Pro Shop offers many items for your bowling needs. It also has a small room for meetings or private parties; our Birthday Party Package is very popular with the youngsters. Join a league or open bowling for lots of fun.

Hours of Operation:

Mon. - Thu:1100-2300

Fri. and Sat:1300-2400

Sun.: 1300-2200

Name: Sports and Leisure: Outdoor Recreation

Address: Near Rod and Gun Club

City: Oftersheim

Phone: 06202-51193

WWW Link:

<http://www.heidelberg.army.mil/active-rec/outdoor.html>

Comments:

Hours of Operation:

Mon.,Tue.,Thurs., Fri. 1100-1900.

Wed.Sat, Sun, & Am. Holidays: CLOSED

Your equipment rental center for camping, skiing, and water sports. Also rental of PHV picnic pavillions and fest related equipment are managed by Outdoor Recreation.

Outdoor Recreation also offers the TEAMWORK TOWERS, a vertical rope course and climbing tower. For current programs refer to Web link.

Chapel Services and Programs

Military chaplains representing all faiths are available to assist you. Services include spiritual counseling, family life counseling, marriage counseling and personal problem counseling. For information concerning religious schedules and activities, call the Community Chaplain's Office.

For detailed information on religious activites refer to LOCAL COMMUNITY RELIGIOUS ACTIVITIES

Drug and Alcohol

Drug use in Germany is a serious offense and vigorously prosecuted; therefore, the substance abuse program administered by the Community Counseling Center (CCC) is of vital importance to the well being of the military community. This program provides assistance to individuals and military commanders through education, screening and processing of individuals with substance abuse problems, be it drug or alcohol related.

Name: Adolescent Substance Abuse Counseling Services (ASACS)
Address: Roemer Strasse 104 (behind Auto Joncker)
City: Heidelberg
DSN Phone: 370-1710
Comments: Services also available at the Heidelberg High School. Phone: Comm.06221-309431, DSN 370-8004. Heidelberg Middle School Phone: Comm.6221-338-9310, DSN 388-9310 ASACS is on call 24 hours a day. In emergencies contact hospital emergency room . Phone: Comm. 06221-17-2891, DSN 371-2891

Name: Alcoholics Anonymous
Phone: 0178-40-68-935
DSN Phone: 370-1710
Comments: Meet Tuesdays from 1200 to 1300 in Heidelberg, at 104 Romer Strasse, on the 3rd floor in Room 302, (down the street from Auto Joncker).

Name: Community Counseling Center
Address: 104 Roemer Strasse (behind Auto Joncker)
City: Heidelberg
DSN Phone: 06221-57-1710
Comments: Hours of Operations:0730-1630 Mondays through Friday. Civilian Counseling with evaluation and referral of persons requiring counseling for personal or job related problems, alcohol and drug education and awareness; rehabilitation services for active duty military, DA civilians, retired military and family members; and individual, group and family counseling. Referrals are made by command, self, and medical staff. Administers the Alcohol and Drug Abuse Prevention and Control Program (ADAPCP) for Heidelberg.

Legal Assistance

For more information on this subject:
<http://www.jagcnet.army.mil/Legal>

The Heidelberg Legal Assistance Office consists of a professional, dedicated corps of well-trained and experienced attorneys, paralegals and soldiers. Generally, all valid I.D. Card holders are eligible for legal assistance services. This office provides a full range of free legal services including military administrative matters, with the exception of in-court representation and criminal defense work. During the tax season the JAG office operates a free tax center. For more information refer to PATTON LAW CENTER.

Name: Patton Law Center
Address: Patton Barracks, Bldg 107
City: Heidelberg
Phone: 373-5053/5061
WWW Link: http://www.vcorps.army.mil/sja/pattonweb/default.htm
Comments: Hours of Operations: Monday, Tuesday, Wednesday and Friday 0830-1640, Thursday 1300-1600. Services offered include separation and divorce handouts & counseling, wills, notary services, Powers of Attorney, and counseling regarding German-American and NATO Status of Forces Agreement (SOFA) rights. The Legal Center also offers free Income Tax Return preparation and during tax season, free electronic filing. Claims: Phone DSN 373-5056; Legal Assistance: Phone DSN 373-5058; Military Justice: Phone DSN 373-5062; Appointments: Monday, Wednesday, Friday, 0900-1630; Tuesday, 0900-1130; Thursday, 1330-1500; Walk-ins: Tuesday, 1330-1630 Notarizations/powers of attorney/affidavits, etc.: Monday-Wednesday, Friday, 0900-1630; Thursday, 1330-1500; Trial Defense, Tompkins Barracks: Phone: DSN 379-6470; Trial Defense, Mannheim: Phone: DSN 381-8822/7323;

Name: U.S. Taxes: Internal Revenue Service (IRS)
Address: Embassy of the United States of America
City: Berlin
Phone: 030-83051140
WWW Link: http://www.irs.gov/
Comments: A representative from the IRS can be reached at the American Embassy.

Name: U.S. Taxes: State Tax Web Links
WWW Link: http://www.1040.com/state.htm
Comments: These links will take you to revenue web pages of the states.

Child And Teen Services

Child and Teen Services Overview

Note:

All children using Child and Youth programs Army wide are required to have Social Security numbers by the end of fiscal year 2001.

There are several programs available for children and youth of all ages. The programs offered in Heidelberg are of exceptionally high quality. Heidelberg Child and Youth Programs consist of the following: Child Development Services, School-Age Services and Youth Services.

Heidelberg Youth Services is affiliated with Boys and Girls Clubs of America, offers leisure and recreational programming for Middle School and High School students. Included are open recreation, computer lab, SAT prep, homework lab at the library, clubs, local trips, recreational sports, dances and many more activities.

The Central Enrollment Registration (CER) office is a one-stop shop where patrons may register their children in CYS and receive information on programs in the 411th BSB and local German economy.

Please cross reference to CHILD CARE PROGRAMS-ON INSTALLATION, SCHOOL AGE CARE, YOUTH CENTERS, and FOR TEENS ONLY for additional information.

Name: CYS Administrative Offices
Address: PHV, Bldg. 4517
City: Heidelberg
Phone: 06221-338-9378
DSN Phone: 388-9378

Name: CYS Liaison Education & Outreach Services
Address: PHV, Bldg. 4517
City: Heidelberg
Phone: 06221-338-9378
DSN Phone: 388-9378
Comments: SERVICES: provides information and assistance with supplemental childcare options, parent co-ops, babysitter training and on-site training.

Name: Central Enrollment Office (CER)
Address: Community Support Center, Bldg 3850, CPF
City: Heidelberg
Phone: 06221-57-6705
DSN Phone: 370-6705
Comments: Hours of Operation: 0830 until 1630 Monday through Friday. WHAT TO BRING: Patrons must register their children with our Central Enrollment (CER) office to participate in any CYS program. To register parents must complete a CYS registration packet which includes an up-to-date immunization record, child social security number, three emergency designees (other than parents), and end of the month LES for sponsor and spouse. Children who wish to participate in CYS Sports must have a current physical to participate. An annual registration fee of \$15 per child or \$35 per family is required. Central Registration is the resource for parents seeking information about CYS programs. The office also has information on local German Kindergartens, instructional classes, and maintains a list of certified Teen Babysitters.

Name: Web Link: Military Child Education Coalition
WWW Link: http://www.militarychild.org/
Comments: We are building a coalition of military installations and departments, school districts, professionals and parents who want to support the educational needs of all military children. Our mission is to establish partnerships and provide networking of schools and military installations for the purpose of establishing support systems and developing processes which address transition and other educational issues related to the military child.

Name: Web Link: Military Children
WWW Link: http://military-childrenandyouth.calib.com/index.htm
Comments: This site, developed by the Military Family Resource Center, provides information on military children and youth issues, programs, and initiatives. It is designed to share information on military efforts with the civilian community, as well as to facilitate efforts within the military community.

New Parent Program

ACS-FAP Heidelberg offers a series of Family Life Education programs.

1. The New Parent Education and Support Program (NPESP):

is offered to all families that are expecting a child or have children from 0 to 3 years of age. The NPESP provides reliable and helpful information while you are in the hospital and after you return home. The program addresses the challenges of parents and the needs of the newborn enabling a smooth adjustment for parents and other siblings with the arrival of a new baby. Parent Education FAP services are offered free of charge to US military families within the Heidelberg area who are authorized logistical support.

2. Parents Learning About Infant Development (PLAID):

is a parent education course offered on a monthly basis to parents of all infants and toddlers from birth to 24 months, and mothers who are at least 37 weeks pregnant. Developmental milestones, parenting skills, safety, promoting self-esteem, controlling temper tantrums, managing "picky eating", and encouraging toilet training are some of the topics presented.

3. The Parenting with Love and Logic Program:

provides classes for parents of children aged 2 to teen-aged years. Learn practical, realistic methods for disciplining children without tears for parents and children. Classes also allow you to meet other parents with children in the same age group.

4. The Single Parent Support Group:

is an on-going support group tailored for single parents. You can make friends with other single parents, share your experiences and learn to cope with the challenges of single parenting. It also teaches how to be a confident single parent, some helpful parenting skills, and how to establish a support network.

Name: Family Life Education Programs
Address: ACS -FAP Heidelberg Community Support Center
City: Heidelberg
Phone: 06221-57-6883
DSN Phone: 370-6883

Child Care Programs - on Installation

The Child Development Centers offers full day, part day, and hourly programs for children ages 6 weeks to 5 years. The National Academy of Early Childhood Programs accredit the programs run by the Department of Defense.

Hours of Operation: 0600 - 1800 Monday-Friday.

Closed on American holidays.

LOCATIONS:

Refer to detail listing.

There are several Child Development Service programs available. The following is a description of each program:

CHILD DEVELOPMENT CENTER: FULL DAY:

Full day programs are provided for children between the ages of six weeks and kindergarten age. Only dual working families are entitled full day care.

CHILD DEVELOPMENT CENTER: HOURLY CARE:

Hourly care is provided on a space available basis for children ages six weeks to kindergarten age. Hourly care is available from 0800-1700 and reservations can be made up to thirty days in advance. E1-E4s are authorized 10 free hours of hourly care per child per month. Patrons are strongly encouraged to make reservations as early as possible as hourly care space is limited.

CHILD DEVELOPMENT CENTER: PART-DAY PRESCHOOL:

Part-day preschool is offered for children 3-5 years of age and is offered on a 2 or 3 day schedule. This seasonal program follows the DODDS school year.

QUARTERS BASED CARE: FAMILY CHILD CARE - FCC:

Is the use of government quarters for the purpose of providing child-care. FCC providers are trained and certified before child-care is authorized. FCC offers hourly, full and part day, and extended hours (weekend and evening) care for children four weeks to twelve years old. Only dual working families are entitled full day care

SHORT TERM ALTERNATIVE CHILD CARE (STACC)

STACC is a program designed to provide on-site group care when the parent(s) of all children in care are attending the same function.

PHILOSOPHY:

The Child Development Center and Family Child Care programs are founded upon our image of children. The curriculum, interactions, and environment are based upon our image of children. The curriculum interactions and environment are based upon our perception of who children are and how they learn. Consequently, it is critical to understand this image to gain insight into our philosophy, goals and practices. Please view the web site under the CYS for more in-depth information about our program.

FEES:

Fees are based on the income of the family. Full-day fees range from \$167 to \$375 a month. Part-day preschool fees range from \$27 to \$90 a month.

NOTE: Programs are not available at every CDC in Heidelberg.

Name: Family Child Care (FCC) Program
Address: PHV, Bldg. 4517 (Administrative Offices)
City: Heidelberg
Phone: 06221-338-9378
DSN Phone: 388-9378
Comments: Family Child Care (FCC) provides all types of child care in home settings, such as full-day, part-day, hourly, overnight, weekends, extended hours, by certified providers for children 6 weeks to 12 years old. All Family Child Care providers are certified by the 411th BSB Community Commander. Providers undergo background screening, orientation, and on-going training on child development, infant/child CPR, and First Aid Certification. Family members over 18 years old, who reside in government quarters or leased housing, are eligible to apply for positions. Family Child Care staff provide oversight and technical assistance. Each Family Child Care home is visited by Family Child care staff monthly. Army Regulation 608-10 provides guidance to the Family Child Care program. Providers are automatically covered by the Risk Insurance Management Program (RIMP) the day they become certified. These standards protect the safety and well-being of our children
OPENINGS: FOR current openings call CER.

Name: MTV CDC #1
Address: MTV, Bldg. 3797 (behind USAREUR library)
City: Heidelberg
Phone: 06221-57-7548
DSN Phone: 370-7548/8955
Comments: SERVICES: Provides full day care for children 6 weeks to 5 years old.

Name: MTV CDC #2
Address: MTV, Bldg. 3654, Sickinger Strasse just south of Campbell Barracks
City: Heidelberg
Phone: 06221-390815
DSN Phone: 370-8738
Comments: SERVICES: Provides full day care for children 6 weeks to 5 years old. Hourly care slots are also available.

Name: PHV CDC Complex (CDC #1 and #2)
Address: PHV, Bldg. 4442 and 4443 behind the Middle School
Phone: 06221-338-9301 (CDC #1) / 9240 (CDC #2)
DSN Phone: 388-9301 (CDC #1) / 9240 (CDC #2)
Comments: SERVICES: provides full day care for children 6 week old through kindergarten. Provide after school age (1st grade)services, part day preschool programs (3-5 years) and hourly care services.

Name: Youth Services: Preschool Programs
Address: PHV, Bldg. 4517
City: Heidelberg
Phone: 06221-338-9397
DSN Phone: 388-9397
Comments: PRESCHOOL GYMNASTICS: a beautiful sport which combines natural types of activity familiar to most children. Hanging and swinging, running and rolling over and walking on top of a stone wall can all be translated into gymnastic terms. Children will learn to develop the strength, power, flexibility, grace, speed and muscular endurance required of a gymnast. TEEN SERVICES Ages: 6-11. Heidelberg Youth Services School of the Arts provides the opportunity for students interested in the arts to develop their talent as completely as possible. The school is a four-pronged program, offering instruction in the areas of music, dance, and visual arts. The school, along with qualified faculty and outstanding equipment, creates an atmosphere of excellence and opportunity for students of the greater Heidelberg Military Community. PRE-SCHOOL BALLET: an introduction to classical ballet through basic ballet technique, musicality, rhythm and creative movement. COMBINATION DANCE: covers very basic elements of ballet, tap, and jazz. Children learn fundamental steps which help them develop coordination, rhythm, and posture as they learn to dance. KINDERMUSIC: combines speech and language development along with reading readiness and number concepts with musical experiences. Curriculum includes vocal development, movement, listening and the playing of musical instruments. A balance of music awareness and the development of fine and gross motor skills is the program goal. SMALL GROUP VIOLIN INSTRUCTION: a method of musical instruction that trains the ear of children at a young age so that they are more receptive and ready for the traditional musical notation and instruction as they grow older. BAMCI (Books 'n Art in Motion and Creative Impressions):

class combines the two above mentioned classes into a three hour class offered three days a week.

BAMA (Books 'n Animals; Motion in Art): a curriculum especially designed for young preschoolers which combines the objectives of Books 'n Art in Motion and Animals in Motion.

Child Care Programs - Community

Limited child care opportunities are available on the local community. Most providers speak only German. In general the hours of operation do not always suit the needs of soldiers' work schedules. For more information refer to Detail Listing Kindergarten

Name: Kindergarten - German Preschool Programs

WWW Link: <http://www.heidelberg.de/inhalt.htm>

Comments:

Very young children adapt quickly. Opening hours and availability vary from community. American children are very welcomed.

For current listing contact CYS Central Enrollment Office (CER) or refer to

Web-link: click: SOZIALES, then find KINDERTAGESSTAETTEN, -HORTE, KRABBenSTUBEN

Things To Do - Clubs and Social

Name: Music and Song School for Children, Teenager and Young Adults

Address: Staedtische Musik- und Singschule
Dossenheimer Landstra_e 13

City: 69121 Heidelberg - Handschuhsheim

Phone: 06221- 41 55 00

Comments:

Most instruction are done in German.

Several cities in the county also operate

Musikschulen. For more information email the city. Refer to LOCAL COMMUNITY for web links.

Name: Youth Services: School of Arts

Address: PHV, Bldg. 4533

City: Heidelberg

Phone: 06221-338-9396

DSN Phone: 388-9396

Comments:

The HYS School of the Arts provides the opportunity for students interested in the arts to develop their talent as completely as possible. The school is a four-pronged program, offering instruction in the areas of music, dance, and visual arts. The school, along with qualified faculty and outstanding equipment, creates an atmosphere of excellence and opportunity for students of the greater Heidelberg Military Community.

MUSIC CLASSES

APPLIED STUDY- Private instruction in a variety of musical instruments is available on a one-on-one basis. The areas of interest now available are Piano, Small Group Piano, Trumpet, Violin, Voice, Flute, Guitar, and Recorder

DANCE CLASSES

BALLET CLASSES- Beginner through pre-professional graded instruction is available in classical ballet. Students receive a thorough and meticulous training in classical ballet technique with a special emphasis on performing and free expression of movement. All students participate in a full length classical ballet production each year.

BEGINNING JAZZ CLASSES- Classes are designed for students with little or no jazz dance experience. Students learn basic jazz steps from a graded syllabus covering all areas of jazz dance, including traditional Broadway, Modern Jazz and Contemporary styles. Stage presentation and performance practices are also covered.

INTERMEDIATE-ADVANCED JAZZ CLASSES- Class is designed for students who have already learned the basic fundamentals of jazz dance.

BEGINNING TAP DANCE- Class is designed for students with little or no tap dance experience. Students learn basic tap steps from a graded syllabus covering all areas of tap dance, including tradition Broadway and Contemporary styles. Stage presentation and performance practices are also covered.

INTERMEDIATE TAP DANCE- Class is designed for students who have already learned the basic fundamentals of tap dance.

STRETCHING AND STRENGTHENING CLASS-

Class is designed for students enrolled in dance or gymnastics programs. Students learn exercises, which condition muscles to help develop more flexibility and strength.

INTENSIVE BALLET TRAINING (ROYAL ACADEMY OF DANCING SYLLABUS)- The R.A.D. classes follow a set syllabus of barre and center exercises which are enjoyable to dance. These exercises help develop coordination, fitness, a sense of rhythm, musicality and self-expression. The syllabus promotes self discipline and boosts confidence while progressing through stages that demand no more than a young person can easily manage.

CHEERLEADING - For girls in 4th through 8th grade, to cheer at Bantam and Junior League basketball games.

Things To Do - Recreation and Sports

Children ages 6 to 19 can learn or improve existing skills at the Youth Center. Sports programs include soccer, softball, football, basketball, gymnastics and skating. The social/leisure program includes dance, piano, and guitar classes. The Youth Center, building 4533 on PHV has a game room, dance and gymnastic studio. All Youth Center programs are open to Youth Services members.

Name: Youth Services: School of Sports

Address: PHV, Bldg. 4533

Phone: 06221-338-9396

DSN Phone: 388-9396

Comments:

The School of Sports is designed to give youth an opportunity to develop a life-long talent or skill. The School of Sports focuses on Individual Sports, Team Sports, Sports Clinic/Camps and Fitness. The school's qualified instructors and trained volunteer force creates an atmosphere of excellence and opportunity for the youth of the Heidelberg Military Community.

INDIVIDUAL SPORTS:

ENGLISH HORSEBACK RIDING

(ages 6-19)- Three skill levels are offered for students with little or no horse experience, students with previous training, and for students who are confident and have established a correct and secure body position. Classes focus on building confidence around horses while learning grooming and tacking techniques to advanced schooling. Also offered are Advanced Horseback Riding Lessons.

TAE KWON DO

(ages 6-10 & 11-19)- A Korean type of Karate emphasizing a wide range of physical movements and mental training. Builds fitness through physical coordination and agility, mental concentration, and self-discipline. Instructor is qualified to give individual testing for degrees of belts.

KARATE

(ages 6-10 & 11-19)- Our Japanese Shotokan Karate instructs students in self-protection, mental discipline and physical awareness. This is obtained by emphasizing hand techniques, low stance, and dynamic hip movements. Testing is available for degreed belts through the instructor.

ICE SKATING

(ages 6-19)- These instructional classes are for the beginner through the advanced student. Each five-week session will follow the Ice Skating Institute of America (ISIA) program with its seven (7) levels in its basic skills program. Classes are held at the Eppelheim Eissporthalle.

LEARN-TO-SWIM

(ages 3-19)- The American Red Cross Learn-To-Swim program teaches aquatic and safety skills in a logical progression. The program comprises seven courses: Level I(Water Exploration);Level II(Primary Skills);Level II (Stroke Readiness);

Level IV (Stroke Development); Level V(Stroke Refinement); Level VI (Skill Proficiency) and Level VII (Advanced Skills). The objective of the program is to teach people to swim and to be safe in, on, and around the water. Classes are held at the Hockenheim Aquadrom.

GYMNASTICS

(ages 3-19)- Various levels of instruction are offered (Preschool, Fours and Fives, Beginners, Advanced Beginners, Hot Shots, Hot Shots II, 7th & 8th Grade, Intermediate, Advanced, Elite). Classes are held at Womack Gymnasium, Nachrichten Kaserne (Hospital Kaserne).

TEAM SPORTS

Flag Football(ages 6-15), Fall Soccer(ages 4-19), Sea Lions Swim Team(ages 6-19), Basketball(ages 6-19), Spring Soccer(ages 4-19), Little League Baseball/Softball(ages 10-18)and YS Baseball/Softball

SPORT CAMPS

Basketball,Gymnastics, Soccer, Baseball/Softball, Swimming, Martial Arts,and Soccer Academy (Ages 8 and up)

Schools

The Department of Defense Dependent Schools (DODDS) provide schooling for command-sponsored students, kindergarten, elementary, middle and high school curriculum are available, tuition free. For many students, transportation to and from school is included. DODDS also offers programs for students with special needs, including DODDS Developmental Preschool for three and four-year olds and Sure Start for four year olds, which is a headstart program attended prior to kindergarten.

Heidelberg has two Elementary schools, one located on Mark Twain Village (MTV) and the other on Patrick Henry Village (PHV). One Middle school which is located on PHV and one High school is located on MTV. For more information refer to EDUCATION-PUBLIC and DODDS SCHOOLS

School Age Care

SERVICES:

The School Age Services (SAS) program provides services before and after school, during holidays, and school- out days for Department of Defense Dependent Schools (DoDDS). SAS provides children positive individual and group experiences with adults and peers that compliment the school day,

through educational and recreational activities which support the children's needs. The program provides children opportunities to learn more about existing interest and skills.

FEES:

Fees are based on the income of the family. Full-day fees range from \$167 to \$375 a month.

ELIGIBILITY:

Dual working families

Name: School Age Services (SAS)
Address: Community Support Center
City: Heidelberg
Phone: 06221-57-8994
DSN Phone: 370-8994

Religious Programs

Refer to LOCAL COMMUNITY-RELIGIOUS PROGRAMS.

Special Events

During the year, many activities go on in the Heidelberg area. A few of these events are: Book Fairs, Halloween Carnival, Santa Express, Summertime Blues, Castle Illuminations, Spargel Fests, Carnival Time/Fasching, presentation of the Student Prince at the Heidelberg Castle. For more information contact YOUR Heidelberg Youth Services (HYS).

Sponsorship and Support

New Arrival?

Think about it. You are in Europe with opportunities at your fingertips that most people only dream about. Let s make the most of it! The Heidelberg High School s newly elected Student Government Association officers are here to help you take advantage of your new surroundings and cultural opportunities. We have many hopes for this school year that will only become a reality with YOUR involvement. Many of these hopes involve organizing activities that ALL students here in Heidelberg can enjoy. We will be posting these activities in the school as we organize them.

SPONSORSHIP:

The Student Sponsorship group is a collection of students either from the Middle School or the High School, some newly arrived, and some who have been here awhile. The purpose of the Student Sponsorship program is to provide new students an introduction to the Middle or High School, the Heidelberg community, and to living in Europe.

Our major goal is for each new student to become familiar with his or her new surroundings as soon as possible, develop a sense of belonging, and most of all, have a great time living in Heidelberg. We achieve this goal by meeting together as a group and taking local trips, such as an exploration tour of downtown Heidelberg or a local German mall in Mannheim. We also go on more extensive trips to amusement parks, festivals, castle ruins and sporting events.

HELPING OTHER STUDENTS:

Other activities that you may be interested in include Smartmoves (affiliated with HYS) and the Mentoring for Violence Prevention program. Both of these programs identify teens that are willing and able to develop skills to teach younger teens the ins and the outs of making good decisions and being successful both in this community and in real life. You don't have to be a star student to participate. For more information, call Heidelberg Youth Services at Comm.06221 57 8818 or ask your school counselor.

Do You Need Help?

Growing up is pretty stressful. Add to that moving to and living in another country. Sometimes teens need help to cope with all the decisions that face them. What classes to take? Who am I going to hang out with? Should I do the things that my friends are doing? Why are people saying things about me that are not true, and what should I do about it?

These are just a few of the things teens all over the world and teens here in Heidelberg deal with. Luckily, there are people who are available to help you out.

MENTORS:

Sometimes, you may just want an adult to talk with you from time to time and have available if you need them. School counselors can talk with you about whether this is an option for you.

SCHOOL ISSUES:

Your guidance counselors at school are there to help you with deciding which classes to take and how to structure your education. They can also direct you to a school psychologist or other resource if you should desire to talk with someone more in depth about things that are difficult for you.

HEALTH CONCERNS:

If you have any questions related to health issues, please ask your school nurse or set up an appointment with the Teen Clinic. Depending on your age, you may be able to seek information or help without your parent's permission. The school nurse will be able to

provide you with information regarding these age limits.

ALCOHOL AND DRUGS:

The Adolescent Substance Abuse Counselors (ASACS Counselors) are also available to you to aid in your getting the help you need. They take confidential referrals and will speak with you about what you want help with. Based on what your concerns are, the counselors will either recommend that you continue with them or will refer you to a more appropriate place for your needs.

This program has what is called limited confidentiality. If you are 13 or over, that means that what you talk about with them is confidential. They won't tell anyone else without your written permission unless there is some indication that safety for yourself or someone else is in jeopardy.

They work with teens who are struggling with their decisions around the use of alcohol and other drugs, or who have parents or other significant people in their lives whose alcohol or drug use disturbs them.

They also can work with teens that may want to focus on other specific issues for a time limited fashion. To refer yourself or a friend, or just ask for information contact Comm.06221- 57- 8194 or stop by the ASACS Counselor's office at the Heidelberg Middle School in room C-9.

You can also contact Phone: 06221 57 7670 or stop by her office at the Heidelberg High School in Room 365.

MENTAL HEALTH:

Sometimes teens become depressed, anxious, or have been getting into trouble for reasons they can't understand. Sometimes they feel very different from others. Sometimes they have serious family conflict. It is important to get help to work through these problems or issues.

If you want help with any of these issues, it would be important to talk with a professional to help sort out your situation.

For help, go to your parents and ask them to set up an appointment with Social Work Services or Child and Adolescent Psychiatry.

You can also call the numbers listed below and ask to talk with someone to help you with your situation.

Social Work Services

PHONE: DSN: 371-2078, Comm.: 06221-17-2078

Child and Adolescent Psychiatry

PHONE: DSN: 371-2690, Comm.: 06221-17-2690

Name: Web Link for Military Teens
WWW Link: http://www.tckworld.com/
Comments: Being in a military community and a part of a larger military family can sometimes make you feel like you are different than those outside the military. For insight into the culture of being a teen growing up within the military system, refer to web link.

Name: Web Link: Teen Challenge Worldwide Network
WWW Link: http://www.teenchallenge.com/

Name: Web Link; ASACS
WWW Link: http://www.asacs.org
Comments: The Adolescent Substance Abuse Counseling Service (ASACS) program is a comprehensive community-based program that provides prevention and education; identification and referral, and outpatient substance abuse treatment services to active-duty U.S. military dependents and their families throughout Europe and the Pacific-Rim.

Name: Youth Services Sponsorship
Address: PHV, Bldg 4533,
City: Heidelberg
Phone: 06221-338-9396
DSN Phone: 388-9396/9397/9399

Youth Employment

A variety of youth employment opportunities exist in the Heidelberg community. Youth interested in pursuing employment opportunities should contact the Employment Readiness Manager at Army Community Service for information and referral to employers.

Name: Army Air Force Exchange Services (AAFES)-Europe
Address: Heidelberg Human Resources Office
City: Unit 29235, APO AE 09102
Phone: 06221-183064/65
FAX: 06221-602844
WWW Link: http://www.aafes.com
Comments: Part-time, after school positions available in exchanges and food service. Entry level positions in food service and store worker categories. Check the AAFES website (Employment, entry-level positions, Europe, Heidelberg) for additional information. Applications available at the Heidelberg AAFES Human Resources Office and at Army Community Service-Heidelberg.

Name: Family Member Youth Part Time Program (FMYPT)
Address: Civilian Personnel Advisory Center
City: Unit 2935, Box 180, APO AE 09014
Phone: 06221-57-1630
FAX: 06221-57-7383
WWW Link: http://www.chrma.hqusareur.army.mil
Comments: The Family Member Youth Part Time (FMYPT) program has two main objectives: (a) to provide work for family member youth which will not only enable them to earn money, but also provide an opportunity to form ideas about their career goals; and (b) to provide managers with much needed assistance to accomplish their work objectives. Family member youth who are (a) dependent of a member of the active duty U.S. military forces or a civilian employee of DOD or one of its components, or of a DOD non-appropriated fund (NAF) activity, (b) full-time students between 14 and 21 years of age, (c) U.S. citizens, and (d) who reside with their sponsor within commuting distance are eligible under this program. Application packets may be picked up from and returned to the Customer Assistance Team at the Heidelberg Civilian Personnel Advisory Center (CPAC) located across from the Community Support Center in Building 3980. FMYPT appointments are made between October 1 and May 15. NOTE: Applicants must have a social security number to be appointed.

Name: Heidelberg High School Cooperative Work Experience Program
Address: Heidelberg High School
City: Unit 29237 09102
Phone: 06221-309417
FAX: 06221-375872
WWW Link: http://www.heidhs.odedodea.edu/startWEB.htm
Comments: The Cooperative Work Experience Program (CWEP) is designed to offer students opportunities to acquire work experience and skills training through on the job experience. Two important aspects of CWEP are to help students better understand themselves through the actual employment of their skills and aptitudes in real-life settings and to offer students opportunities to build confidence, self esteem, and reliability.

Name: Heidelberg Youth Services Job Ready Program
Address: 411th BSB (Heidelberg), Child and Youth Services
City: 09102
Phone: 06221-57-8818
FAX: 06221-57-7703
DSN Phone: 370-8818
DSN FAX: 370-7703
WWW Link: http://www.heidelberg.army.mil/family/youthact.html
Comments: Job READY prepares youth ages 15-18 to enter into and be successful in the world of work. Using the comprehensive program materials and assessment tools that JOB READY Provides, teens learn how to identify job opportunities, write effective resumes, perform well in interviews, dress appropriately, develop good work habits and get along well with others in the work place.

Name: Non-Appropriated Fund Employment,
Address: Civilian Personnel Advisory Center
City: Unit 2935, Box 180, APO AE 09014
Phone: 06221-57-6311/7500
FAX: 6221-57-7973
WWW Link: http://www.chrma.hqusareur.army.mil
Comments: Limited part-time positions available in the Hospitality Management Group, Child and Youth Services, and Recreation Division.

Name: Student Summer Hire Program
Address: Civilian Personnel Advisory Center (CPAC)
City: Unit 29351, Box 180, APO AE 09014-0180
Phone: 06221-57-1630/8514
FAX: 06221-57-7383
WWW Link: http://www.chrma.hqusareur.army.mil
Comments: The Summer Hire work session begins mid-June and ends at the beginning of August. Students ages 14-23 can apply. Students must be Family Members of an active military member or DoD civilian who will turn age 14 by mid-June and do not reach their 24th birthday prior to the end of the Summer Hire Program. Opportunities offered fall into two categories: Clerical (Performing duties in an office environment. Such duties include typing, filing, answering telephones, posting messages, etc. Childcare positions are included in the clerical category) and Labor (Performing duties of a more physical nature. Such duties include mowing lawns, painting, delivering and picking-up supplies, etc.). You must submit a resume to participate in the Summer-Hire Program, check the CHRMA website. Resumes can be submitted at the beginning of April.

Youth Centers

HOURS OF OPERATION:

MIDDLE SCHOOL: Monday Friday from 1500 1800

open recreation, including video games, movies, art projects, computer lab, pool tables, air hockey, cable TV, games, free snacks, trips on the German economy, teen councils, Swoosh Club, Ski Club, recreational sports and lots more.

HOURS OF OPERATION: HIGH SCHOOL; Monday, Tuesday & Thursday 1800-2200

open recreation, with the same activities as listed above

OTHER DAYS:

Wednesday 1800-2200 Club Beyond, a chapel sponsored program

Friday and Saturday 1800=2400, High School open recreation

Sunday 1800-2200, Search, a chapel sponsored program.

For Teens Only

STUDENT SERVICES The Student Services programs focus on the Middle and High School student population.

MIDDLE SCHOOL PANTHERS' PRIDE Panthers' Pride(PP) is a program for all Middle school students in the Heidelberg Community. The PP program is a year round program that provides learning and fun all in one by two dedicated contractors. During the school year the PP runs many programs in conjunction with the Middle School as well as programs in the Panthers' Pride room at the HYS. During the school year the PP is open Mondays through Thursdays from 3:00-6:00PM. Examples of these activities are dances, trips, craft days, game days and many more. Every weekend includes a fun excursion. A calendar of events is always available in the lobby of HYS. During the summer there are full day activities. All of these programs are offered at no cost or at a very minimal cost which covers entrance fees, snacks and transportation. For more information, call the HYS at 011-49-6221-57-8818.

HIGH SCHOOL LIONS' DEN The Lions' Den is the High School program at the Heidelberg Youth Services. The Lions' Den provides activities, trips and a place where the High School students can hang out and relax with friends. Trips and activities are offered year around. Additionally, the cyber center computer lab is open to high school students as a resource for research, email, entertainment, and homework. Youth Services has a staff member at the High School assisting all clubs, activities, students and teachers, as well as planning all of the activities that the students would like to do. Working hand in hand allows for more fun than ever before for all high school students. For more information, call the HYS.

HHS & HMS SKI CLUBS In October every year we gear up for another season of ski club. It's a great opportunity to Ski or Snowboard in Austria, Switzerland, Germany, France and Liechtenstein.

Name: Teen Panel
WWW Link: http://www.redstone.army.mil/armyouth/atp2.htm
Comments: A forum for teenagers to express their concerns

Survival Tips For First Termers

Survival Tips for First Termers Overview

Being in the Army presents many challenges for families. It is not always easy to juggle military duties, personal and financial obligations, while attending to the needs and wants of immediate and extended family. Military families are very special and are admired by many for their ability to make military life attractive. We know though that this requires a great deal of planning and solid preparation. Listed below are some "Survival Tips" to help you and your family as you face the challenges and opportunities of the Mobile Military Lifestyle.

Before You Move

For more information on this subject:

It Is Your Move

<http://www.defenselink.mil/specials/itsyourmove/>

Start saving now. Any PCS move is going to cost money. Experts say 3 to 6 months pay in reserve will cover emergencies. Get a sponsor at the new post. He or she will probably be able to answer a lot of the questions you are going to want to ask.

Contact Army Community Service (ACS), Relocation Assistance Program at the new post, ask for a Welcome Packet, Road Map, etc. Also, contact your Relocation Assistance Program at your losing post so they can provide you with information on your new duty station from the Standard Installation Topics Exchange Service (SITES) files. Ask if they have a Family Member Employment Assistance Program if your spouse needs a new job.

Ask the sponsor to establish a P.O. Box at the Community Mail room or at the unit and inform you of your new mailing address. You'll need at least a temporary new address.

Send out change of address letters (credit card companies, loan companies, magazines, banks, anyone who owes you money or a deposit refund, insurance companies). Go through your address book, your bills and financial papers from the past couple of months. Make out a list of company addresses, telephone and account numbers, etc.

Leave a forwarding address with the post office or Postal Service Center, as well as with your old unit.

Gather all important papers, records, ID cards, wills, etc., keep them handy throughout the move.

Talk to that staff at the finance center. They can figure out how much travel pay you will receive, talk to them about dislocation and temporary allowance, etc.

Go through your household goods and get rid of all those things you no longer want or need. You'll only have to unpack them at the other end, and if you are over your weight allowance, you'll have to pay for additional shipping.

Talk to the housing office about temporary lodging after you clear your current quarters and before you actually depart for your new duty station.

Get your children's school records or arrange for them to be sent to their new school.

Get family medical records that may be held by civilian doctors. Carry medical records with you if special needs must be met enroute.

If you are renting an apartment or house off-post, arrange for an inspection after your household goods are removed. Get an agreement in writing that any damage or deposit money will be refunded.

Name: 1. S-Gate: Online Sponsorship Application
WWW Link: https://www.sgate.hqusaureur.army.mil/
Comments: If you do not hear from your sponsor within 10 working days, please contact the web master by email.

Name: 2. SITES: Standard Installation Topic Exchange Service
WWW Link: http://www.dmdc.osd.mil/sites
Comments: Information on over 300 DOD installations.

Name: 3. Relocation Station
WWW Link: http://dticaw.dtic.mil/mapsite/relocate.html
Comments: Fact: Every year, around one third of all military members make a permanent change of station (PCS) move. Fact: Moving makes you feel like you're juggling with one arm tied behind you! Welcome to the Relocation Station where military moving just got easier!

Name: 4. ACS: Employment Readiness Program
Address: Bldg.3850 Community Support Center
City: 69121 Heidelberg
Phone: 06221-57-6883
DSN Phone: 370-6883/8014/6975
E-Mail: grantb@26asg.heidelberg.army.mil
Comments: Contact the closest ACS or email the ACS Heidelberg Employment Readiness Program Manager.

Name: A Multitude of Web Links
WWW Link: http://trol.redstone.army.mil

After You Arrive

For more information on this subject:
moving to Heidelberg
<http://www.heidelberg.army.mil>

After you arrive you need to contact your sponsor. Visit the finance office, and ACS for community information and assistance.

Attend Newcomers Orientations and briefings, so you can become familiar with programs available to you and your family. If you need cooking utensils, and children beds, etc., visit to your loan closet.

Contact your Family Housing Office for on-post as well as off-post housing.

Notify transportation of your arrival, so you can arrange for delivery of household goods.

Contact your loved ones to notify them that you have arrived at your new duty station.

Reporting Procedures

Personnel arriving on Military Airlift Command (MAC) flights, will be met by 64th Replacement Company personnel upon arrival, and brought to the replacement area for processing. After processing at

the replacement company, personnel coming to Heidelberg will be placed on the S-bus with all their belongings.

Incoming service member will report to Community Support Center, Building 3850, for sign-in when exiting the S-Bus. Soldiers will need 3 copies of orders, 201 file, and leave form. A checklist will be issued with in processing instructions. Service members must report in duty uniform (Currently civilian clothes are authorized). Soldiers should report to Central Processing Facility (CPF) no later than 0745 on their second duty in Heidelberg.

Travel Planning

For more information on this subject:
Sgt. Mom Relocation Station
<http://www.sgtmoms.com/dutysta.htm>

DO NOT SPEND ADVANCE PAY:

Don't take, or spend, advance pay unless it is absolutely essential, as it will be deducted, monthly, from your pay and you will have less to live on every month until it's all paid back. Don't take advance pay just to blow it on a stereo or car or something you just WANT. Be even more cautious of considering a casual pay.

RESERVATIONS:

for the Guest House are accepted 30 days in advance from personnel who PCS in or out. Personnel requiring housing at other times may request help at the Office. Where the money might come from: Dislocation Allowance (DCA): two months' BAQ. (You will not receive this until well after you arrive at your new post - don't count on it being there when you need to pay deposits on a new apartment, or home).

TRAVEL PAY:

This is mileage related, and is usually not paid until after your check in to the new post.

SOURCE OF ADDITIONAL FUNDS:

Money might come in from a garage sale before you move. Refunds on rent and damage deposits from your old home or apartment. Again, it may take a couple of months to get these. Returned deposits, plus interest: apartment, utilities, etc. Lower cost of living or increased VHA. Interest on advance base pay.

PLAN AHEAD. START SAVING NOW.

Vehicle Ownership

AUTOMOBILE INSURANCE:

Car insurance is expensive. Variables such as age of car, engine size, make, model and weight of car can influence the insurance. For example: German liability insurance ranges from DM 700 to DM 1,950 per year (\$1.00=DM 2.15), also if you are making payments on your car then you must have collision insurance too. Shop around when purchasing car insurance.

DRIVER'S TESTING AND VEHICLE REGISTRATION:

Refer to REGULATION -POV for more information on POV specific regulations.

USED CAR TRADING LOT: See Detail Listing.

SPEEDY LUB: See Detail Listing

Name: Auto Crafts Shop
Address: Tompkins Barracks, Bldg 4226
City: Schwetzingen
Phone: 06202-80-6181
DSN Phone: 379-6181
Comments: Hours of Operation: Mon, Thu, & Fri: 1300-2100 Sat, Sun & Holidays: 0800-1800 Tues & Wed: CLOSED Training Holidays: 0800-1800 Automotive stripping yard, professional guidance available so that you can perform the maintenance on your car. Working under professional instructor guidance, you will learn to perform all maintenance and repair needs on your car- oil change, tune-ups, valve grinding, engine overhaul, replacing points and plugs. With hand tools or diagnostic testing equipment, you can pull routine maintenance or major repairs yourself. Scheduled classes include engine tune-up and brake repair. The Automotive Stripping Yard offers patrons a source of inexpensive used automotive parts for vehicle repair. The Stripping Yard also offers used cars for sale at regularly scheduled auctions.

Name: Automobile Clubs
Address: ADAC Nordbaden e.V.
Carl-Diem Str. 2-4
City: 69123 Heidelberg
Phone: 0621-41001-0
WWW Link: http://www.adac.de
Comments: ADAC provides road-side assistance, towing, and travel information. Most Germans have a membership with either ADAC or AvD, the major automobile clubs. ADAC is popular. ADAC in Heidelberg is located across the Queen s Hotel. USO also handles sign-up procedures.

Name: Automobile Clubs
Address: AvD - Automobilclub von Deutschland
Lyoner Stra_e 16
City: 60528 Frankfurt/M
Phone: 0 69-66 06-0
FAX: 0 69-66 06-7 89
E-Mail: avd@avd.de
Comments: Phone number for prospective members. Mitgliederservice: 0 69-66 06-3 00. Services are conducted in German.

Name: Automobile Insurance Companies
Comments: AIU Insurance Heidelberg:Roemerstrasse 215-217,69129 Heidelberg, Phone: 06221-315008 AIU Insurance Mannheim:Near Friendship Circle, Benjam Franklin Village, Mannheim, Phone: 0621-734836 Faukner Insurance:across from Media Markt, Heidelberg, Phone: 06221-27898 AIU Insurance Heidelberg:In the clock shop across from Community Support Center, Phone: 06221-600831 AIG Insurance Mannheim:beside the PX, near the railroad tracks, Phone: 0621-723350 GEICO Insurance Mannheim:behind the PX, Phone: 0621-737055 AIU Insurance Heidelberg:opposite the clock shop, 06221-161015 USAA Insurance:Phone: 069-756160Claims: Phone: 00800-531-82220Policy Service: Phone: 00800-531-81110 22 Edit

Name: Gasoline
Comments: TYPE of GASOLINE:Regular (91 octane, Super Unleaded (95 octane), Super Plus Unleaded(98 octane)and Unleaded Diesel are available. GAS RATIONING:When you register your vehicle you will be issued your gas rationing papers, which is your registration. You must present this paper every time you purchase gas or gas coupons ON POST. Gasoline on the economy is VERY VERY expensive about \$1.45 a liter. Which GAS STASTIONS ACCEPT GAS COUPONS: ONLY ESSO gas stations in Germany will accept coupons. On German autobahns ONLY BP and ESSO station will accept coupons. TRANFER: Transfer of gas coupons to Non-ID card holders is prohibited, because the gasoline is a tax good.

Name: Speedy Lube
Address: Patton Barracks, Bldg. 3854
City: Heidelberg
Phone: 06221-17-5196
DSN Phone: 379-5196/5197
Comments: Car Wash: Opening Hours: Tue-Sat: 1000-1800, Sun: 1200-1700 Prices vary between \$3.00-8.00 Speedy Lube: Opening Hours: Tue-Sat: 1000-1800 Prices: Average \$29.00

Name: Used Car Trading Lot
Address: Patton Barracks, close to back gate
City: Heidelberg
Phone: 06221-17-6512,
DSN Phone: 373-6512
E-Mail: anccllr@26asg.heidelberg.army.mil
Comments: HOURS TO CALL: Tue 1300 to 1600. and Thu 1300 to 1500. Appointments are scheduled for these same times. If these times aren't convenient, special arrangements can be made. AT THE APPOINTMENT: the car seller must show the registration of the car and proof of insurance A copy is made of the registration and a pass issued to the owner. The pass is put in the front windshield of the car, and the owner parks the car in the designated area. Cars may be parked in the Patton lot for stretches of 30 days, but they usually sell well before the time is up. ONCE THE CAR HAS A BUYER: Inform the office that the car has sold and been removed. CONDITIONS: The car does not need to be cleaned or inspected before it is parked, but no local national cars are allowed. The car must be registered with the U.S. military.

emergency repairs along the way; deposits: damage and rent deposit on new apartment, utilities, telephone and cable; closing costs if buying or selling a new house; temporary lodging at the old post and at the new post; food: restocking the refrigerator and food pantry; household incidentals; light bulbs, toilet paper, soaps, cleaning supplies and equipment; curtains, etc.

Other financial impacts of a PCS move are: do we depend on the money my spouse gets from his or her job? How long will it be before he or she can get a new job? Will it pay as well? We may have to live on less money for a couple of months, or more.

Higher cost-of-living includes not only higher housing and food costs, but also things like having to drive farther to work, child care costs, school costs, etc.

You might have a lower Variable Housing Allowance (VHA) or no VHA at all.

Money Matters

For more information on this subject:

Map Your Move

<http://www.militaryacclimate.com/>

Whenever you PCS, you are going to be faced with some unusual expenses. Some examples of unusual expenses are: Travel cost: tickets, gasoline, food and lodging, tolls, car tune-up, new tires before the trip,

Name: Map your Move
Address: click Overview web link.
WWW Link: http://www.dtic.mil/perdiem/
Comments: MAP YOUR MOVE with this financial relocation counseling tool. This site is designed specifically for military personnel. Its purpose is to assist them in determining: 1) The Cost-of-Move, which will list the estimated costs associated with making a move based on personal requirements, military allowances, and the selection of a specific military installation. 2) The Cost-of-Living, which will compare an individual's current financial standard of living to communities surrounding a second military installation location. 3) The Best-Fit analysis, which will list important neighborhood demographics, along with a ranking of the communities around a selected military installation. The allowances and calculations are estimates based

on the information that you provide. Your actual allowances, payments, and costs may differ based on your actual move situation or changes to allowances. For information click web link for JFTR.

Name: Web Link: Military Pay
WWW Link: http://www.dfas.mil/money/milpay/

Name: Web Link: Money Management
WWW Link: http://dticaw.dtic.mil/mapsite/money.html
Comments: If you're like most people, there never seems to be enough money to do the things you need to do and the things you want to do at the same time. This may be true, but we'd all be very surprised at how much further our dollars would stretch if we managed them better. Getting smart about money management is one of the smartest things you can do for yourself.

At A Glance

Facility/Services Summary

--Officer and Enlisted Population--			
Active Duty Officer	0	Active Duty Warrant Officer	0
Guard Reserve Officer	0	Guard Reserve Warrant Officer	0
Retired (Officer and Enlisted)	0	Foreign Service Officers	0
Active Duty Enlisted	0	Guard Reserve Enlisted	0
Foreign Service Enlisted	0		
--Civilians--			
Civil Service	0	Wage Grade	0
Non-Appropriated Funds	0	Family Members -on and off Installation-	0
--Family Services--			
Family Centers	0	Teen Centers	0
Child Day Care	0	Family Child Care Certified Homes	0
Total Child Capacity	0	Total Child Capacity	0
Average Waiting List Time -Months-	0		
--Other Services--			
Commissary	1	Exchanges	1
Shoppettes	6	Gas Stations	0
Movie Theaters	1	Banks and Credit Unions	4
McDonalds/Burger King	3	Other i.e. Exchange concessionaires	3

Housing Summary

<i>--Officer Housing--</i>			
Senior Officer Waiting	0	Senior Officer 3 Bed Room	2
Senior Officer 4 Bed Room	2	Senior Officer Other	0
Company Grade Officer Waiting	2	Company Grade Officer 2 Bed Room	2
Company Grade Officer 3 Bed Room	2	Company Grade Officer 4 Bed Room	2
Company Grade Officer Other	0	BOQ	0
<i>--Enlisted Housing--</i>			
Senior Enlisted Waiting		Senior Enlisted 3 Bed Room	2
Senior Enlisted 4 Bed Room	4	Senior Enlisted Other	2
Enlisted Waiting	2	Enlisted 2 Bed Room	2
Enlisted 3 Bed Room	2	Enlisted Other	2
BEQ	0	Transient Lodging Facilities	0

Education Summary

<i>Name</i>	<i>Numbers</i>
Elementary School	2
Jr High/Middle School	1
High School	1

Local Community Summary

<i>Type of Housing</i>	<i>Avg.</i>	<i>Low</i>	<i>High</i>
Apartment Rent	0	0	0
House Rent	0	0	0
House Price - Single Family	0	0	0
Townhouse/Condominium Price	0	0	0

Medical and Dental Summary

<i>--Medical Facilities--</i>					
Medical Treatment Facilities	Y	Number of Beds	0	Medical Clinic	1
Alcohol	Y	Allergy	Y	Audiology	Y
Cardiology	Y	Coronary care	Y	Dermatology	Y
Dietary	Y	Emergency room	Y	Endocrinology	Y
Family Practice	Y	General surgery	Y	Gynecology	Y
HIV Unit	Y	Hematology	Y	Immunization	Y
Infect Disease	Y	Intensive Care	Y	Laboratory	Y
Mental Health	Y	Neonatal Intensive Care Unit	Y	Nuclear Medicine	Y
Nephrology	Y	Neurology	Y	Neurosurgery	Y
Obstetrics	Y	Oncology	Y	Ophthalmology	Y
Optometry	Y	Orthopedics	Y	Otolaryngology	Y
Pathology	Y	Pediatrics	Y	Physical Therapy	Y
Podiatry	Y	Primary Care	Y	Radiology	Y
Rheumatology	Y	Urology	Y		
<i>--Dental Facilities--</i>					
Dental Clinics	2	Adolescent	Y	Endodontics	Y
General Dentistry	Y	Oral Surgery	Y	Orthodontics	Y
Pedodontist	Y	Periodontics	Y		

Relocation and Support Services Summary

<i>--Military Clubs--</i>			
Officers Club		Non-Commissioned Officers Club	0
Enlisted Club	0		
<i>--Recreation--</i>			
Arts and Crafts	1	Automobile Hobby Centers	1
Bowling Centers	1	Recreational Centers	1
Libraries	2	Music and Theater Locations	2
<i>--Physical Fitness/Sports--</i>			
9 Hole Golf Courses	0	18 Hole Golf Courses	1
Gyms/Physical Fitness Centers	3	Jogging Paths	2
Tennis Clubs/Courts	1	Tennis Courts - Lighted	0
Swimming Pools - Public	0		
<i>--Nature/Outdoor Activities--</i>			
Outdoor Recreation Centers	1	Campgrounds	0
Fishing Areas	0	Horse Stables	0

APPENDIX

Disclaimer

Presentation of direct or indirect links to products, services or vendors does not constitute endorsement by the Department of Defense. We have provided links to these sites because they have information that may be of interest to our users. These links are presented for informational purposes only. You are encouraged to thoroughly investigate and evaluate items of interest prior to entering into contractual obligations.